



# Long Beach Wilson Athletics



## Track & Field Summer Camp 2023

This is an exclusive camp for Wilson High School returning runners and incoming freshman student-athletes. Boys and Girls.

This camp will also serve as a tryout to allow coaches to evaluate runners and determine their rosters for the upcoming school year. Runners are strongly encouraged to participate in the summer camp. If a runner is unable to participate in the camp, they will need to contact the coaches immediately.

### Camp Dates

Sprinters (100m to 800m runners) -

July 5 – August 24

M, T, W, Th

1:00-3:00pm

Distance Runners (800m, 1mile, and 2mile runners) -

First Day – Saturday June 17<sup>th</sup> 7am-9am

\*\*\*Followed by a 2.5 week break\*\*\*

July 5<sup>th</sup>-August 29<sup>th</sup>

Monday – Friday

7:00am-9:30am

**Location** Wilson HS Track (Enter Gate under bleachers on 7<sup>th</sup> Street)

**Donation** \$50 Donation to cover camp expenses  
Make checks payable to “Wilson High School”

### Coach’s Information

Sprints Neil Nelson [neilnelson11@yahoo.com](mailto:neilnelson11@yahoo.com)  
Shannon Fisher [thabigfish22@yahoo.com](mailto:thabigfish22@yahoo.com)

Distance CJ Brewer [cj.brewer.csulb@gmail.com](mailto:cj.brewer.csulb@gmail.com)

All athletes are required to submit a summer athletic program application and proof of insurance. Please download the forms from our website at [www.lbwilson.schoolloop.com/athletics](http://www.lbwilson.schoolloop.com/athletics).