

# KILGORE MIDDLE, INTERMEDIATE AND CHANDLER ELEMENTARY LUNCH MENU

# JUN

2023

GEAR UP FOR  
**PUSH-UP  
CHALLENGE**



## ANNOUNCEMENTS:

Also served with the lunch meal:  
Variety of milk  
Water available at all meals to students.

Did you know...  
Summer meals are FREE to all children up to age 18. Children do not need to be a student with KISD to receive a meal!

To find a summer meal site close to you...  
Text 304-304  
Or  
Summerfood.org

## MONDAY



**ENTRÉE** 5  
BBQ pulled pork sandwich  
**GRAIN/FRUIT/VEGETABLE**  
Baked beans  
Veggie sticks  
Apple or Mixed berries

**ENTRÉE** 12  
Chicken filet sandwich  
**GRAIN/FRUIT/VEGETABLE**  
Sweet potato fries  
Celery & carrot sticks  
Apple or Plum

**NO SCHOOL!** 19

**NO SCHOOL!** 26

## TUESDAY




**ENTRÉE** 6  
Crunchy beef tostadas\*  
**GRAIN/FRUIT/VEGETABLE**  
Spanish rice  
Cucumber & tomato salad  
Elote  
Apple or Watermelon cubes

**ENTRÉE** 13  
Beef nacho grande \*  
**GRAIN/FRUIT/VEGETABLE**  
Spanish rice  
Pinto beans  
Chili lime baby carrots  
Apple or Cantaloupe

**NO SCHOOL!** 20

**NO SCHOOL!** 27

## WEDNESDAY

 \*Local TX beef, dairy, grains & produce featured on this menu. The beef is provided by a Pryor Cattle Co. in Henderson, TX. Produce items are grown & harvested in the great state of TX. Whole grain rich bread supplied by Flowers Baking company, Texas dairy products supplied by Hiland Dairy.

**ENTRÉE** 7  
Thin crust pepperoni pizza  
**GRAIN/FRUIT/VEGETABLE**  
Fresh mixed greens salad \*  
Roasted ranch broccoli  
Apple or Mixed berries

**ENTRÉE** 14  
Spaghetti w/meat sauce \*  
**GRAIN/FRUIT/VEGETABLE**  
Garlic breadstick  
Fresh mixed greens salad \*  
Roasted ranch broccoli  
Apple or Plum

**NO SCHOOL!** 21

**NO SCHOOL!** 28

## THURSDAY

**NO SCHOOL!** 1

**ENTRÉE** 8  
Steak strips  
**GRAIN/FRUIT/VEGETABLE**  
Fresh baked maple biscuit  
Seasoned fries  
Ranch baby carrots  
Apple or Watermelon cubes

**ENTRÉE** 15  
Popcorn chicken  
**GRAIN/FRUIT/VEGETABLE**  
Fresh baked maple biscuit  
Shoestring fries  
Veggie sticks  
Apple or Cantaloupe

**NO SCHOOL!** 22

**NO SCHOOL!** 29

## FRIDAY

**NO SCHOOL!** 2

**NO SCHOOL!** 9

**NO SCHOOL!** 16

**NO SCHOOL!** 23

**NO SCHOOL!** 30



Food and Nutrition Division  
Nutrition Assistance Programs



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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www.SquareMeals.org