



The High School at Moorpark College
7075 Campus Road, Moorpark, CA 93021



April 20, 2021

Good Evening HSMC Family!

Thank you for continuing along with us on our 2020-2021 school-year journey. We have been working over the last few weeks to prepare for college course registration for Summer and Fall. The registration date (for both summer and fall) for HSMC students is Thursday, April 29, 2021. Please check your myvcccd portal to confirm your registration date and time. Current 9th graders will be receiving DE/MOU forms and instructions in the next week. Current 10th and 11th grade students should have sent their course requests to me earlier this week. If you have not yet done so, please send them ASAP to be able to register on time.

Seniors: Caps and Gowns are here. Please use the following link to reserve a pick-up time for cap gown order: <http://www.picktime.com/hsmc>. This will be curbside pick-up only (at our main office on campus), so please be sure to remain in your vehicle upon arrival and we will come out to greet you with your order. Once you arrive, please call the office at 805-378-6312.

Also, please remember that “end-of-year-activities” are not yet finalized as we continue to work directly with Moorpark College, Moorpark Unified, and Ventura County Public Health on appropriate versions of these events. Tickets for Prom (scheduled Wednesday, May 12) are on sale now in the main office. Our plans for awards ceremonies and graduation are not yet finalized. **Both our VIRTUAL Awards/Graduation Ceremony and IN-PERSON Graduation Ceremony will take place on May 25 at 6PM. We cannot yet confirm our graduation location or social distancing rules, but should have more details soon.**

The school phone number is 805-378-6312. If we do not immediately answer, please leave a voicemail and we will return your call as soon as possible. Additionally, you can always reach us via email using the email addresses listed on the final page of this update. I will continue hosting weekly principal’s office hours for drop in questions on Wednesdays at noon meet.google.com/osg-aoam-cgh. I continue to be incredibly excited for our end-of-year events. Thank you again for your support for the High School at Moorpark College. Have a great week!

Sincerely,

Christopher J. Fennell Ed.D.

Principal - The High School at Moorpark College



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Associated Student Government Updates

Mrs. Jessica Hendrix-Sandoval (jhendrixsandoval@mrpk.org)

- **Graduation Speeches- Seniors only**
 - Seniors have the option to submit a speech that will be considered for graduation this year. Seniors will be delivering speeches by video and potentially live at the graduation ceremony. Follow the **guidelines** below when writing your speech:
 - Speech should be no longer than 3 minutes spoken
 - Speech might include themes of looking back, looking forward, being together as a community, accomplishments of the senior class
 - Speech should be positive in nature
 - Speech language should be eloquent and avoid slang
 - Speech should be specific to HSMC values
 - Seniors can submit a **written form of your speech to Mrs. Sandoval via email for feedback by Friday April 30th**. If the speech is approved, seniors will be notified and be asked to record a **video of the speech by Friday May 7th**.
 - If you have any questions, please contact Mrs. Sandoval at jhendrixsandoval@mrpk.org.
- **Spirit Day Hat Day Thursday April 29th**
 - Wear a fun or funky hat to in person classes or Google Meets! Be sure to take a selfie and send it to hsmcyearbook2021@gmail.com!
- **Senior Mock Interviews were a success!**
 - Thank you to everyone who helped prepare our seniors for their mock interviews last Friday! Mock Interview hosts have reported how prepared and impressive our seniors were in the interviews. Way to go, seniors!
- **Yearbook Purchasing Information- IT IS NOT TOO LATE TO ORDER!**
 - Although the official deadline has passed, you can still order yearbooks which may be shipped to your home after our original set date. See attached yearbook information for our school code and instructions on customizing and ordering a yearbook.
 - Yearbook website for customizing and ordering: www.treering.com
 - Purchase price: \$50
 - HSMC Passcode: 1014109872723234
- **Poetry Slam Virtual Event Friday April 23rd at 4pm (FYI Link has changed)**
 - In honor of National Poetry Month ASG is hosting a poetry slam competition! Prepare an original poem with "Spring" as the theme and read it at our event on Friday April 23rd at 4pm. Please make sure to keep your poem under 3 minutes and school appropriate. The winner will get a prize! Please join this Google Meet link with your PERSONAL EMAIL address: <https://meet.google.com/oom-woiy-mbe>
- **HSMC Presents Enchanted Forest Prom Wednesday May 12th 6-10pm**
 - 11th and 12th grade students have the opportunity to attend a socially distanced prom event this year on the evening of Wednesday May 12th at Rancho de las Palmas in Moorpark. Tickets for HSMC Juniors, Seniors, and their Guests, will cost \$60 each and can be purchased in the HSMC office from Tuesday April 13 through Thursday May 6th. **GUEST TICKETS CANNOT BE PURCHASED WITHOUT A COMPLETED GUEST PASS FORM**. Prom Tickets are non-refundable. If you wish to purchase tickets in person for yourself (and a guest), please complete the guest pass request form and arrange a time to stop by our office using the following link:
 - <https://www.picktime.com/hsmc>



