

## FOOTBALL CAMP

### High School Football

Bison Football Summer Camp will be on Tuesday, Wednesday and Thursdays starting 5/30/2023 and commencing 7/28/2023. All levels will report at the posted times below. Freshman will be separated with their coaches to begin introduction to the program and standard.

Dates:

5/30—6/1 3:45 PM—4:30 PM

6/6—6/8 3:45 PM—6:00 PM

6/13—6/15 3:45 PM—6:00 PM

6/20—6/29 8:00 AM—11:00 AM

OFF WEEK OF 4TH OF JULY

7/11—7/20 8:00 AM—11:00 AM

7/25—7/27 **BISON DAYS** 6:00 AM—9:00 AM

7/28/2023 End of Summer Camp BBQ

**FEE: NO FEE**



## BOYS BASKETBALL CAMPS

**RISING STAR** Grades 2nd—4th  
Junior players will have the opportunity to learn and play basketball with the use of junior-sized balls. Focus will be fundamentals based with an emphasis on improving the student's skill set. Camp will also include skill contests and 5-on-5 play

June 20—June 22  
June 26—June 29  
9:00 a.m.—10:30 a.m.

**FEE: \$75.00** Field House  
No refund after first day.

**FUNDAMENTAL** Grades 5th—8th  
This camp is designed to help young players build a sound fundamental base for the game. Campers will be assessed individually and instruction will be focused on improving weaknesses and developing abilities. The first hour of each day will be devoted to basic fundamentals of dribbling, shooting, rebounding and ball handling. Camp will also include skill contests and will play two game each day after the fundamental session.

June 20—June 22  
June 26—June 29  
10:30 a.m.—1:00 p.m.

**FEE: \$75.00** Field House  
No refund after first day.

### HIGH SCHOOL BASKETBALL-BISON ONLY

The High School Basketball Camp offers each player the opportunity to improve their game, develop their shooting style and fine tune their defensive and offensive performance. Participation in this camp will help the player become a strong force in a team setting.

June 5—June 8  
June 12—June 15  
June 20—June 22  
June 26—June 29

2:00 p.m.—4:00 p.m.

**FEE: \$100.00** Field House  
No refund after the first day.

## BOYS & GIRLS TENNIS CAMP 7th—12th Grades

Participants will partake in stroke and footwork drills to improve consistency and accuracy of the basic tennis skills for overall match-play performance. Participants will also compete in match-play in order to develop court tactics and strategies necessary for success. All athletes interested in competing at the Varsity level are strongly encouraged to attend camp.

Dates: Monday, June 12—Friday, June 16

10th—12th graders, 4:00—5:30 p.m. **FEE: \$50.00**  
7th—9th graders, 5:30—6:30 p.m. **FEE: \$25.00**

## BOYS CROSS COUNTRY 6th—12th Grades

Summer Running Club  
For all abilities and levels of fitness

June 5—July 28  
Every Monday, Wednesday & Friday

Mondays: 1:00 p.m.  
Wednesdays: 8:00 a.m.  
Fridays: 8:00 a.m.

**NO FEE** Meet at front parking lot of school

## BOYS VOLLEYBALL CAMP

July 17—July 28 (Monday—Friday)

Freshman—Seniors: 10:00 a.m.—1:00 p.m.  
6th—8th (boys/girls): 1:00—3:00 p.m.

Anyone interested in volleyball, is encouraged to attend summer camp. Camp will focus on conditioning, fundamentals, and advanced volleyball skills by level.

What to bring: gym shoes, volleyball attire, water bottle.  
Email Coach Bloniarz with any questions:  
bloniarz@fenton100.org

**FEE: \$65** includes camp t-shirt Fieldhouse

## GOLF CAMP

Golf skills camp 4th—8th grade (Boys & Girls)

Dates: July 11, 13, 18 & 20 (weather makeup if necessary July 21)  
Time: 1:30 p.m.—3:00 p.m.  
Location: White Pines Golf Course

**FEE: \$60.00** (checks to Fenton High School)

High School Golf Camp 9th—12th grade (Boys & Girls)

Dates: July 11, 13, 18 & 20 (weather makeup if necessary July 21)  
Time: 3:00 p.m.—5:00 p.m.  
Location: White Pines Golf Course

**FEE: \$80.00** (checks to Fenton High School)

All players must bring their own clubs.

