

## APPROVED SNACKS FOR BIRTHDAY CELEBRATIONS

Mission Meadows follows the state guidelines for all food brought to school for birthday or classroom celebrations. Foods that **do not meet** the state nutritional guidelines **will not be allowed** for classroom celebrations. **PLEASE DO NOT SEND CUPCAKES!**

Approved ideas for classroom celebrations are:

- Skinny Cow Ice Cream Sandwiches
- Kudos 100 calorie bars
- Teddy Grahams
- Gogurts (frozen is yummy)
- Real Fruit Bars by Dole
- Popcorn bags
- Fruit Snacks (Florida Naturals)
- Nutri-Grain Bars
- Individual Yogurts
- Fresh veggies
- Fresh fruit (kabobs are fun!)
- Vanilla wafers
- Goldfish crackers

