

RESPECT

Golden Rule

DO treat other the way you want to be treated
DO respect the dignity, privacy and freedom of all individuals
DO value and honor all people, no matter what they can do for you or to you
DO respect others' property, take good care of property you are allowed to use and don't take or use property without permission
DO respect the autonomy of others—tell them what they should know to make good choices about the worn lives
DON'T use or manipulate others
DON'T abuse, demean, or mistreat anyone

Tolerance and Acceptance

DO judge others on their character, abilities, and conduct without regard to race, religion, gender, where they live, how they dress, or the amount of money they have
DO be tolerant, respectful and accepting of those who are different from you
DO listen to others and try to understand their points of view

Nonviolence

DO resolve disagreements, respond to insults, and deal with anger peacefully and without violence
DON'T use threats or physical force to get what you want or to express anger

Courtesy

DO use good manners
DO be courteous, polite and civil to everyone
DON'T use put-downs, insults or ridicule to embarrass or hurt others

Duty

DO know and do your duty
DO acknowledge and meet your legal and moral obligations

Accountability

DO accept responsibility for the consequences of your choices, not only for what you do but what you don't do
DO think about consequences on yourself and others before you act
DO think long-term
DO do what you can do to make things better
DO set a good example
DON'T look the other way when you can make a difference
DON'T make excuses or blame others

Pursue Excellence

DO your best
DO persevere: Don't quit
DO be prepared
DO be diligent
DO work hard
DO make all you do worthy of pride

Self control

DO take charge of your own life
DO set realistic goals
DO keep a positive outlook
DO be prudent and self-disciplined with your health, emotions, time and money
DO be rational act out of reason not anger, revenge or fear
DO know the difference between what you have a right to do and what is right to do
DO be self-reliant—manage your life so you are not dependent on others; pay your own way whenever you can