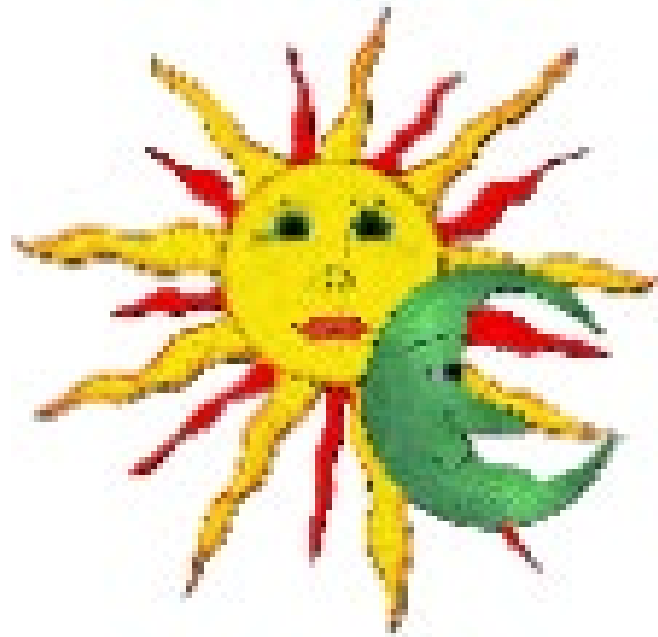


**School-Level COVID-19 Management Plan**  
**2022-23 School Year**



**School/District/Program Information**

District or Education Service District Name and ID: ***St. Helens School District 502***


School or Program Name: ***Plymouth High School***

Contact Name and Title: ***Ron Hernley, Principal***

Contact Phone: ***503-366-3207***

Contact Email: [\*\*\*ronh@sthelens.k12.or.us\*\*\*](mailto:ronh@sthelens.k12.or.us)

Table 1.

	<p><b>Policies, protocols, procedures, and plans already in place</b></p> <p>Provide hyperlinks to any documents or other resources currently utilized in your school/district. Consider adding a brief description about how each is used within your school.</p>
<p><b>School District Communicable Disease Management Plan</b>  <a href="#">OAR 581-022-2220</a></p>	<p><a href="#">SHSD Comprehensive Communicable Disease Management Plan</a>  <a href="#">Policy JHCC - Communicable Diseases - Students</a>  <a href="#">Procedure JHCC-AR - Communicable Diseases - Students</a>  <a href="#">Policy GBEB - Communicable Diseases - Staff</a>  <a href="#">Procedure GBEB-AR - Communicable Diseases - Staff</a></p> <ul style="list-style-type: none"> <li>The District uses the Comprehensive Communicable Disease Management Plan and Board Policy to prepare and respond to student/staff/community illness.</li> </ul>
<p><b>Exclusion Measures</b>          Exclusion of students and staff who are diagnosed with certain communicable diseases  <a href="#">OAR 333-019-0010</a></p>	<p><a href="#">Policy JHCC - Communicable Diseases - Students</a>  <a href="#">Procedure JHCC-AR - Communicable Diseases - Students</a>  <a href="#">Policy GBEB - Communicable Diseases - Staff</a>  <a href="#">Procedure GBEB-AR - Communicable Diseases - Staff</a></p> <ul style="list-style-type: none"> <li>To protect the health of the school district and community, an individual who attends or works at a school or district facility may not attend or work at a school or facility while in a communicable stage of a restrictable disease, unless otherwise authorized to do so under OAR 333-019-0010.</li> </ul>
<p><b>Isolation Space</b>          Requires a prevention-oriented health services program including a dedicated space to isolate sick students and to provide services for students with special health care needs.  <a href="#">OAR 581-022-2220</a></p>	<ul style="list-style-type: none"> <li>A designated primary isolation area will be used for students and staff who are symptomatic.</li> <li>All staff and students entering the isolation room will be logged.</li> <li>Students may be asked to wear a mask</li> <li>Symptomatic students will remain at school until a designated adult can pick them up.</li> <li>Staff will be assigned to supervise students who are symptomatic, should maintain at least six feet of distance and should wear facial coverings.</li> </ul>
<p><b>Educator Vaccination</b>  <a href="#">OAR 333-019-1030</a></p>	<ul style="list-style-type: none"> <li>Proof of vaccination or an approved medical or religious exception is required for all teachers, staff, and volunteers.</li> </ul>



