



Simi Valley Unified School District

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News Release-Whooping Cough-August 2010

What is Whooping Cough?

- Whooping Cough disease (also called pertussis) causes coughing fits that make it hard to breathe.
- It spreads easily when someone with the disease coughs or sneezes.
- It can kill young babies

Whooping Cough signs and symptoms:

A Typical case of pertussis in children and adults starts with a cough and runny nose for one-to-two weeks, followed by weeks to months of rapid coughing fits that sometimes ends with a whooping sound. Fever is rare.

Ventura County has seen a sharp increase in the number of cases of whooping cough this last year. Twenty cases were confirmed as of June 2010. Consequently, CHDP has broadened recommendations for vaccinating against whooping cough (pertussis). The California Department of Public Health is now recommending vaccination for:

- Anyone 7 years and older who is not fully immunized including those who are more than 64 years old
- Women of childbearing age, before, during or immediately after pregnancy
- All people who have contact with infants who are under the age of one

This Whooping Cough vaccine is available at our Public Health Clinic at:
660 E. Los Angeles Ave.
Simi Valley, Ca 93065
Phone: 805-578-3675
Hours May be Variable: Usually 8:30am-11:30am and 1:00pm-4:00pm
(Monday/Wednesday/Friday) Please call ahead.

Vaccine Cost: \$15.00 to those who meet the recommendations and who meet income guidelines. The \$15.00 cost may be waived in certain circumstances. Others may receive the vaccination for \$70.00. You may also contact your private physician for this vaccine.

Please bring your vaccination record if possible.

This information is from the California Department of Public Health and can be found on the following websites:

www.cdph.ca.gov

www.getimmunizedca.org