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- **HSMC Art Club Fridays at 12:30pm**
 - Bring your artistic talents and passion for art and meet virtually with other artists and art lovers on **Fridays from 12:30-1:30** at meet.google.com/eyw-otxs-sna. Each week the art club's work is featured in the HSMC newsletter! Art club also has wonderful opportunities for scholarships, collaboration in school events, guest speakers and showcasing art in the community! We hope to see you there. For more information, please email the club's founder Emily Fisher at 5100307@mrpk.org. This week's theme was "Dream Journaling."
- **HSMC Red Cross Club- Next meeting Friday April 16th at 1pm**
 - You have the power to do good for our community! We have the opportunity to create change! The American Red Cross is about giving a hand and helping those who have experienced physical disaster and its effects. Come check out our next HSMC Red Cross Club meeting on **Friday April 16th from 1 pm to 2 pm** at [http://meet.google.com/ees-bsib-jmj](https://meet.google.com/ees-bsib-jmj). Here you will meet others who want to help and find out more about projects you can assist with.
 - If you have any questions, please contact the club's founder Casey Ojeda at 5116663@mprk.org or join the club's "Remind" to be kept up with information.
- **NEW HOW-TO VIDEOS**
 - Check out some of our informative How-To videos produced by our ASG HSMC Improvement committee! You can find them on our website, or be following the link
 - <https://hsmc-moorpark-ca.schoolloop.com/howto>
- **Social Media**
 - Do you LOVE The High School at Moorpark College? Let us know! Help us spread the word about this incredible and successful school. Please follow these links and tell us your experience with our wonderful school.
 - Facebook: Officialhsmc
 - Twitter OfficialHSMC
 - @officialhsmc on Instagram
 - @hsmc.students_ on Instagram (account for and by students)

To Customize your Yearbook Pages:

Create Your Free Personalized Yearbook Pages For
 High School @ Moorpark College

- 1 Add Photos**
Add your favorite photos from your phone, computer or Facebook account, and have them printed in your copy of the yearbook.
- 2 Add Memories**
Answer questions about your year and capture your very best moments. You can even include a photo to go along with them.
- 3 Send Bling**
Send your friends Bling. Clever, full-color badges that contain expressions of friendship and humor.
- 4 Sign Books**
Make your friends smile by sending them a digital signature that includes a personal photograph.
- 5 Personalize Your Yearbook**
Add all of your memories to your two free personal pages that will be printed in your unique copy of the yearbook. Need more room? You can add more pages!

Capture Your Memories in this Year's High School @ Moorpark College Yearbook!



Add Photos & Memories to Your 2 Free Custom Pages

- » Add photos from your computer, Facebook & Flickr.
- » Add memories & photos from throughout the year. Share them with your classmates to include in their personal pages.
- » Send and receive Bling and signatures. A great way to share expressions of friendship!