If you have any questions please email  
kopp@fenton100.org

## BOYS BOWLING CAMP K—12th Grades

Have some fun this summer and join the boys bowling summer camp. Network with fellow bowlers, learn new techniques and improve your skills! All levels are welcome—No experience needed

June 12—June 23 (Mon., Wed. & Fri.)  
4:00—5:30 p.m.

**FEE: \$35.00** Wood Dale Bowl  
Any questions, email coach Chappell at chappell@fenton100.org



**GIRLS SOFTBALL  
SKILLS CAMP**  
5th—12th Grades

Tuesday, June 20—Thursday, June 22

1:00 p.m.—3:45 p.m.

Bring your spikes and glove and be prepared to learn the fundamental skills of girls' softball. Bring gym shoes in case the weather forces us inside.

**FEE: \$50** Sunset Park (if rains front gym)

**2023 CHEER CAMP**  
Grades K—8

August 9 & 10 1:00 p.m.—3:00 p.m.

Campers will learn jumps, a dance, sideline cheers and more! Then come back and join us to perform halftime at our first home football game!

**FEE: \$40.00** includes camp & camp t-shirt Gym 3

**GIRLS CROSS COUNTRY/TRACK**  
5th—12th Grades

Time: 8:00 a.m.—10:15 a.m.

Days: Monday, Tuesday, Friday & Saturday  
Start Date: June 29th

The Fenton Fitness Camp is open to all athletes looking to develop speed and endurance over the summer months. The camp is an excellent place to make friendships with high character Fenton athletes. The goal of the camp is to gain fitness through fun and run! Schedule given on first day.

Location: TBA

**FEE: \$40.00**

Questions: kekstadt@fenton100.org

**GIRLS VARSITY BASKETBALL CAMP**  
SOPHOMORE— SENIORS

Tuesday, May 30—Thursday, June 1 3:30 p.m.—6:00 p.m.  
Monday, June 5—Thursday, June 8 10:30 a.m.—1:00 p.m.  
Monday, June 12—Thursday, June 15 10:30 a.m.—1:00 p.m.  
Tuesday, June 20—Thursday, June 22 10:30 a.m.—1:00 p.m.

Improving skill development through learning and repetition, developing and fostering basketball instincts, competitiveness, dedication through serious time commitment and an individual and team sense of accomplishment

**FEE: \$100.00** Front Gym

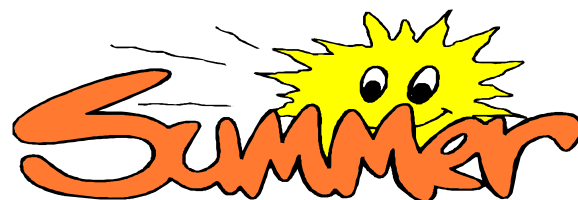
**GIRLS BASKETBALL CAMP**  
5th—9th Grades

Monday, June 12—Thursday, June 15

1:00 p.m.—3:00 p.m.

Improving skill development through learning and repetition, developing and fostering basketball instincts, competitiveness, dedication through serious time commitment and an individual and team sense of accomplishment

**FEE: \$50.00** Front Gym



**GIRLS VOLLEYBALL CAMP**  
6,7, 8, 9, 10, 11 & 12 Grades

July 17—July 28 (Monday—Friday)

Freshman—Seniors: 7:00 a.m.—10:00 a.m.  
6th—8th (girls/boys): 1:00—3:00 p.m. (FH)

Anyone interested in volleyball, is encouraged to attend summer camp. Camp will focus on conditioning, fundamentals, and advanced volleyball skills by level.

What to bring: Gym shoes, volleyball attire, water bottle.  
Email Coach Bloniarz with any questions:  
bloniarz@fenton100.org

**FEE: \$65.00** includes camp t-shirt Front Gym

**GIRLS & BOYS SOCCER YOUTH CAMP**

5th—12th Grades

Camp training sessions will focus on fundamentals. Each session is set to help players develop a better first touch on the ball, improve passing accuracy and improve shooting accuracy. Most importantly, we hope to instill a love of the game of soccer in each player.

Monday, June 12—Friday, June 16  
4:00—5:30 p.m.

**FEE: \$50:00** Location: TBD  
Deadline June 9



**ATHLETIC  
DEPARTMENT**

**630.860.6261**

**Todd Becker**

**Athletic Director**

**Mark Kos**

**Assistant Athletic Director**

**Lori Speiden**

**Administrative Assistant**

**SUMMER**

**CAMP**

**2023**

**Note:**

Summer programs are encouraged but are not a requirement for high school athletics.

Summer participation does not guarantee a place on the varsity squad.