

Student Health Advisory Council special meeting minutes – May 17, 2023

1. Introduction and welcome of attendees

April Hooper-Christenson called the virtual WebEx SHAC special meeting to order on May 17, 2023 at 6:34pm with quorum met and secretary in attendance. Catherine Carlin was appointed Parliamentarian. The following SHAC members were in attendance: Kathy Riojas, April Hooper-Christenson, Maria A. Reitz, Lacey Tomanek, Catherine Carlin, Gwen Perkins, Sandra Lieck, Linda Villemarette, Kim Graham, Wendy Hall and Sylvia Mazuera. April welcomed everyone, and reminded attendees to sign-in through the chat feature.

2. Review of SHAC Mission /Purpose

April reminded everyone of the SHAC Vision and Mission.

3. Approve minutes from meeting on Apr 20, 2023

The minutes from the Apr 20, 2023 regular meeting were approved with no corrections. The following committee was appointed to review and approve the minutes of this meeting: Kathy Riojas, Catherine Carlin and Lacey Tomanek.

4. SHAC recommendations for board of trustees

April stated that this special meeting was called with the purpose of determining SHAC recommendations to the CFBISD School Board. The law is clear on the contents of this report:

Texas law (Texas Education Code, Title 2, Subtitle F, Chapter 28, Subchapter A, §28.004)

(m) In addition to performing other duties, the local school health advisory council shall submit to the board of trustees, at least annually, a written report that includes:

- 1) any council recommendation concerning the school district's health education curriculum and instruction or related matters that the council has not previously submitted to the board;
- 2) any suggested modification to a council recommendation previously submitted to the board;
- 3) a detailed explanation of the council's activities during the period between the date of the current report and the date of the last prior written report; and
- 4) any recommendations made by the physical activity and fitness planning subcommittee.

After discussion the following recommendations to the board of trustees were approved by general consent:

1. Campuses with enrollment >750 students be staffed with a second nurse or a nurse extender (certified nursing or medical assistant) as per recommendations of the National Association of School Nurses and the American Academy of Pediatrics. Other factors to consider are:
 - Levels of student mobility (high numbers of apartments, short stay motels, homeless shelters in attendance zone)
 - # of students on campus with complex health needs requiring daily nursing interventions
 - Percent of students on campus with free and reduced lunch
 - Large number of students without a medical home/significant number of immigrant students enrolled at campus
 - History of high numbers of EMS calls due to medical emergencies

Falls under Health Services

2. Adopting and adhering to the American School Counselor Association (ASCA) guidelines and standards for school counselors in terms of staffing ratios and percentage of time spent on counseling and non-counseling duties. **Falls under Counseling, Psychological & Social Services**
3. Expand Counseling Connection Center (CCC) services. **Falls under Counseling, Psychological & Social Services**
4. Increase parent education opportunities on mental health trends and improve the way these are promoted. Expand and promote the library of resources for parents regarding mental health. **Falls under Family Engagement & Community Involvement /Counseling, Psychological & Social Services**

The school district has several resources for parents in the main Counseling website. Sylvia Mazuera will contact the appropriate staff to add a link to these resources from each of the individual campus Counseling websites.

At the end of the 2021-22 school year the SHAC presented 14 recommendations to the school board. We are interested in finding out how many of these were implemented. SHAC will reach out to our school board liaison, Sally Derrick, to ask if she can address this at our next SHAC meeting.

5. Adjourn

There being no further business, the meeting was adjourned at 7:15pm

Sylvia Mazuera, SHAC Secretary

