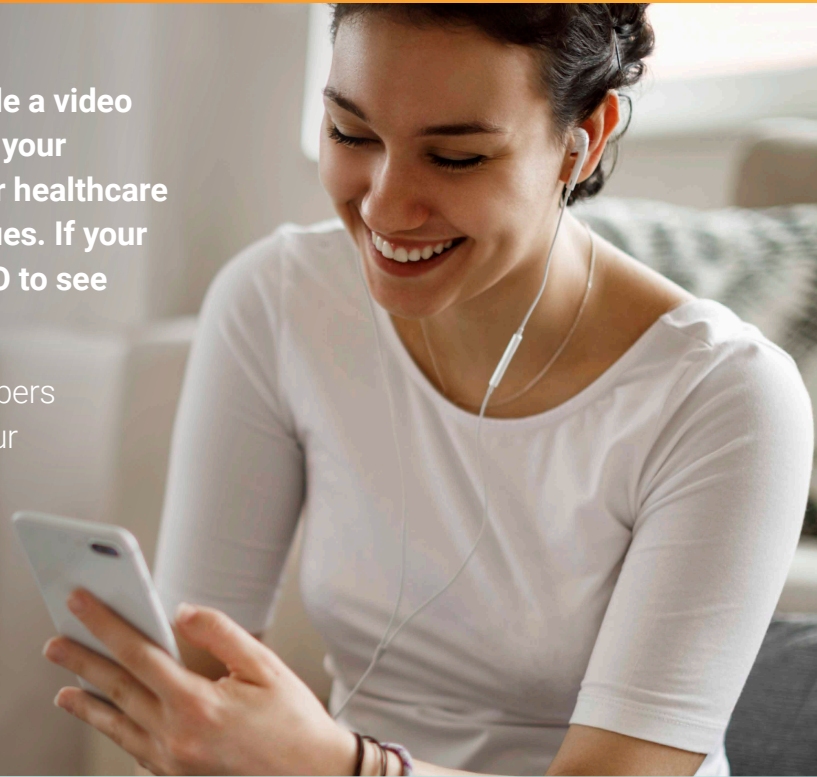


# Video Visits

Virtual Care Anywhere

With My Health Online (MHO)\*, you can schedule a video visit when it's convenient for you. Connect with your primary care physician (PCP)\*\* for most of your healthcare needs, from routine care to complex health issues. If your PCP doesn't offer video visits, you can use MHO to see another Sutter provider for minor health issues.

- Video visits with a PCP are available to members ages three-months and older. Check with your PCP on availability and hours.
- All members ages 18 months and older have access to a video visit daily from 11 a.m. to 7 p.m. with a provider at Sutter.



## Book a video visit in 3 easy steps:

Download the My Health Online mobile app available on the Apple App Store and Google Play. The app provides the best experience but you can also use your computer.



**Log In**

Log in to **MHO** at **[mho.sutterhealth.org](https://mho.sutterhealth.org)**



**Schedule**

Select **"Schedule Video Visit"**



**Begin Video Visit**

At the time of your appointment, log into **MHO**. Select your scheduled **Video Visit**. Click **"Begin Video Visit."**

For more information visit, **[sutterhealth.org/member](https://sutterhealth.org/member)**.

\* Enroll and activate your MHO account by visiting [mho.sutterhealth.org](https://mho.sutterhealth.org).

\*\*Log in to your MHO account to see if your PCP offers video visits. If your provider doesn't participate in MHO or you're a new patient, please contact your PCP's office for video visit options.

Member Services 1-855-315-5800 | [sutterhealthplus.org](https://sutterhealthplus.org)

PM-21-080

 **Sutter Health Plus**  
Your Health Plan