

# KILGORE MIDDLE SCHOOL, INTERMEDIATE, CHANDLER BREAKFAST MENU

# JUN

2023

GEAR UP FOR  
**PUSH-UP  
CHALLENGE**



## ANNOUNCEMENTS:

Also served with the breakfast meal:  
Choice of 100% juice  
Variety of milk

To find a summer meal site close to you...  
Text 304-304  
Or  
Summerfood.org



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**



#SchoolMealsMatter  
#Summer #Nutrition  
#KISDCares  
#KilgoreStrong

NO SCHOOL!

NO SCHOOL!

**ENTRÉE** 5  
Chicken mega mini bites  
served with mini waffles  
**FRUIT/VEGETABLE**  
Pineapple tidbits  
Fresh apple

**ENTRÉE** 6  
Cheesy eggs  
served with cinnamon toast  
**FRUIT/VEGETABLE**  
Fruit cocktail  
Fresh orange or grapefruit

**ENTRÉE** 7  
Cereal variety  
**FRUIT/VEGETABLE**  
Diced peaches  
Fresh apple

**ENTRÉE** 8  
Sausage croissant sammie  
**FRUIT/VEGETABLE**  
Diced pears  
Fresh orange or grapefruit

NO SCHOOL!

**ENTRÉE** 12  
Sausage w/a maple biscuit  
**FRUIT/VEGETABLE**  
Pineapple tidbits  
Fresh apple

**ENTRÉE** 13  
Breakfast tacos  
**FRUIT/VEGETABLE**  
Fruit cocktail  
Fresh orange or grapefruit

**ENTRÉE** 14  
Cereal variety  
**FRUIT/VEGETABLE**  
Diced peaches  
Fresh apple

**ENTRÉE** 15  
Big K breakfast sandwich  
**FRUIT/VEGETABLE**  
Diced pears  
Fresh orange or grapefruit

NO SCHOOL!

NO SCHOOL!

NO SCHOOL!

NO SCHOOL!

NO SCHOOL!

NO SCHOOL!

NO SCHOOL!

NO SCHOOL!

NO SCHOOL!

NO SCHOOL!

NO SCHOOL!



Food and Nutrition Division  
Nutrition Assistance Programs



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**  
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www.SquareMeals.org