



May 2023,

Dear Students and Parents:

Sports have been an important part of the Louisville community for many years. As a student at Louisville, you can choose from a variety of interscholastic sports. In the fall, we offer **cross-country, tennis, volleyball and golf**. The winter season students can participate in **basketball, soccer and water polo**. Available to our student-athletes for the spring season are **track and field, swimming, softball, and beach volleyball**. Also, you may participate in our **Equestrian Team** which is a year-long program that involves horsemanship shows with other schools in the area. As you can see, Louisville athletics offers a variety of sports to fit its student athlete's interests.

An **ANNUAL PHYSICAL EXAMINATION** or a statement by a medical practitioner, certifying that you are physically able to participate in athletics is required by June 23, 2023 for fall sports athletes or you will not be able to attend practices or participate in interscholastic competitions.

Also, Louisville's athletic department implements a web-based document management/communication system called Appryse. You must create an account or re-register (returning athletes) on Appryse, this process must be completed before the first day of try-outs or practices. Go to Louisville's website - Click on Athletics, click on Enroll with Appryse, from there you can register and download the necessary forms for athletic participation. Physical Release, Parental Consent and Sports Specific Forms must be completed before the first day of try-outs.

Fall Sports Try-Out Schedule

Volleyball

July 6-7, 2023: Try-outs – All Levels: (Varsity, Junior Varsity, Fro/Soph) – 4:00-6:00 pm.
Mandatory clinic for athletes that made the teams – July 10-11, 2023. Cost \$125.00 If you have any questions please contact Coach Valdez; fvaldez@LouisvilleHS.org

Tennis

Varsity Tennis, Try-outs for incoming freshmen and returning athletes will be **July 31-August 4, 2023: 3:15 – 5:15 pm** on the tennis courts. If you have any questions please contact Marilyn Hyman mhyman@louisvillehs.org

Cross Country

If you are interested in participating in the cross country program this school year, the pre-season begins **June 19- July 29, 2023: Time: 7:00-8:30 am. Location: Crespi High School. Advanced**

Cross Country Camp in Mammoth Lakes – July 30-Aug 5, 20123 Coach Sahiv Lopez:
slopez@crespi.org; sahivlopez@LouisvilleHS.org

Golf

If you would like to try something new and explore your hidden talents, come be a part of the golf program this school year. **Try-outs: July 10 – August 4, 2023 – 11:00-1:00 pm – Tuesday and Thursday at Woodley Golf Course** If interested please contact Marilyn Hyman
mhyman@louisvillehs.org

Sports are an important part of the Louisville community. I hope that you will become a member of this special group and experience the joys and excitement of interscholastic competition. If you have any questions, please call (818) 346-2149. mhyman@louisvillehs.org

Sincerely,

Marilyn Hyman
Athletic Director