To Purchase & Customize Your Yearbook*:

- *Must be a parent or student 13 years or older.
- 1 Go to www.TreeRing.com/validate
- 2 Enter our school's passcode:
1014109872723234

Yearbook Price: \$45
 Deadline: Apr 10



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Counseling Corner

Dyan McIntosh (dmcintosh@mrpk.org)

Paola Reyes (preyes@mrpk.org) (Fridays 8-12)

- **High School Counselor Ed Plan Meetings:**
 - Freshmen: April 19th & 21st during Freshman Advisory
 - Sophomores: April 12th & 14th during Soph Advisory
 - Juniors: April 12th & 14th during Advisory
- **Reminder to send your Fall/Summer course selection in an email to Dr. Fennell and Mrs. McIntosh with the following information:**
 - Your Name
 - Your Grade Level
 - The Term You Want to take the Course
 - The department and number of the course(s) as shown on the Moorpark College Schedule of Courses
 - Example:
 - Christopher J. Fennell
 - 12th Grade
 - Summer 2021 - ENGL M01A, POLS M06
 - Fall 2021 – PHYS M10A, PHYS M10AL, HUM M07
 - Once you have sent in your course requests, IDr. Fennell will reply with a signed DE/MOU form that you will need to submit to Moorpark College. In my reply will be instructions for that submission.
- **MP College Counseling Appointments**
 - We encourage all students to meet with Mr. Trevor Hess, MC Counselor, for College Ed Plan Meetings:
 - Drop in hours for counseling with HS @ MC students. His Zoom link is <https://cccconfer.zoom.us/my/trevorhess>. He is available from 11AM to Noon on Mondays, and on Tuesdays from 10AM to 11AM.
- **Congrats on your College Acceptances**
 - May 1st is the Freshman SIR Deadline to let colleges know that you intend to attend their university!
 - Here is a list of colleges our seniors have been accepted to:
 - UCLA, CSU San Diego, University of San Diego, Cal Poly, SLO, University of Hawaii, Seattle Pacific University, UC Santa Barbara, UC Berkeley, Cal Lutheran, Pepperdine University, John Hopkins, UC Davis, George Washington University, Occidental College, Loyola Marymount, Princeton University
- **Seniors attending Moorpark College in the Fall:**
 - HS@MC Moorpark College Registration Rocks Event
 - When: Tue May 4, 2021 4pm – 6pm Pacific Time - Los Angeles
 - Join from PC, Mac, Linux, iOS or Android:
<https://cccconfer.zoom.us/j/97884204293?pwd=emlKM3NxWW9BemlNZkNyTUl0a1NEdz09>
 - Password: PDSP21



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TUTORING INFORMATION

DEPARTMENT	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>MATH & SCIENCE CENTER</u> 805-378-1556 mcmc@vcccd.edu <i>(Drop-In Tutoring Only)</i> ZOOM DROP IN LINK	10:00AM-6:00PM				10:00AM-2:00PM	11:00-2:00PM
<u>WRITING CENTER*</u> 805-553-4850 mcwritingcenter@vcccd.edu <i>(45min Appointments, Drop-Ins, & General E-mail Consultations)</i> APPOINTMENT LINK	9:00AM-6:00PM			9:00AM-6:00PM <u>DROP IN HOURS</u> <u>W/FRANK</u> 11:00AM-2:00PM ZOOM LINK 1 or ZOOM LINK 2	10:00AM-2:00PM	<u>DROP IN HOURS</u> <u>W/CHRIS</u> 11:00AM-2:00PM ZOOM LINK 1 or ZOOM LINK 2
<u>WORLD LANGUAGES & ESL</u> <i>(Drop-Ins Only)</i> Beth Gillis-Smith egillissmith@vcccd.edu Tracy Tennenhouse ttennenhouse@vcccd.edu	SPANISH W/SUSANA 3:00PM-5:00PM ZOOM LINK 1	SPANISH W/ZOE 12:00PM-3:00PM ZOOM LINK 1 or ZOOM LINK 2 ESL (GRAMMAR) 2:00PM-4:00PM ZOOM LINK	SPANISH W/SUSANA 3:00PM-5:00PM ZOOM LINK 1 GENERAL ESL W/FAYE 2:00PM-4:00PM ZOOM LINK	SPANISH W/ZOE 12:00PM-3:00PM ZOOM LINK 1 or ZOOM LINK 2 ESL (CONVERSATION) 2:00PM-3:00PM ZOOM LINK	NO SESSION	CLOSED
ONLINE TUTORING	Free online tutoring for Moorpark College students in multiple subjects via NetTutor .					

As a Moorpark College student, you are entitled to free tutoring in multiple subjects. See below for more details.