## Policies, protocols, procedures, and plans already in place

Provide hyperlinks to any documents or other resources currently utilized in your school/district. Consider adding a brief description about how each is used within your school.

- The District takes reasonable steps to protect teachers, staff, and volunteers with approved exceptions from contracting or spreading COVID-19.

**Emergency Plan or  
Emergency Operations Plan**  
[OAR 581-022-2225](#)

[Policy JH - Student Welfare](#)  
[Policy JHF - Student Safety](#)

**Additional documents  
reference here:**



## SECTION 1. Clarifying Roles and Responsibilities

Identifying roles central to communicable disease management. Clarifying responsibilities related to communicable disease response is a first step in keeping communities healthy and safe. In general, decisions of school health and safety reside with school and district officials. Together with local public health officials, school/district administrators should consult a variety of individuals when making decisions about health and safety in school.

**Table 2. Roles and Responsibilities**

School planning team members	Responsibilities:	Primary Contact (Name/Title):	Alternative Contact:
<b><i>Building Lead / Administrator</i></b>	<ul style="list-style-type: none"> <li>• Educates staff, families, and students on policies regarding visitors and volunteers, ensuring health and safety are being maintained.</li> <li>• In consultation with district leadership and LPHA staff, determines the level and type of response that is required/necessary.</li> <li>• Acts as key spokesperson to communicate health-related matters within school community members, health partners, and other local partners.</li> </ul>	Katy Wagner, Principal	Ted Hirning, Asst. Principal Michael Lady, Asst Principal
<b><i>School Safety Team Representative (or staff member knowledgeable about risks within a school, emergency response, or operations planning)</i></b>	<ul style="list-style-type: none"> <li>• Trains staff at the start of the academic year and at periodic intervals on communicable disease management procedures.</li> <li>• Leads debrief of communicable disease event, informing continuous improvement of the planning, prevention, response, and recovery system.</li> </ul>	Katy Wagner, Principal	Ted Hirning, Asst. Principal Michael Lady, Asst Principal

School planning team members	Responsibilities:	Primary Contact (Name/Title):	Alternative Contact:
<b>Health Representative</b> (health aid, administrator, school/district nurse, ESD support)	<ul style="list-style-type: none"> <li>Supports building lead/administrator in determining the level and type of response that is necessary.</li> <li>Reports to the LPHA any cluster of illness among staff or students.</li> <li>Provides requested logs and information to the LPHA in a timely manner.</li> </ul>	Pete Moshinsky, Executive Director of Human Resources	Charlie Saarinen, District Nurse
<b>School Support Staff</b> as needed (transportation, food service, maintenance/custodial)	<ul style="list-style-type: none"> <li>Advises on prevention/response procedures that are required to maintain student services.</li> </ul>	Pete Moshinsky, Executive Director of Human Resources  Misty Crawford, Director of Nutrition  Jessica Seay, Business Manager	Jared Plahn, Director of Facilities
<b>Communications Lead</b> (staff member responsible for ensuring internal/external messaging is completed)	<ul style="list-style-type: none"> <li>Ensures accurate, clear, and timely information is communicated including those who may have been exposed, a description of how the school is responding, and action community members can take to protect their health.</li> <li>Shares communications in all languages relevant to school community.</li> </ul>	Stacey Mendoza, Director of Communication	Scot Stockwell, Superintendent
<b>District Level Leadership Support</b> (staff member in which to consult surrounding a communicable disease event)	<ul style="list-style-type: none"> <li>Has responsibility over COVID-19 response during periods of high transmission. May act as school level support to Building lead/Administrator activating a scaled response.</li> <li>Responds to media inquiries during the communicable disease event and ensures that those</li> </ul>	Stacey Mendoza, Director of Communication  Pete Moshinsky, Executive Director of Human Resources	Scot Stockwell, Superintendent

