



# Hawthorne School District Diabetes Management School Kit Checklist

*If your child has diabetes, the following items should be available at the School. These kits will be kept in the Health Clerk Office. Students will have access to these kits as needed for management according to the Diabetes Management Plan on file.*

**Student Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

## **Blood Glucose Testing Kit**

- Meter
- Test Strips – be sure that the strips are not expired
- Lancets – enough for changing after every 2 blood tests
- Control Solution – to verify that test strips are accurate

## **Hypoglycemia Treatment Items**

- Juice Boxes – preferably 4 ounces
- Glucose Tablets – dose equal to 4 ounces of juice should be noted on container
- Glucose Paste, if ordered by healthcare provider
- Snack to follow use of simple sugar in juice or glucose tablets – should contain 15 grams of carbohydrates (1 serving) and 1 serving of protein

**Examples:** Peanut butter and cracker packages  
Cheese and cracker packages  
Dried fruit and nuts packages  
Cliff bars for children  
Granola bars (if meet the above carbohydrate and protein requirements)  
Fruit serving and cheese stick (if refrigerator available)

## **Hyperglycemia Treatment Items**

- Ketone Test strips, if ordered by healthcare provider

## **Insulin Supplies**

- Insulin vials
- Insulin
- Syringes or Pen Needles
- Pump Tubing and insertion sets for insulin pump users

Completed by: \_\_\_\_\_

Given to:  Student  Parent/Guardian