

## Chickenpox

**Definition:** A viral disease which may start with slight fever, symptoms of “not feeling well,” and/or a skin rash (lesions).

The lesions start as small red spots that become raised and then develop into water blisters.

The blisters later open and resemble sores that eventually scab over. The chickenpox

lesions tend to be more abundant on the covered rather than the exposed parts of the body;

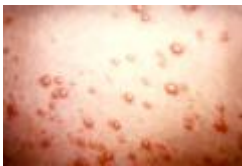
they may appear on the scalp and in or around the mouth. Transmission is by direct or indirect

contact with secretions of the respiratory tract of the infected persons.

**Incubation Period:** 2-3 weeks from the date of exposure. The time of exposure may not be known as the disease is communicable beginning five days before The actual outbreak of the lesions and until the lesions have dried and crusted.

Pregnant women should consult with their health advisor if they have never had chickenpox and is suspect that they have been exposed to the disease.

**Vaccine available:** Immunization required for admission to Kindergarten or Documentation from health advisor that the child had the disease.



Please note: This is an example of the condition and how it may look, however it could appear differently. We encourage you to seek medical advice if you believe you have this disease.