

SHABBAT TAKE OUT MENU

ORDER BY MIDNIGHT ON MONDAY ~ PICK UP ON THURSDAY

at 3:30pm - 5pm at MJCC

Challah Rolls	4 Rolls	\$6.00
Chicken Soup	Quart	\$10.00
Chicken broth, meat, vegetables, dill, parsley & orzo.		
Lentil Soup	Quart	\$9.00
Brown lentils, Swiss chard, onion & sumac.		
Soup of the Week	Quart	\$9.00
Same soup as Tuesday night Menu.		
Roasted Vegetable Platter	Gf V 24 oz	\$12.00
Green beans, cauliflower, carrots, bell peppers, mushrooms, garlic & fresh basil.		
Sauteed Green Beans & Red Peppers	Gf V 20 oz	\$9.00
With Sumac & Olive Oil.		
Potato Kugel	Gf 24 oz	\$10.00
Traditional potato & onion kugel.		
Roast Red Potatoes	Gf 24oz	\$9.00
Prepared with Rosemary & sea salt.		
Beef Kafta Kebab	5 x 3oz	\$19.50
Ground beef, onion, bulgar wheat & parsley.		
Slow Cooked Brisket	Gf 12 oz	\$17.50
Sliced beef brisket with mushroom gravy.		
Lemon Thyme Chicken	Gf 1 lb	\$10.75
Half a chicken roasted with fresh thyme & lemons		
Salmon Cakes	12 oz	\$17.00
Seared salmon cakes with caper dill remoulade.		

Chicken Schnitzel		1 per portion	\$13.00
Classic chicken breast schnitzel.			
Roast Salmon	Gf	12 oz	\$18.00
Cooked in lemon juice, white wine & Dill.			
Beef & Lamb Meatballs		6 x 3oz	\$22.00
Braised with roasted garlic, Marinara sauce & herbs.			
Egg Salad	Gf	12 oz	\$7.00
Classic egg salad garnished with green onions.			
Tuna Salad	Gf	12 oz	\$8.00
Albacore Tuna, celery, red onion, dill, capers & mayo.			
White Fish Spread		8oz	\$14.00
Hummus	Gf V	8 oz	\$5.00
Tahini	Gf V	8 oz	\$5.00
Baba Ghanooj	Gf V	8 oz	\$5.00
Salad of the Week	V		\$7.50
Same as special salad on Tuesday night menu.			
Mixed Vegetable Salad	GF V	12 oz	\$5.50
Tomato, cukes, bell pepper, red & green onion, parsley, garlic, lemon juice & olive oil.			
Tabouli	V	12 oz	\$5.50
Parsely salad w/bulgar wheat, tomato, cukes, bell pepper, onion, lemon juice & olive oil.			
Coleslaw	Gf V	12 oz	\$5.50
Shredded cabbage & carrots with lemon juice & olive oil.			
Potato Salad	Gf V	12 oz	\$5.50
Mediterranean Potato Salad with green onion, garlic, red wine vinegar & olive oil.			
Fried Eggplant Salad	Gf V	12 oz	\$6.00
Fried eggplant with green onion, garlic & red wine vinegar.			