



LWSD Middle / High BREAKFAST Menu

JUN

MONDAY



TUESDAY

BREAKFAST
Sausage Breakfast Pizza
Cereal Bar/Bowl w/Toast(v)

WEDNESDAY

BREAKFAST
(Turkey) Ham & Cheese English Muffin
Cereal Bar/Bowl w/Toast(v)

THURSDAY

BREAKFAST
Mini Maple Waffles(v)
Cereal Bar/Bowl w/Toast(v)

FRIDAY

BREAKFAST
Fruit Muffin w/Toast(v)
Cereal Bar/Bowl w/Toast(v)

WG = Whole Grain

5

BREAKFAST
WG French Toast Sticks(v)
Cereal Bar/Bowl w/Toast(v)

6

BREAKFAST
Yo' and Grahams(v)
Cereal Bar/Bowl w/Toast(v)

7

BREAKFAST
Oatmeal CC Breakfast Round(v)
Cereal Bar/Bowl w/Toast(v)

8

BREAKFAST
WG Blueberry Bagel w/CC(v)
Cereal Bar/Bowl w/Toast(v)

9

BREAKFAST
Mini Cinnis(v)
Cereal Bar/Bowl w/Toast(v)

Cereal Items Are Reduced Sugar

12

BREAKFAST
WG French Toast Sticks(v)
Cereal Bar/Bowl w/Toast(v)

13

BREAKFAST
Yo' with Grahams(v)
Cereal Bar/Bowl w/Toast(v)

14

BREAKFAST
Oatmeal CC Breakfast Round(v)
Cereal Bar/Bowl w/Toast(v)

15

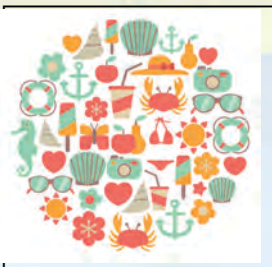
BREAKFAST
WG Blueberry Bagel w/CC(v)
Cereal Bar/Bowl w/Toast(v)

16

BREAKFAST
Mini Cinnis(v)
Cereal Bar/Bowl w/Toast(v)

(v) denotes a meatless entree

20



BREAKFAST
Apple Frudel(v)
Cereal Bar/Bowl w/Toast(v)

21

BREAKFAST
Mini Maple Waffles(v)
Cereal Bar/Bowl w/Toast(v)

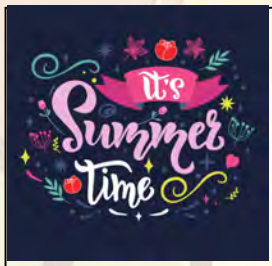
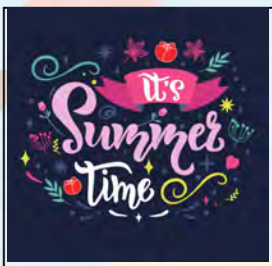
22

BREAKFAST
Mini Blueberry Pancakes(v)
Cereal Bar/Bowl w/Toast(v)

23

BREAKFAST
Oatmeal CC Breakfast Round(v)
Cereal Bar/Bowl w/Toast(v)

Juice Available on Tuesdays and Thursdays Only



See You Back in September!

This institution is an equal opportunity provider.