

# JUNE 2023

## GLUTEN FREE



Elementary Lunch \$3.10  
 Secondary Lunch \$3.30  
 Just Milk \$.60  
 Extra Entree \$2.75



**Nutrition Tip:** Yogurt can be eaten in lots of fun ways. It can be made into a dip for fruits or veggies, used as a base for sauces or substituted for sour cream to top off your taco or baked potato. Try using yogurt in a smoothie to celebrate National Smoothie Day on June 22. Menu is subject to change.  
 This institution is an equal opportunity provider.

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Walking Taco  
 Shred Romaine Lettuce  
 Bean of choice  
 Variety of Fruit **1**

Turkey Gravy  
 Mashed Potato  
 Sliced Bread x 2  
 Garden Salad  
 Cherry Tomatoes  
 Variety of Fruit **2**

Pasta  
 Meat Sauce  
 Sliced Bread  
 Sunset Sip  
 Celery Stick  
 Variety of Fruit **5**

Hot Dog  
 Baked Beans  
 Green Beans  
 Chips  
 Variety of Fruit **6**

**ENJOY YOUR SUMMER!**

