

Isolation and Quarantine

Requirements and Recommendations

Summary for the General Public (not applicable to healthcare personnel[±])

Isolation

Persons with COVID-19 (Isolation)	Requirements
<p>Everyone, regardless of vaccination status, previous infection, or lack of symptoms.</p> <p><i>Persons are considered to have COVID-19 if they have a positive viral test and/or their healthcare provider thinks they have COVID-19.</i></p>	<p>Stay home for at least 5 days.</p> <ul style="list-style-type: none">Isolation can end after Day 5* ONLY if <u>all</u> of the following criteria are met:<ol style="list-style-type: none">A COVID-19 viral test** collected on Day 5 or later is negativeNo fever for at least 24 hours without the use of fever reducing medicineOther symptoms are not present or are improving--or--Isolation can end after Day 10 if <u>both</u> these criteria are met:<ol style="list-style-type: none">No fever for at least 24 hours without the use of fever reducing medicineOther symptoms are not present or are improving <p>Wear a well-fitting medical grade mask around others for a total of 10 days, especially in indoor settings.</p> <ul style="list-style-type: none">Children should wear a well-fitting, non-cloth mask of multiple layers of non-woven material with a nose wire.See ph.lacounty.gov/masks for more information. <p>Tell your close contacts that they have been exposed and need to follow instructions for close contacts at ph.lacounty.gov/covidquarantine.</p> <p>Follow the full isolation instructions for people with COVID-19 at ph.lacounty.gov/covidisolation.</p> <p>Notes</p> <p>*To count the days:</p> <ul style="list-style-type: none">If you have symptoms, Day 0 is your first day of symptoms. Day 1 is the first full day after your symptoms developed.If you do not have symptoms, Day 0 is the day your positive test was taken. Day 1 is the first full day after your positive test was taken. <p>**The test must be a COVID-19 viral test such as an antigen or NAAT/PCR test. An antigen test is preferred.</p>

[±]Healthcare personnel should follow [Infection Prevention Guidance for Healthcare Personnel](#).

Isolation and Quarantine

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Summary for the General Public (not applicable to healthcare personnel[±])

Quarantine

For Close Contacts That Must Quarantine (Are Not Exempt)

Persons Who are Exposed to Someone with COVID-19 (Quarantine)	Requirements
<p>People who are not up to date with their COVID-19 vaccination:</p> <ul style="list-style-type: none">• Unvaccinated/incompletely vaccinated; OR• Fully vaccinated and booster-eligible but have not yet received their booster dose.* <p>* Employees may be allowed to continue to work if they meet certain criteria - see below.</p>	<p>Stay home for at least 5 days, after your last contact with a person who has COVID-19.</p> <ul style="list-style-type: none">• Test on Day 5. In addition, consider testing immediately, especially if you or anyone who lives with you is <u>at increased risk for severe illness</u>.• Quarantine can end after Day 5 only if symptoms are not present, and a COVID-19 viral test collected on Day 5 or later is negative.• If a test is not done on Day 5 or later, and symptoms are not present, quarantine can end after Day 10. <p>Monitor your health for 10 days. If symptoms develop, test, and stay home. If you test positive, follow isolation requirements at ph.lacounty.gov/covidisolation.</p> <p>Wear a well-fitting medical grade mask around others for 10 days after your last exposure, especially in indoor settings; children should wear a well-fitting, non-cloth mask of multiple layers of non-woven material with a nose wire. See ph.lacounty.gov/masks for more information.</p> <p>Follow the full instructions for close contacts at ph.lacounty.gov/covidquarantine</p> <p>Note: Day 0 is the day of your last contact (exposure) with the infected person. Day 1 is the first full day after your last exposure.</p>

*Employees (except healthcare personnel[±]) who do not have symptoms may be allowed to continue to work on the condition that they:

- Get a viral test 3-5 days after their last exposure to the infected person and the result is negative; and
- Wear a well-fitting medical-grade mask (ideally an N95/K95) around others indoors and outdoors for a total of 10 days and do not eat or drink around others; and
- Continue to have no symptoms; and
- Quarantine at home when they are not at work.

[±]Healthcare personnel should follow [Infection Prevention Guidance for Healthcare Personnel](#).

Isolation and Quarantine

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Summary for the General Public (not applicable to healthcare personnel[±])

No Quarantine Required

For Close Contacts That Are Exempt from Quarantine

Persons Who are Exposed to Someone with COVID-19 (No Quarantine)	Required and Recommended Actions
<p>No symptoms AND</p> <ul style="list-style-type: none">Up to date on all COVID-19 vaccines (Boosted or Fully Vaccinated but not yet booster-eligible) ORRecovered from lab-confirmed COVID-19 within the last 90 days	<p><i>Required</i></p> <p>Monitor your health for 10 days. If symptoms develop, stay home and test. If you test positive, follow isolation requirements on ph.lacounty.gov/covidisolation.</p> <p>Wear a well-fitting medical grade mask around others for 10 days, especially in indoor settings; children should wear a well-fitting, non-cloth mask of multiple layers of non-woven material with a nose wire. See ph.lacounty.gov/masks for more information.</p> <p><i>Recommended</i></p> <p>Consider testing immediately, especially if you or anyone who lives with you is at increased risk for severe illness, and if negative, again on day 5. (If you recently recovered from COVID-19 testing is not recommended unless you develop symptoms.)</p> <p>See full Quarantine and Other Instructions for Close Contacts at ph.lacounty.gov/covidquarantine.</p> <p>Note: Day 0 is the day of your last contact (exposure) with the infected person. Day 1 is the first full day after your last exposure.</p>

[±]Healthcare personnel should follow [Infection Prevention Guidance for Healthcare Personnel](#).