



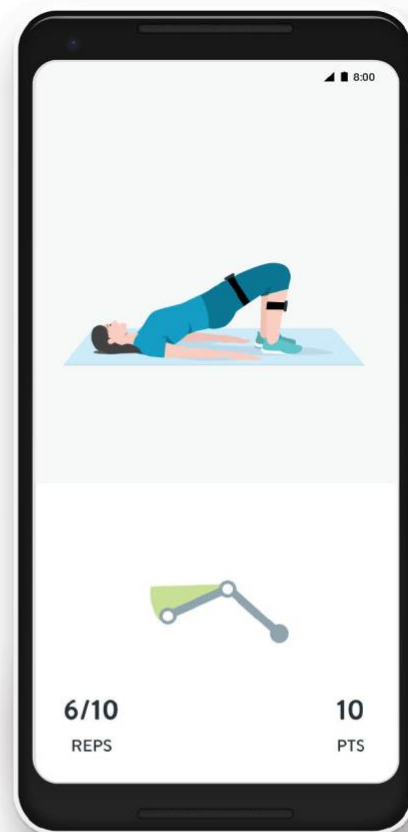
## Free benefit for your back and joint health

We provide all the tools you need to get moving again from the comfort of your home. You'll get exercise therapy tailored to your condition and a personal care team of experts. Best of all, **it's free** — 100% covered by the Anthem PPO or Blue Shield PPO medical plan with SISC.

Sign up today for help with any of the following:

- **Conquer pain or limited movement**
- **Recover from a recent or past injury**
- **Prepare for and recover from surgery**
- **Keep joints healthy and pain free**

Eligibility: Available for free to employees and dependents 18+ enrolled in an Anthem PPO or Blue Shield PPO medical plan with SISC. HSA plan members will be subject to additional costs based on deductibles.



To learn more call (855) 902-2777, or apply at:  
**HINGEHEALTH.COM/HEALTHYSCHOOLS**

