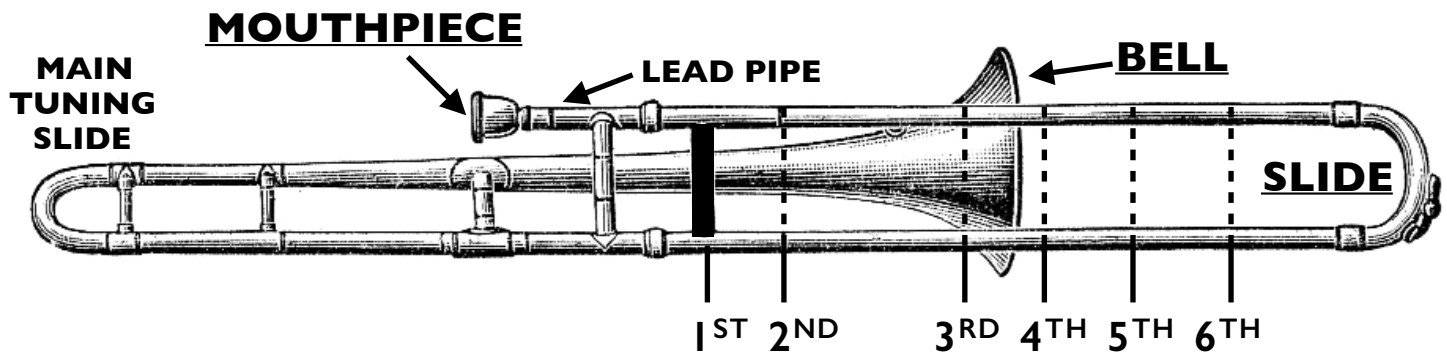




one parts & maintenance

1. Instrument Parts: Drop mouthpiece in vertically and give a $\frac{1}{4}$ inch twist to secure it. Drop bell vertically into the slide & secure.
2. Maintenance: Clear out water after every use. Oil slide every day. Never let it lean, always place on the floor. Warm water bath every month. Make sure to move all slides once a week to prevent the part becoming stuck.

1. How to Sit: Feet flat on the floor in front of the knees on the edge of the chair. The slide is to the left of the stand, just under the stand. Do not play to the ground. Trombone should be an "L".
2. Hand Placements: Right hand 3 fingers to hold the slide. Left hand forms a 3-finger gun with the thumb holding one bar, and the other 2 fingers holding the other bar.

two posture & holding

1. How to Breathe: Inhale to the gut saying "WHAAA". Chest & shoulders do not move. It should sound dark like Darth Vader breathing. Blow fast, focused air out using "Tow". Blow fast enough to keep paper against the wall.
2. How to form the Embouchure: "Tow". Corners firm. Center of the lips do not touch, as wide as your thumb. No puffing cheeks.

three breathing & embouchure

1. How to tongue: Start with tongue behind top teeth where teeth meet the top of the mouth. Blow "Tow" with fast air while releasing the tongue. Repeat to tongue. Ninja slices, No pulsing!
2. Name Rhythms & their values:

WHOLE NOTE
4 BEATS

HALF NOTE
2 BEATS

QUARTER NOTE
1 BEAT

four articulation & rhythms

first 3 notes five

1. First 3 Notes: Concert Pitches F, Eb, D.
2. Fingering Chart: Show how a fingering chart works. Where the notes are on the staff.
3. Exercises: Play as many exercises as possible in the book.