



Talk to someone you can trust

Reach a Kaiser Permanente doctor by phone, video, or email, and see the benefits of connected care.¹



Teams that know your needs

Get care 24/7 from doctors and nurses who can see your health history and talk to your personal doctor.



Faster ways to get care

Get quick answers from your doctor by phone – no need to fill out extra forms or sign up with another company.



Follow-up options at your fingertips

Use our app or go online to view lab results, email your doctor's office with nonurgent questions, or schedule your next visit.



Your life, your health, and your care – all connected

Choose how to fit care into your life, with support that's available from day one.

Get the care you need – wherever you are – at kp.org/getcare.



When you need care outside the doctor's office, who do you want to talk to?

Someone who knows about your recent ear infection? And what you're allergic to?

No extra fees.² No unnecessary care. It's all part of your plan.

Sick at home? Stuck at work? You can quickly connect to a whole support team, and get personalized, high-quality care. It's how we help you thrive.

- **Trusted advice, 24/7** – from skilled caregivers who know your medications, allergies, and health risks any time you call
- **Access to world-class specialists** – on hand to get you the right care quickly, which means you don't need to search for a specialist or file a claim
- **All your records, in one place** – so you can access doctors' notes, appointments, prescriptions, and more, using a secure system

¹When appropriate and available.

²For phone appointments and video visits with most plans. Check your plan documents or *Evidence of Coverage* for more information.