

HYPOGLYCEMIA GUIDELINES

STANDARD EMERGENCY CARE STEPS FOR HYPOGLYCEMIA EMERGENCIES

HYPOGLYCEMIA (LOW BLOOD SUGAR)

Possible signs/symptoms:

Shaky	Vision changes	Confusion	Severe:
Cold, clammy skin	Hungry	Drowsy	Unresponsive
Headache	Sweaty	Weakness	Unconscious
Mood changes	Nervous		Seizures

Actions:

Do not send student to health office alone.

1. Test the student's blood sugar.
2. If unable to do #1, treat student as if blood sugar is low. If student awake and responsive:
 - a. Give fast acting sugar to student as prescribed by doctor.
 - b. Monitor student in health room for 15 minutes.
 - c. Retest blood sugar. If still low, give student another fast-acting sugar, and retest in 15 minutes.
 - d. Once blood sugar is within normal limits, if there is more than 1 hour until lunch, give them a snack containing protein (such as meat sandwich, cheese and crackers, etc.).
3. Follow doctor's orders for the individual student.

If student has symptoms of severe low blood sugar:

1. *Go to student, delegate call to 911 and parent.*
2. *Follow physician's orders for administration of glucagon. **ONLY TRAINED STAFF CAN ADMINISTER GLUCAGON.***
3. *Turn student on side, monitor for pulse and breathing; CPR as indicated, await arrival of paramedics.*