

TRUMBULL PUBLIC SCHOOLS, MIDDLE SCHOOLS BREAKFAST and LUNCH MENU JUNE 1-14, 2023

All meals are Free to all students for the remainder of the 2022-2023 school year and are served with 1% white or chocolate milk, fruit choice

Bagel Lunch Available Every day which includes a Bagel, Yogurt, Cheese Stick, Carrots, fruit and Milk

Also available each day are protein salads and assorted sandwiches

BREAKFAST CHOICES EACH DAY

CHOOSE ONE ENTRÉE – WG Apple Frudel, WG Raspberry Cream Cheese bar, WG Cinnamon Bun, WG Assorted Bagel, WG Banana/Lemon Slice, Assorted Muffins

CHOOSE AT LEAST ONE BUT MAY CHOOSE TWO – Fruit/Vegetable, Fresh Fruit, Fruit Cup or 100% Fruit Juice

CHOOSE ONE – 1% Low Fat Milk or Fat Free Flavored Milk

LUNCHES

Thursday June 1 Lunch – WG School Made Cheese or Vegetable Pizza, Garden Salad with Low Fat Dressing, Fruit and Milk Choice

Friday June 2 Lunch – Chicken Nuggets, Mashed Potatoes, Green Beans, Fruit and Milk Choice

Monday June 5 Lunch – Chicken Alfredo Pasta with Broccoli, WG Roll Mixed Fruit and Milk Choice

Tuesday June 6 Lunch – French Toast Sticks, Turkey Sausage, Sweet Potato Bites, Warm Apple Slices and Milk Choice

Wednesday June 7 Lunch – Pasta with Marinara Sauce, Fresh Garden Salad with Low Fat Dressing, WG Roll, Fruit and Milk Choice

Thursday June 8 Lunch - WG School Made Cheese Pizza, Garden Salad with Low fat Dressing, Fruit and Milk Choice

Friday June 9 Lunch – Cheese Quesadilla, Fiesta Brown Rice, Corn, Three-Bean Salad, Salsa, Olives, Onions, Fruit and Milk Choice

Monday June 12 Lunch – Mozzarella Sticks with Marinara Sauce, Green beans, WG Rolls, Mixed Fruit and Milk Choice

Tuesday June 13 Lunch – CHEF’S CHOICE, Fruit and Milk Choice

Wednesday June 14 Lunch – CHEF’S CHOICE, Fruit and Milk Choice

All meals are served with 1% white, chocolate or strawberry milk, fruit choice, utensils

ALL A LA CARTE ITEMS ARE SOLD AT A SEPARATE PRICE

FREE AND REDUCED APPLICATIONS – Available online at [trumbullps.org/food services](http://trumbullps.org/food-services)

Also available at every school office and kitchen

End of the Year: MySchoolBucks information on-line lunch payments will be **disabled starting June 5, 2023.** Students can still use their accounts if they have money in their account **or pay with cash.** MSB will become **active for lunch prepayments Monday August 21, 2023** for the 2023-2024 school years.

Only graduating students or students leaving the district can request a refund of their balance by June 9, 2023 or can request transferring monies to a siblings account; forms for refunds or transferring monies are on the Trumbull Public Schools/Food Services website.

[https://www.trumbullps.org/departments/food-service/parent-information.](https://www.trumbullps.org/departments/food-service/parent-information)

For additional information call Food Services Office at 203-452-4500

Prepay for meal on-line. Sign up for www.myschoolbucks.com

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, nation origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.