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Front Office News

Ms. Mariana Gaeta (mgaeta@mrpk.org)

- **PLEASE DO NOT JUST “DROP BY” THE HSMC CAMPUS.** Our office is closed unless you have an appointment. Please call or email Ms. Gaeta to schedule a time to meet on campus. **Visitors will now be required to go through checkpoints at the College even if they are just picking up/dropping off.** The closest checkpoint will be by the Child Development Center on Campus Dr, just past the turn they would normally take to get to HS@MC. They will need to have the VCCCD app downloaded on their smartphone and select "visitor" in order to take the pre-screen survey. They will need to leave their device on the "Clear to be on campus" screen at the end of the survey and show that to the attendant at the checkpoint in order to get an all clear health pass on the app as well as a colored wristband(color will vary by day).
- Parents/Guardians **MUST** call us at (805)378-6312 ext. 7293 to report tardies or absences within 48 hours, 72 hours on Fridays or holidays (even students that are 18 or over, while they are attending HS@MC they are still considered a K-12 student and must have parent/guardian report for them for attendance purposes). Per District policy emails cannot be used.
- The Moorpark Unified School District Technology Office is providing support to our MUSD families with a technology support hotline which can be reached at **(805) 517-2100**. Live support will be available from 7:00 AM to 3:00 PM Monday through Friday. Please be aware this IT number is only for technical issues with our Chromebooks.
- Any issues with Moorpark College Canvas or ConferZoom must be directed to the Moorpark College Canvas Support team at (805) 553-4858 or mconlinestudentsupport@vccd.edu. Additional resources such as Canvas Tutorials, a live chat box(during business hours) and an after-hours phone line for Moorpark College students can be found on the [Student Online Support](#) page.



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The High School at Moorpark College Staff and Contact Information

School Phone Number:	805 - 378 - 6312	
Website:	www.hsmc.mrpk.org	
Jessica Hendrix-Sandoval	Social Science/History	jhendrixsandoval@mrpk.org
Eric Hoobs	Social Science/History	ehoobs@mrpk.org
Melissa Pistone	English	mpistone@mrpk.org
Bryan Sudberry	Physical Education	dsudberry@mrpk.org
Kari Treese	Mathematics/English	ktreese@mrpk.org
Chris Fennell	Principal	cfennell@mrpk.org
Mariana Gaeta	Staff Secretary	mgaeta@mrpk.org
Dyan McIntosh	Counselor	dmcintosh@mrpk.org
Paola Reyes	Counselor	preyes@mrpk.org



On-Campus COVID19 Rules/Procedures

- 1. If You Have Tested Positive**
 - a. Immediately notify the school at 805-378-6312
 - b. Do not return in person until meeting the criteria that will be directly communicated by the district nurse and/or school personnel
- 2. If You Have Any Symptom of COVID19**
 - a. Immediately notify the school at 805-378-6312
 - b. Do not return in person until meeting the criteria that will be directly communicated by the district nurse and/or school personnel
- 3. If You Are Identified as a Close Contact to a COVID19 Positive Individual**
 - a. Immediately notify the school at 805-378-6312
 - b. Do not return in person until meeting the criteria that will be directly communicated by the district nurse and/or school personnel
- 4. If Someone in Your Household Has Symptom(s) of COVID19**
 - a. Immediately notify the school at 805-378-6312
 - b. Do not return in person until meeting the criteria that will be directly communicated by the district nurse and/or school personnel
- 5. Entering Campus**
 - a. All persons entering the Moorpark College campus must use the myvcccd app to complete a “prescreening” before getting out of their vehicle
 - b. All persons entering campus must proceed directly to the check-in station before going anywhere else on campus.
 - i. At this station, we will:
 1. check the results of the myvcccd app prescreening,
 2. ask follow-up questions related to COVID symptoms,
 3. take your temperature with a no-touch thermometer
 - ii. If you are clear to come to campus after completing the following, you will be issued a wristband in the days’ color to wear for the remainder of your time on campus. This wristband indicates to MC/HSMC employees that you are supposed to be on campus and have been cleared through the check-in process
 - c. You will scan the barcode for the classroom you enter using the myvcccd app.
- 6. Potential COVID19 Symptoms Include:**
 - a. Fever or Chills
 - b. Cough
 - c. Shortness of breath or Difficulty breathing
 - d. Fatigue
 - e. Muscle or body aches
 - f. Headache
 - g. New loss of taste or smell
 - h. Sore throat
 - i. Congestion or runny nose
 - j. Nausea or vomiting
 - k. Diarrhea
- 7. Exhibiting Symptoms after checking in**
 - a. If at any time you begin to exhibit any symptoms related to illness, immediately tell your teacher who will contact the office where we will provide immediate instructions.
- 8. Visitors**
 - a. The campus is only open for those authorized to be here – the office is NOT open for drop-in appointments or questions. Please call and schedule an appointment if you intend to be on campus outside of your authorized times
- 9. Physical Distancing**