School planning team members	Responsibilities:	Primary Contact (Name/Title):	Alternative Contact:
	responsible for communication are designated speakers.		
<b>Main Contact within Local Public Health Authority</b> (LPHA)	<ul style="list-style-type: none"> <li>• Notifies Building Lead/Administrator of communicable disease outbreak and offers recommendations for appropriate response.</li> <li>• Key spokesperson to communicate on health-related matters with community members, health facility staff, and other local community partners.</li> </ul>	Stacey Mendoza, Director of Communication  Pete Moshinsky, Executive Director of Human Resources	Scot Stockwell, Superintendent
Others as identified by team			



## Section 2. Equity and Mental Health

### Preparing a plan that centers on equity and supports mental health

Preparing a school to manage COVID-19 requires an inclusive and holistic approach to protect access to in-person learning for all students. In this section suggested resources are offered to help prepare for COVID-19 management while centering an equitable and caring response.

#### Centering Equity

Identify existing district or school plans and tools that can be utilized when centering equity in prevention, response, and recovery from incidents of COVID-19 (e.g., district or school equity plans/stances/lenses/decision tools, Equity Committee or Team protocols, district or school systems for including student voice, existing agreements or community engagement or consultation models, Tribal Consultation<sup>1</sup>, etc.)

- [Link to ODE Equity Tool](#)
- [Restorative Practice/Restorative Justice - Oregon.gov](#)



#### Suggested Resources:

1. [Equity Decision Tools](#) for School Leaders
2. [Oregon Data for Decisions Guide](#)
3. [Oregon's COVID-19 Data Dashboards](#) by Oregon Health Authority COVID-19
4. [Data for Decisions Dashboard](#)
5. [Community Engagement Toolkit](#)
6. [Tribal Consultation Toolkit](#)

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<sup>1</sup> Tribal Consultation is a separate process from stakeholder engagement; consultation recognizes and affirms tribal rights of self-government and tribal sovereignty, and mandates state government to work with American Indian nations on a [government-to-government](#) basis.

**Table 3.**

**Centering Equity**

OHA/ODE Recommendation(s)	Response:
<p>Describe how you identify those in your school setting that are disproportionately impacted by COVID-19 and which students and families may need differentiated or additional support.</p>	<p>SHSD administrators &amp; staff identify and determine appropriate support using the elementary and secondary RTI process, during PLC's, and grade level /content area team meetings.</p> <p>SHSD School administrators and staff devote time to gather data, get to know and connect with students at the beginning of the school year, during advisory periods/home rooms, regular class times, and passing times on a daily basis.</p> <p>Administrators and staff collaborate and plan activities to identify the needs of students and families throughout the year.</p>
<p>Describe the process by which the school will implement a differentiated plan for those that are disproportionately impacted, historically underserved or at higher risk of negative impacts or complications related to COVID-19.</p>	<p>SHSD utilizes ODE's equity lens when making decisions and developing strategies to support SHSD students and families.</p> <p>SHSD has opened a Family Resource Center (FRC) and staffed it with bilingual family liaison. The FRC is connecting our traditionally underserved and/or marginalized students and families with our schools. They provide targeted support and supplemental services to students and families in need.</p>
<p>What support, training or logistics need to be in place to ensure that the named strategies are understood, implemented, and monitored successfully.</p>	<p>Regular communication with our Public Health Department and nurses to review data and to ensure we have current guidelines and necessary safety measures.</p> <p>Ongoing collaboration among our Instructional Coaches, Student Services Staff, and Equity and Teaching and Learning Department to coordinate learning and PD opportunities that are founded on culturally responsive practices.</p>



# Mental Health Supports

Schools are encouraged to continue to prioritize cultivating care, connection, and community to support the mental, emotional, and social health and well-being of students, families, staff, and administrators.

