
SAISD GYMNASTICS
Summer 2023
Boys & Girls Developmental Gymnastics
659-3400 Ext 164/165

This program is designed to develop and enhance basic motor skills, strength, flexibility, coordination and positive attitudes that will enhance athletic skills through proper body awareness and mechanics. The classes will be led by qualified instructors using the fundamental techniques and concepts of tumbling skills and the gymnastics apparatus.

SESSION DATES: July 11, 13, 18, 20, 25, 27

Fee: \$60

AGE GROUP GYMNASTICS:

4-7 years: 3-4 pm

8 yrs & up: 4-5 pm

OPEN REGISTRATION FOR THE SUMMER BEGINS May 1st M – Th. 9 am- 5 p.m. thru May 24th at the Central High School Gymnastics Building. WE WILL BE CLOSED MAY 8TH. Return to gymnastics building or front office desk. For more information. Email: tony.walker@saisd.org or kern.arrott@saisd.org

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SUMMER 2023 REGISTRATION

Date _____ Yrs. of Experience _____ M _____ F _____

Name _____ Birth date _____ Age _____

Address _____ City _____ ZIP _____

Parent/Guardian _____ Contact number _____

Emergency contact _____ Email _____

WAIVER ON BACK MUST BE SIGNED BEFORE STUDENT MAY PARTICIPATE

GYMNASTICS FEE: SUMMER SESSION \$70. REFUNDS ONLY IF CLASS OR CLASSES DO NOT MAKE.

Please check the appropriate class:

4-7 yrs (3:00) _____ 8 yrs & up (4:00) _____

CHECKS PAYABLE TO: SAISD GYMNASTICS. FOR INFORMATION Email: tony.walker@saisd.org or kern.arrott@saisd.org

Office Use Only:
Amount Received _____ Date Received _____ Check # _____ Cash _____

GENERAL GYMNASTICS INFORMATION

- ATTIRE: **NO SHOES, SOCKS OPTIONAL**
Girls: Leotard (tights optional), **NO T-SHIRTS**
Boys: T-shirt and gym shorts
- HAIR: **Needs to be pulled or put up out of the participants face.**
- GUM, FOOD, & DRINKS: **Please no food or drinks allowed in gym**
- BEHAVIOR: **Appropriate school behavior is expected of the gymnast at all times.**
- VISITORS: **For the benefit and safety of your child and the other children in the class, it is asked that parents, friends and family members observe classes from the bleachers. No one other than coaches and gymnast will be permitted in the gymnastics area. This policy is observed for the safety and instruction of the participating gymnast. Please do not allow children not enrolled in the class to play on equipment. Your cooperation will be greatly appreciated!**
- PUNCTUALITY: **Please do not drop your child off more than 15 minutes prior to the class and please be there to pick your child up on time.**

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MINOR CONSENT AND ASSUMPTION OF RISK STATEMENT

I/We fully understand and will instruct the participant that:

1. There are risks and dangers associated with participation in gymnastics events and activities including but not limited to those of bodily injury, partial and/or total disability, paralysis and death.
2. The social and economic losses and/or damages which could result from those risk and dangers above could be severe.
3. Those risks and dangers may be caused by the negligence of the participant or the negligence of others.
4. There may be other risk not known to us or are not reasonably foreseeable at this time.

IT IS UNDERSTOOD THAT EVEN THOUGH SAFETY PRECAUTIONS ARE TAKEN, THE POSSIBILITY OF AN ACCIDENT STILL REMAINS. THE SAISD ASSUMES NO RESPONSIBILITY IN CASE AN ACCIDENT OCCURS.

If, in the judgment of any representative of the school, the above student should need immediate care and treatment as a result of any injury or sickness, I do hereby request, authorize, and consent to such care and treatment as may be given said student by any physician, trainer, nurse or school representative, and I do hereby agree to indemnify and save harmless the school and any school representative from any claim by and person whomsoever on account of care and treatment of said student. I believe that the above student is in adequate physical condition to participate in gymnastics.

Date: _____

Signature of Parent/Guardian _____