

**COMMUNITY  
& LOCATION****ADVENTURE  
& INTRIGUE****NURTURING  
YOUNG MINDS****MORAL VALUES  
& DIVERSITY**

## SUBJECT = PE

### INTENT

PE at Dudley Infant Academy aims to develop a fun, high-quality physical education curriculum that inspires all pupils to succeed and excel individual's abilities in competitive sports and other physically-demanding activities. We will provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Our children will have opportunities to compete in sport and other activities that build character and help to embed values such as fairness and respect. PE at Dudley Infant Academy is an imperative element of the curriculum, which develops a need for healthy life styles, a balanced diet, positive growth mind-set and the resilience to persevere with activities that may once have felt too difficult. We are passionate about the need to teach children how to cooperate and collaborate with others, as part of a team, understanding fairness and equity of play to embed life-long values.

### IMPLEMENTATION

- PE at Dudley Infant Academy provides challenging and enjoyable learning through a range of sporting activities including; invasion games, net & wall games, strike and field games, gymnastics, dance and athletics.
- The long term plan sets out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met.
- PE lessons are planned and delivered by a specialist sports coach from Premier Sports.
- The key knowledge and skills of each unit are mapped across each year group. This ensures that children develop their knowledge of games, dance and gymnastics and athletics progressively, building on previous learning and preparing for subsequent years.
- Pupils participate in two high quality PE lessons each week, covering two sporting disciplines every half term.
- In addition, children are encouraged to participate in the varied range of extracurricular activities and can attend after school sport clubs three evenings per week.
- Active travel is encouraged, and we take part in Walk to School Week events.
- Children are encouraged to stay active at break times and can access a variety of equipment to use.

### IMPACT

- Children are physically active contributing to physical well-being.
- Children are aware of how physical activity is linked to mental well-being and a healthy lifestyle.
- Children are equipped with the skills and confidence they need to have a go at a variety of sports and activities.
- Children are developing transferable skills, which can be applied to other areas of their lives, e.g. respect, teamwork, resilience and determination.