

NOTES FROM THE SCHOOL NURSE



Concussion Management Team

Annually in Pennsylvania, approximately 4,000 children sustain moderate to severe traumatic brain injuries, which are significant enough to require hospitalization. Each year over 20,000 children sustain concussions in Pennsylvania.

The Blairsville-Saltsburg School District has recently established a Concussion Management Team that will support students returning to the demands of school while promoting recovery. The team consists of an Academic Monitor and a Symptom Monitor who in coordination with building guidance counselors, teachers and school nurses will monitor the student's recovery process. The members of the team have been specially trained to understand the needs of students during the initial weeks post-concussion. The team may consult with the Pennsylvania **Brain STEPS** program to provide supports and interventions that will help these students achieve educational success through graduation.

For more information regarding the Pennsylvania Brain STEPS program, please visit www.brainsteps.net

When a concussion happens to your child, it's critical that you alert the school nurse in order for the school community to respond in ways that ensure the student's best chance of recovery and a return to school and academics. The B-SSD Concussion Management Team can assist parents in designing and implementing the protocol for the treatment and return to the classroom for any student who sustains a concussion.

