

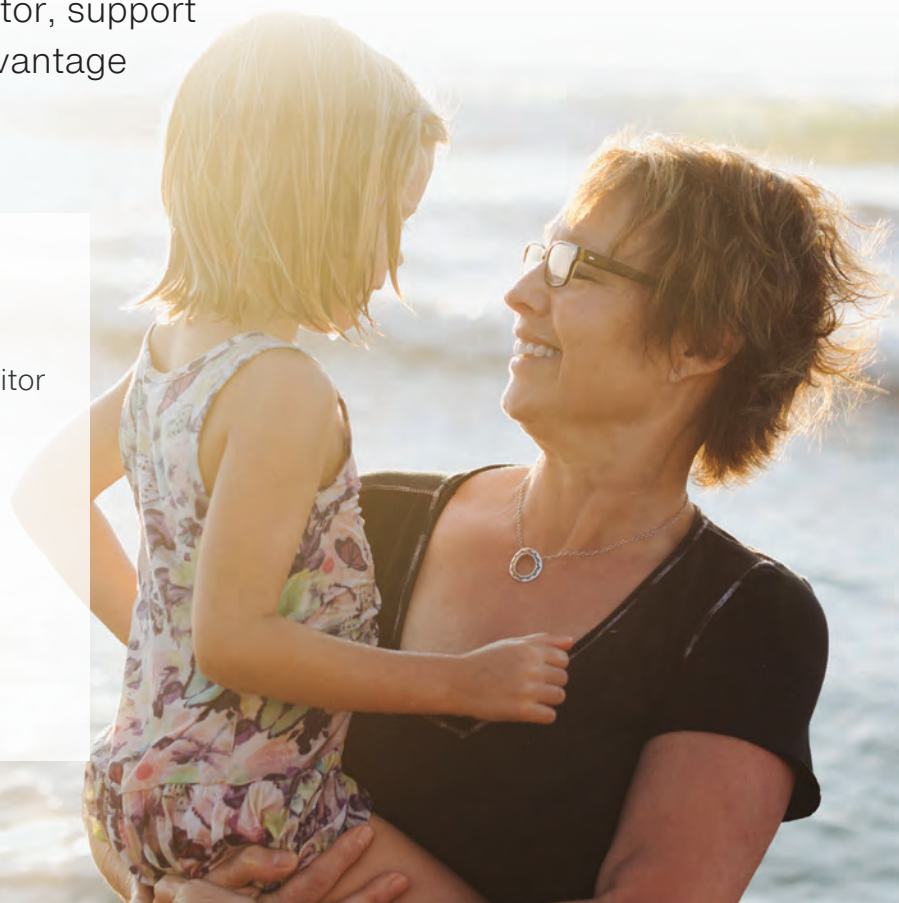
High Blood Pressure Management, Simplified

No added
cost to
you

An advanced blood pressure monitor, support you need, and Western Health Advantage is covering **100% of the costs**.

PROGRAM BENEFITS

- ✓ An advanced blood pressure monitor
- ✓ Personalized insights
- ✓ One-on-one coaching
- ✓ Easy-to-use app & dashboard
- ✓ Guidance on healthy habits



**GET
STARTED**



Text **"GO WESTERNHEALTHADV"** to **85240** to learn more & join

You can also join by visiting ready.livongo.com/WESTERNHEALTHADV/register or call **(800) 945-4355** and use registration code: **WESTERNHEALTHADV**

Livongo for Hypertension is offered to WHA members with high blood pressure and coverage through the plan.

*Coverage for this program depends on certain eligibility criteria. Eligible members must be between the ages of 18 and 79 with a diagnosis of hypertension. WHA Medicare Advantage MyCare plan members are not eligible for the program at this time. Visit mywha.org/Livongo for more information.