

## **INSECT STING GUIDELINES**

### **STANDARD EMERGENCY CARE STEPS FOR INSECT STINGS**

Office/health room staff will observe the student for at least 30 minutes. If no signs of reaction are noted, the student will be sent to class and alert teacher of the episode.

If present, the stinger will be removed immediately (by scraping the stinger away, not by squeezing or pulling.)

If your child has medication at school, it will be given per physician's/parent's instructions.

Ice or cold compresses will be applied to sting site.

Parents will be notified that their child has had an insect sting/bite.

If emergency (**anaphylactic**) symptoms are exhibited,

EpiPen will be administered by trained staff person and **911** called. Parents and school nurse will be notified.

#### **POSSIBLE SIGNS/SYMPTOMS OF ANAPHYLAXIS:**

**SNEEZING, WHEEZING, OR COUGHING**  
**SHORTNESS OF BREATH OR DIFFICULTY BREATHING**  
**TIGHTNESS OF CHEST**  
**ITCHING, WITH OR WITHOUT HIVES**  
**RAISED RED RASH ANYWHERE ON THE BODY**  
**DIFFICULTY SWALLOWING**  
**SWELLING OF EYES, LIPS, FACE, TONGUE, THROAT OR ELSEWHERE**  
**HOARSENESS**  
**SWEATING AND ANXIETY**  
**NAUSEA, ABDOMINAL PAIN, VOMITING AND DIARRHEA**  
**SKIN FLUSHING OR EXTREME PALLOR**  
**BURNING SENSATION, ESPECIALLY FACE OR CHEST**  
**DIZZINESS AND/OR FAINTING**  
**INVOLUNTARY BOWEL OR BLADDER ACTION**  
**SENSE OF IMPENDING DOOM**  
**RAPID OR WEAK PULSE**  
**BLUENESS AROUND LIPS, INSIDE LIPS, EYELIDS**  
**LOSS OF CONSCIOUSNESS**

01/2003