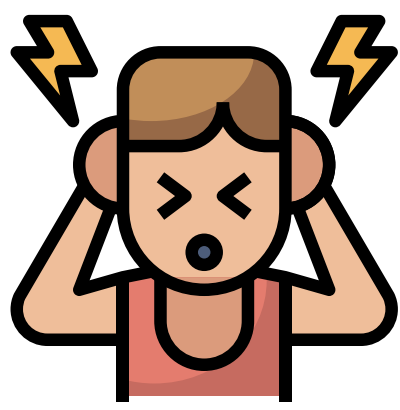
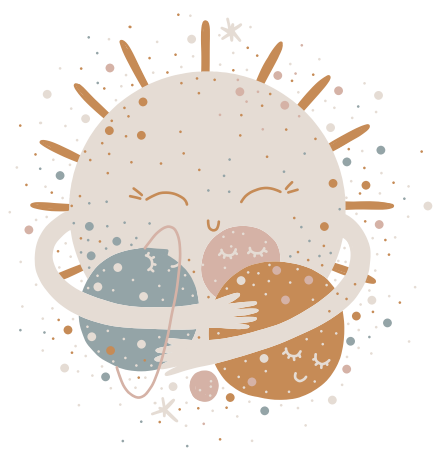


NMUSD Life Hacks for Test Anxiety



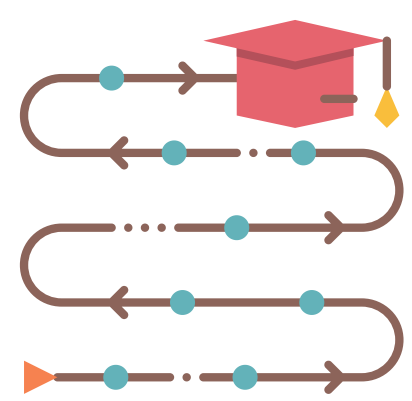
What is test anxiety?



Ways to support your child



Words of encouragement



Create a study plan together