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- a. All individuals on campus must maintain at least 6 feet of distance between themselves and others at all times

10. Masks

- a. Masks/Face Coverings are required on the Moorpark College campus at all times.

11. Restroom use

- a. Restroom use will be limited to one student at a time
- b. Please check that the sign indicates “VACANT” before entering the restroom
 - i. If a restroom is “OCCUPIED” please wait until it is “VACANT” to enter.
 1. If you have waited a significant amount of time for an “OCCUPIED” restroom, knock on the outer door to confirm the sign is correct
- c. When you enter the restroom, change the sign to “OCCUPIED”
- d. When you finish using the restroom, wash your hands with soap and warm water for at least 20 seconds
- e. When you leave the restroom, change the sign to “VACANT”
- f. Return to your classroom

12. Food and Drink

- a. Food and drink are not allowed indoors on the Moorpark College campus.
- b. If you will be eating or drinking on campus
 - i. During Class-time
 1. Ask the teacher if you may go outside to eat/drink
 2. find a location at least 6 feet from any other individual
 3. eat/drink as required
 4. return to class
 - ii. During Lunch-time
 1. If you are not eating, you may stay in your classroom or go outside
 2. If you are eating, you must go outside
 - a. find a location at least 6 feet from any other individual
 - b. there will be markers on the ground to indicate distance
 - c. eat/drink as required
 - d. return to class

13. Sharing Items

- a. Students must use only their own items at all times; no sharing of items between students is allowed

14. Other Healthy Practices

- a. Avoid contact with eyes, nose, mouth
- b. Cover coughs and sneezes
- c. Wash hands for at least 20 seconds with soap and warm water

15. DROP OFF

- a. No earlier than 9:30 for 9th grade, 8:30 for 10th grade, 12:30 for 11th and 12th grade.
- b. If you are late to drop off, please contact the office before arriving at 805-378-6312

