

## **ADMINISTRATIVE REGULATION 235-2**

### **Attachment H**

#### **Middle School Classroom Posting**

##### **BULLYING**

###### **What Is Bullying?**

Sometimes a student can be a bully because of their words and sometimes a student can be a bully because of their actions. A student might be a bully if they:

- Say hurtful, demeaning things to you or call you names.
- Say scary things to you a lot because they want to make you feel frightened.
- Tell you they are going to hurt you or threaten you.
- Tease or taunt you a lot, especially if you asked the student to stop.
- Tell other people bad things about you.
- Tell other students not to play with you, talk to you, be around you, or include you.
- Write you a lot of mean, threatening, demeaning messages.
- Make cruel faces at you on purpose.
- Hit, kick, slap, punch, or pinch you on purpose.
- Try to hurt your body in any way.
- Force you or somehow get you to do something that you do not want to do.
- Tell you lies a lot that make you feel upset.
- Make you feel like you do not want to come to school or like you cannot concentrate in school.

###### **What Should You Do If You or someone you know is being Bullied?**

If you think that someone is bullying you or someone you know, you should tell your teacher or an adult at school immediately.

###### **What Will The School Do?**

The school will investigate the situation.

Sometimes the school will decide to have a meeting with the bully's parents.

Sometimes the school will take privileges away from the bully including school activities.

Sometimes the bully will be suspended from school.

Sometimes the police will need to talk to the bully, especially if the bully threatened someone or tried to hurt someone.