# *Jonathan Dayton Girls Soccer Program*

## Coach Lynch's Soccer Vocabulary

**Back:** to pass the ball back to the player who just passed you the ball.

**Turn:** after receiving the ball, to turn towards the opponent's goal and start dribbling the ball.

**Outside:** to pass the ball to the touchline (sideline).

**Center:** to pass the ball to the center of the field.

**Through:** to pass the ball "up" the field (towards the opponent's goal).

**Switch**: when on offense, to kick the ball to the opposite side of the field to your teammate.

**Switch**: when on defense, to switch the opponent that you are covering with an opponent that your teammate is covering.

**Shield:** to put your body in between your opponent and the ball.

**Down Line:** to pass the ball "up" the field along the touchline (sideline) to a teammate running towards the touchline.

**Drop:** to pass a ball back to a teammate who did not pass you the ball and is closer to your own goal.

**Keep**: to head the ball or let the ball roll back to the goalie so the goalie can pick the ball up.

**Clear:** to kick the ball away from our goal, preferably to the touchline.

**Carry:** to dribble the ball and not pass it until an opponent comes close to you.

**Open Space:** area of the field where there are no opponents.

**Fill:** to move to an area that your teammate has previously occupied.

**Double:** to use two of our defenders against one of the opponents' attackers in order regain possession of the ball.

**Near Post:** the post of the goal that is the closest to the ball.

**Far Post:** the post of the goal that is the farthest from the ball.

**Long Ball:** when the ball is kicked twenty or more yards from one teammate to another.