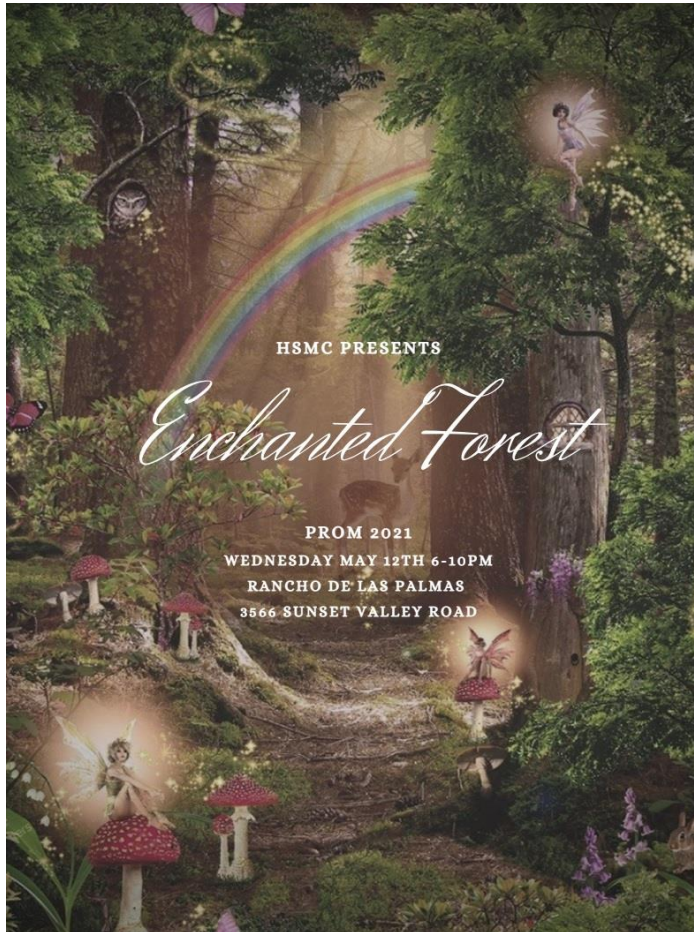
16. PICK UP

- a. 1PM -2PM for 9th grade, 1PM – 2PM for 10th grade, 5:30 PM for 11th and 12th grade
- b. If you require early pick up, please contact the office before arriving at 805-378-6312

***Classrooms, Bathrooms, and Offices are thoroughly cleaned by Moorpark College staff following COVID procedures on a daily basis.**



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POETRY SLAM NIGHT

Bring your poem on April 23rd for a night of competition celebrating National Poetry Month!

4:00 PM

[HTTPS://MEET.GOOGLE.COM/YBD-WCIV-CZA](https://meet.google.com/YBD-WCIV-CZA)

WINNER GETS A PRIZE!!

Please make sure to keep your poem under 3 minutes and school appropriate!



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Dream Journal

Tired.
So darn tired
Of being tired.
Sleep.
I need to sleep
But Sleep doesn't bring rest.
Rest.
I need rest
But I don't allow myself a moment to have it.
A moment.
Why don't I allow myself
This moment to just breathe.
Breathe.
Deep breaths to just be
In the moment.
(But the world is spinning a hundred and sixty-three
degrees every minute I can't let myself take a break or
I might miss out on everything this planet has to offer
or miss an opportunity worth taking or miss someone who
I could have loved or miss the feeling of excitement
that I don't remember the last time I've had.)
Stop.
Breathe.
My mind is too fast right now.
(My mind doesn't ever seem to slow down.)
Sleep for now, rest will come later.
(Okay.)

-Taylor Capozzoli

What is a Red Cross Club?

- Powered by youth volunteers
- Service-oriented
- Community-focused

Club Activities: (Focus Area)

- Learning
- International Humanitarian Law
- Blood Services
- Fundraising
- Social Engagement

Lines of Services:

- Training Services
- Biomedical Services
- Disaster Cycle Services
- Service to the Armed Forces
- International Services

HS@MC Red Cross Club
Interest Meeting:
February 19th
1 to 2 pm

Google Meet: <http://meet.google.com/ees-bsib-jmj>

HS@MC Red Cross Club



INTEREST MEETING - FEB. 19 1-2PM

Take part in the Red Cross lifestyle! Learn new skills, meet new people, and get volunteer hours! Open up a wide spectrum of opportunities.

Google Meet: <http://meet.google.com/ees-bsib-jmj>

WRITE PAINT SCULPT GRAPHIC DESIGN WOODWORK

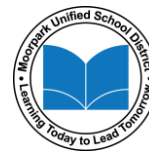
ART CLUB EVERY FRIDAY

12:30-1:30 PM
FIRST MEETING: OCTOBER 9, 2020

DEVELOP A PORTFOLIO
FIND YOUR OWN ARTISTIC STYLE
CHALLENGE YOURSELF WITH NEW MEDIUMS
BUILD A PLATFORM FOR YOUR ART
SHARE YOUR PASSION WITH OTHERS



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VIRTUAL FRIDAYS PHOENIX CONNECTION

Chat, share and connect with your peers as we prepare to transition to in-blended learning. Open to ALL H.S.@ M.C. students. Facilitated by School Counselor, Ms. Reyes

FRIDAYS

11TH/12TH GRADE

@ 11:30AM

FRIDAYS

9TH/10TH GRADE

@ 1:00 PM



ENTER GOOGLE MEET CODE: COUNSELORREYES

**FOR MORE INFORMATION, CONTACT
MS. REYES @PREYES@MRPK.ORG 805-378-6305 EXT. 6384**