

Streptococcal Infections- Strep Throat, Scarlet Fever

Definition: Strep throat is a bacterial infection that may cause fever, a sore throat, white spots in the throat and swelling of the lymph glands of the neck. Specific diagnosis of the strep throat requires laboratory confirmation. Scarlet Fever is characterized by fever, sore throat swollen glands of the neck, a strawberry tongue and rash. The rash is widespread and may consist of flat blotches that tend to run together. The rash appears most often on the neck and in skin folds such as the elbow, armpit, inner thigh and groin. In severe cases, peeling of the skin of the fingers and toes may occur during the recovery phase.

Incubation Period: Usually 1-3 days.

Exclusion: The student may return to school 48 hours after starting on proper medication, as long as there is no fever.

