



one parts & maintenance

1. Instrument Parts: Make sure that the tone hole lines up with body pads. The foot rod lines up with the body pads too.

2. Maintenance: Wipe off finger oils after use. Clean pads with tissue to remove build up. Swab headjoint and body after every use. Moisture ruins the pads. How to break apart on chair.

1. How to Sit: Feet flat on the floor in front of the knees on the edge of the chair. Left knee points forward, right knee is out 90°.

2. Hand Placements: (As above) Use the side of the left thumb to depress the key. Right thumb pinches under index finger. Use finger tips and curl hands like holding a ball. No fingers on rods.

two posture & holding

1. How to Breathe: Inhale to the gut saying "WHAAA". Chest & shoulders do not move. It should sound dark like Darth Vader breathing. Blow fast, focused air out using "TUUUU". Blow fast enough to keep paper against the wall.

2. How to form the Embouchure: "Weee - Tooo". Hand blowing.

three breathing & embouchure

1. How to tongue: Start with tongue behind top teeth where teeth meet the top of the mouth. Blow "Tooo" with fast air while releasing the tongue. Repeat to tongue. Ninja slices, No pulsing!

2. Name Rhythms & their values:

WHOLE NOTE
4 BEATS

HALF NOTE
2 BEATS

QUARTER NOTE
1 BEAT

four articulation & rhythms

first 3 notes five

1. First 3 Notes: Concert Pitches F, Eb, D.

2. Fingering Chart: Show how a fingering chart works. Where the notes are on the staff.

3. Exercises: Play as many exercises as possible in the book.