

2023-24 Athletic & Pep Squad Information

Dear Student-Athlete and Parent/Guardian,

Prior to participating in any sports team or Pep Squad activity, each athlete **MUST** complete the online registration to provide the Athletic Department with a current address, emergency contact, insurance, medical alert, and health history information. To expedite this process the Athletic Department uses **SportsWare**, a secure online data entry system. Go to: www.swol123.net

Specific instructions for both new and existing members can be found under Athletic Forms: **SportsWare OnLine Instructions**. Information should be done by parents and directions specifically followed. Please provide all information that is applicable. If this information changes during the year, please login to update the information. The software will allow you to use the same email address for multiple siblings, but you must choose a different password for each athlete. If you have done this information in a previous year, the system will reset and previous information will be removed, it has to be done each school year after May 28th. Please do not join again. **If you do not remember your password, please RESET it and do not create a new account.**

All students must have a current physical (valid for one year) on file in the Athletics Office. Physical Evaluation Forms are to be completed by a **Medical Doctor (MD) or Doctor of Osteopathy (DO) ONLY**. Physicals completed by ANY OTHER practitioner **including PA, RN, LVN, NP, DC** cannot be accepted, as is our school policy. **Original must be submitted to the Athletics Office.** Physical Evaluation Forms are located under Athletic Forms on the Bishop Amat website.

The Athletic Processing Fee for the entire school year will be **\$175.00, non-refundable**. **This must be paid in the Athletic Office and is mandatory for clearance.** **Please write student's Name & ID number on your check.**

On-Campus Summer Sports Physicals – Wednesday, June 21, 2023

Sports Physicals will be administered on campus Wednesday, June 21, 2023; this will be a one-time event only during summer school in the 300 wing. To receive an On-Campus Sports Physical, the student **MUST**:

- Please PRINT and bring a signed permission slip for **Dr. Hamed Shalihar M.D.** Can be found under Athletic Forms on the Bishop Amat website.
- Please PRINT and bring a **2023-2024 Physical Evaluation Form** to be completed by Medical Doctor. Can be found under Athletic Forms on the Bishop Amat website.
- Medical History MUST** be completed on SportsWare OnLine as the Dr. will access it prior to actual physical and will not complete the physical without this information.
- Bring **\$20.00 CASH**. We apologize, but checks cannot be accepted for the on-campus physicals.

Important dates:

1. **June 21, 2023** - All requirements must be completed *beginning May 28* before an athlete can participate in any Bishop Amat Summer Sport or Pep Squad activity. **NO EXCEPTIONS.** **(All info entered prior to June 4th will be reset/deleted from the 2022-23 school year)**
2. **July 31, 2023** – All requirements must be completed before an athlete can participate in any sport or Pep Squad activity including preseason sport events. **NO EXCEPTIONS.**

If you have any questions, please contact the athletic office at 626-962-2495 ext. 7412. Your help and patience is appreciated.