

KILGORE PRIMARY LUNCH MENU

MONDAY



ENTRÉE 5
BBQ pulled pork sandwich
GRAIN/FRUIT/VEGETABLE
Baked beans
Celery & carrot sticks
Apple or Watermelon cubes

ENTRÉE 12
Chicken filet sandwich
GRAIN/FRUIT/VEGETABLE
Sweet potato fries
Celery & carrot sticks
Apple or Plum

ENTRÉE 19
Hamburger/cheeseburger
GRAIN/FRUIT/VEGETABLE
Potato tots
Ranch baby carrots
Apple or Peach

ENTRÉE 26
BBQ pulled pork sandwich
GRAIN/FRUIT/VEGETABLE
Baked beans
Veggie sticks
Apple or Mixed berries

TUESDAY



*Local TX beef, dairy, grains & produce featured on this menu. The beef is provided by a Pryor Cattle Co. in Henderson, TX. Produce items are grown & harvested in the great state of TX. Whole grain rich bread supplied by Flowers Baking company, Texas dairy products supplied by Hiland Dairy.

ENTRÉE 6
Crunchy beef tostadas*
GRAIN/FRUIT/VEGETABLE
Spanish rice
Cucumber & tomato salad
Sweet corn
Apple or Mixed berries

ENTRÉE 13
Pork carnitas street tacos
GRAIN/FRUIT/VEGETABLE
Spanish rice
Pinto beans
Cucumber & tomato salad
Apple or Cantaloupe

ENTRÉE 20
Beef nacho grande *
GRAIN/FRUIT/VEGETABLE
Spanish rice
Pinto beans
Cucumber & tomato salad
Apple or Melon mix

ENTRÉE 27
Crunchy beef tostadas *
GRAIN/FRUIT/VEGETABLE
Spanish rice
Cucumber & tomato salad
Sweet corn
Apple or Watermelon cubes

WEDNESDAY

5/31/23
ENTRÉE
Pizza cheesy sticks
GRAIN/FRUIT/VEGETABLE
Fresh mixed greens salad *
Roasted ranch broccoli
Applesauce or Strawberries

ENTRÉE 7
Thin crust pepperoni pizza
GRAIN/FRUIT/VEGETABLE
Fresh mixed greens salad *
Roasted ranch broccoli
Apple or Watermelon cubes

ENTRÉE 14
Spaghetti w/meat sauce *
GRAIN/FRUIT/VEGETABLE
Garlic breadstick
Fresh mixed greens salad *
Roasted ranch broccoli
Apple or Plum

ENTRÉE 21
Thin crust pepperoni pizza
GRAIN/FRUIT/VEGETABLE
Fresh mixed greens salad*
Roasted ranch broccoli
Apple or Peach

ENTRÉE 28
Chicken spaghetti
GRAIN/FRUIT/VEGETABLE
Garlic breadstick
Fresh mixed greens salad *
Roasted ranch broccoli
Apple or Mixed berries

THURSDAY

ENTRÉE 1
Popcorn chicken
GRAIN/FRUIT/VEGETABLE
Fresh baked maple biscuit
Emoticon potatoes
Veggie sticks
Applesauce or Strawberries

ENTRÉE 8
Steak strips
GRAIN/FRUIT/VEGETABLE
Fresh baked maple biscuit
Shoestring fries
Ranch baby carrots
Apple or Mixed berries

ENTRÉE 15
Popcorn chicken
GRAIN/FRUIT/VEGETABLE
Fresh baked maple biscuit
Emoticon potatoes
Veggie sticks
Apple or Cantaloupe

ENTRÉE 22
Steak strips
GRAIN/FRUIT/VEGETABLE
Fresh baked maple biscuit
Shoestring fries
Veggie sticks
Apple or Melon mix

ENTRÉE 29
Popcorn chicken
GRAIN/FRUIT/VEGETABLE
Fresh baked maple biscuit
Emoticon potatoes
Ranch baby carrots
Apple or Watermelon cubes

FRIDAY

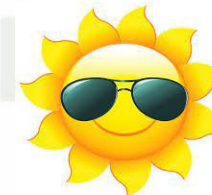
NO SCHOOL!

NO SCHOOL!

NO SCHOOL!

NO SCHOOL!

NO SCHOOL!



JUN 2023

GEAR UP FOR
PUSH-UP CHALLENGE



ANNOUNCEMENTS:

Also served with the lunch meal:
Variety of milk
Water is always available for students

Did you know...
Summer meals are FREE to all children up to age 18. Children do not need to be a student with KISD to receive a meal!

To find a summer meal site close to you...
Text 304-304
Or
Summerfood.org



Food and Nutrition Division
Nutrition Assistance Programs



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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www.SquareMeals.org