



High Schools Lunch Menu

May - June
2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Week 1</i>	May 22	May 23	May 24	May 25	May 26
Meat, Meat Alt. & Grain (Choose 1)	<ul style="list-style-type: none"> Philly Cheese Steak Wrap Corn Dog Chef Salad w./Baked Sun Chips & WG Muffin 	<ul style="list-style-type: none"> Orange Chicken & Brown Rice Fruit & Yogurt Parfait w/Granola Chef Salad w/Baked Chips & WG Muffin 	<ul style="list-style-type: none"> Soft Shell Taco w/Cheese Deli Sandwich Combo Chef Salad w/Baked Chips & WG Muffin 	<ul style="list-style-type: none"> Chicken Tenders w/Macaroni & Cheese Fruit Yogurt Parfait w/Granola Chef Salad w/Baked Sun Chips & WG Muffin 	<ul style="list-style-type: none"> Big Daddy Pepperoni Pizza Chicken Patty on a WG Bun Chef Salad w/Baked Sun Chips & WG Muffin
Vegetable (Choose 1-2)	<ul style="list-style-type: none"> Sweet Potato Seasoned Green Beans 	<ul style="list-style-type: none"> Seasoned Broccoli Toss Salad w/Lettuce & Tomato 	<ul style="list-style-type: none"> Black Beans Tater Tots Salsa Cup 	<ul style="list-style-type: none"> Fresh Carrot Sticks w/Dip Mixed Vegetables 	<ul style="list-style-type: none"> Corn on the Cob Spring Salad Mix
Fruit (Choose 1)	<ul style="list-style-type: none"> Fresh Apple Frozen Peach Cup 	<ul style="list-style-type: none"> Fresh Orange 100% Fruit Juice 	<ul style="list-style-type: none"> Seasonal Fresh Fruit Frozen Peach Cup 	<ul style="list-style-type: none"> Fresh Fruit in Season 100% Fruit Juice 	<ul style="list-style-type: none"> Fresh Peach Cup Fresh Seasonal Fruit
<i>Week 2</i>	May 29	May 30	May 31	June 1	June 2
Meat, Meat Alt. & Grain (Choose 1)	Holiday Memorial Day	<ul style="list-style-type: none"> RPS Burger w./ or w/o Cheese on a WG Bun Pizza Dippers Chef Salad w/Baked Sun Chips & WG Muffin 	<ul style="list-style-type: none"> Teriyaki Chicken w/Rice Deli Sandwich Combo Chef Salad w/Baked Sun Chips & WG Muffin 	<ul style="list-style-type: none"> Meatball Sub Fruit & Yogurt Parfait w/Granola Chef Salad w/Baked Sun Chips & WG Muffin 	<ul style="list-style-type: none"> Big Daddy's Cheese Pizza Chicken Patty on a WG Bun Chef Salad w/Baked Sun Chips & WG Muffin
Vegetable (Choose 1-2)		<ul style="list-style-type: none"> Baked Crinkle Cut Fries Carrots Sticks 	<ul style="list-style-type: none"> Black Beans Mixed Oriental Vegetables Carrot Sticks 	<ul style="list-style-type: none"> French Fries Broccoli Cup w/Ranch 	<ul style="list-style-type: none"> Seasoned Corn Spring Salad Mix w/Tomatoes
Fruit (Choose 1)		<ul style="list-style-type: none"> Fresh Orange 100% Fruit Juice 	<ul style="list-style-type: none"> Seasonal Fresh Fruit Frozen Peach Cup 	<ul style="list-style-type: none"> Fresh Fruit in Season 100% Fruit Juice 	<ul style="list-style-type: none"> Fresh Seasoned Fruit Frozen Peach Cup
<i>Week 3</i>	June 5	June 6	June 7	June 8	June 9
Meat, Meat Alt. & Grain (Choose 1)	<ul style="list-style-type: none"> Oven Baked Chicken w/Breadsticks Hotdog on a Bun Chef Salad w/Baked Sun Chips & WG Muffin 	<p><u>Breakfast for Lunch</u></p> <ul style="list-style-type: none"> Turkey Sausage French Toast Sticks Fruit & Yogurt Parfait w/Granola Chef Salad w/Baked Sun Chips & WG Muffin 	<ul style="list-style-type: none"> Big Daddy's Pepperoni Pizza Chicken Tender w/Roll Chef Salad w/Baked Sun Chips & WG Muffin 	Chef's Choice	Chef's Choice
Vegetable (Choose 1-2)	<ul style="list-style-type: none"> Baked Beans Waffle Fries 	<ul style="list-style-type: none"> Seasoned Corn Fresh Baby Carrots w/Dip 	<ul style="list-style-type: none"> Steamed Broccoli Sweet Potatoes 	Chef's Choice	Chef's Choice
Fruit (Choose 1)	<ul style="list-style-type: none"> Fresh Apple Frozen Peach Cup 	<ul style="list-style-type: none"> Fresh Orange 100% Fruit Juice 	<ul style="list-style-type: none"> Seasonal Fresh Fruit Frozen Peach Cup 	Chef's Choice	Chef's Choice
Milk (Choose 1 per meal)	LF White LF Chocolate FF Skim				