Question 88

- Q. What are the ordinary, external ways Christ uses to bring us the benefits of redemption?
- A. The ordinary, external ways Christ uses to bring us the benefits of redemption are His regulations, particularly the word, sacraments, and prayer, all of which are made effective for the salvation of His Chosen ones.

Acts 2:41-42

So those who received his word were baptized, and there were added that day about three thousand souls. And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers.

Question 89

- Q. What makes the word effective for salvation?
- A. The Spirit of God causes the reading and especially the preaching of the word to convince and convert sinners and to build them up in holiness and comfort through faith to salvation.

Acts 20:32

And now I commend you to God and to the word of his grace, which is able to build you up and to give you the inheritance among all those who are sanctified.

Romans 10:14-17

How then will they call on him in whom they have not believed? And how are they to believe in him of whom they have never heard? And how are they to hear without someone preaching? And how are they to preach unless they are sent? As it is written, "How beautiful are the feet of those who preach the good news!" But they have not all obeyed the gospel. For Isaiah says, "Lord, who has believed what he has heard from us?" So faith comes from hearing, and hearing through the word of Christ.

Question 90

Q. How is the Word to be read and heard in order to become effective for salvation?

A. For the word to become effective for salvation, we must pay careful attention to it, prepare ourselves, and pray for understanding. We must also receive it with faith and love, treasure it in our hearts, and practice it in our lives.

Psalm 119:18

Open my eyes, that I may behold wondrous things out of your law.

James 1:22-25

But be doers of the word, and not hearers only, deceiving yourselves. For if anyone is a hearer of the word and not a doer, he is like a man who looks intently at his natural face in a mirror. For he looks at himself and goes away and at once forgets what he was like. But the one who looks into the perfect law, the law of liberty, and perseveres, being no hearer who forgets but a doer who acts, he will be blessed in his doing.

Question 91

Q. How do the sacraments become effective means of salvation?

A. The sacraments become effective means of salvation, not because of any special power in them or in the people who administer them, but rather by the blessing of Christ and the working of His Spirit in those who receive them by faith.

I Corinthians 3:7

So neither he who plants nor he who waters is anything, but only God who gives the growth.

I Corinthians 1:12-17

What I mean is that each one of you says, "I follow Paul," or "I follow Apollos," or "I follow Cephas," or "I follow Christ." Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispus and Gaius, so that no one may say that you were baptized in my name. (I did baptize also the household of Stephanas. Beyond that, I do not know whether I

baptized anyone else.) For Christ did not send me to baptize but to preach the gospel, and not with words of eloquent wisdom, lest the cross of Christ be emptied of its power.

Question 92

- Q. What is a Sacrament?
- A. A sacrament is a holy regulation established by Christ, in which Christ and the benefits of the new covenant are represented, sealed, and applied to believers by physical signs.

Question 93

- Q. What are the Sacraments of the New Testament?
- A. The sacraments of the New Testament are baptism and the Lord's Supper.

Matthew 28:19

Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit...

Romans 6:3-4

Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? We were buried therefore with him by baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life.

1 Corinthians 11:23-26

For I received from the Lord what I also delivered to you, that the Lord Jesus on the night when he was betrayed took bread, and when he had given thanks, he broke it, and said, "This is my body which is for you. Do this in remembrance of me. In the same way also he took the cup, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

Question 94

Q. What is Baptism?

A. Baptism is the sacrament of solemn admission into the church on earth in which the washing with water in the name of the Father, and of the Son, and of the Holy Spirit, signifies and seals our being grafted into Christ, and having a share in the benefits of the covenant of grace, and our pledge to be the Lord's.

Matthew 28:19

"Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit"

Acts 2:38-42

38 And Peter said to them, "Repent and be baptized every one of you in the name of Jesus Christ for the forgiveness of your sins, and you will receive the gift of the Holy Spirit. 39 For the promise is for you and for your children and for all who are far off, everyone whom the Lord our God calls to himself." 40 And with many other words he bore witness and continued to exhort them, saying, "Save yourselves from this crooked generation." 41 So those who received his word were baptized, and there were added that day about three thousand souls. 42 And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers.

Romans 6:3-4

3 Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? 4 We were buried therefore with him by baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life.

Question 95

Q. To whom is Baptism to be administered?

A. Baptism is not to be administered to any outside membership of the church on earth, until they profess their faith in Christ and obedience to him; but infants descending from parents (one or both) professing faith in Christ and obedience to him, are, for that reason, within the covenant and are to be baptised.