Identify existing district or school plans and tools that can be utilized in supporting student and staff wellbeing and mental health during prevention, response, and recovery from incidents of COVID-19 (e.g., counseling services; partnerships with community mental and behavioral health providers; school district suicide prevention, intervention, and postvention plan; School-Based Health Center resources; tribal resources, etc.)



**Suggested Resources:**

1. ODE [Mental Health Toolkit](#)
2. [Care and Connection](#) Program
3. Statewide [interactive map of Care and Connection examples](#)
4. [Care and Connection District Examples](#)
5. Oregon Health Authority [Youth Suicide Prevention](#)

**Table 4. Mental Health Supports**

OHA/ODE Recommendation(s)	Response:
Describe how you will devote time for students and staff to connect and build relationships.	<p>Staff will dedicate time to the care and connection of students. Plans include:</p> <ul style="list-style-type: none"> <li>● Supports for welcoming students</li> <li>● Engagement activities</li> <li>● Student/Staff Wellness</li> <li>● Greeting students in the morning</li> <li>● Wellness Committee</li> <li>● Self-care</li> </ul>

OHA/ODE Recommendation(s)	Response:
	<ul style="list-style-type: none"> <li>● Relationship building</li> <li>● Family support</li> <li>● Dedicated SEL each week</li> <li>● Advisory periods at the secondary level and morning meetings at the elementary schools will provide opportunities for relationship building and reflection.</li> </ul>
<p>Describe how you will ensure class time, and individual time if needed, for creative opportunities that allow students and staff to explore and process their experiences.</p>	<p>Elementary schools have a daily built-in meeting in their schedules. Advisory periods are set for both high school and middle schools that allows for them to connect and support the emotional well-being of students.</p>
<p>Describe how you will link staff, students and families with culturally relevant health and mental health services and supports.</p>	<p>The District is partnering with Columbia Health Services to support students and staff mental health and wellness.</p> <p>The District has hired a Director of Culture and Care to build capacity for SEL. Activities and events are planned throughout the school year.</p> <p>St. Helens School District has two School-Based Health Centers, which provides direct access to behavioral health providers.</p>
<p>Describe how you will foster peer/student lead initiatives on wellbeing and mental health.</p>	<p>SHSD student leadership teams, clubs, and activities in each building lead building-level student initiatives to support student mental health and wellbeing.</p> <p>All schools K-12 are implementing Sources of Strength programs.</p> <p>The St. Helens County School District also follows School Board Policies <a href="#">GBEB</a>, <a href="#">GBEB-AR</a>, <a href="#">JHCC</a>, and <a href="#">JHCC-AR</a></p>

OHA/ODE Recommendation(s)	Response:
	<p>The District Safety Officer is responsible for the oversight of establishing, implementing, and enforcing physical distancing requirements. The head custodian and/or designee will oversee physical distancing requirements at each site</p> <p>Along with <a href="#">school board policy JHC - Student Health Services and Requirements</a>, school nurse and nurse assistants support a prevention-oriented health services program for all students. Please see SHSD Communicable Disease Management Plan for more details</p> <ul style="list-style-type: none"> <li>• Schools will practice appropriate communicable disease isolation and exclusion measures.</li> <li>• Staff will participate in required health services related training to maintain health services practices in the school setting.</li> <li>• COVID-19 specific infection control practices for staff and students will be communicated.</li> <li>• Review of 504 and IEP accommodations and IHP’s will be advised to address vulnerable populations.</li> <li>• Immunization processes will be addressed as per routine timeline, which prioritizes the beginning of the year and new students.</li> <li>• Continuity of existing health management issues will have a plan for sustaining operations alongside COVID-19 specific planning (e.g. diabetic care, medication administration).</li> </ul> <p>The St. Helens School District also has developed systems at each school with a multi-tiered system of support that ranges from curriculum-based universal prevention programs, to safety- based crisis interventions. These offerings include suicide prevention services, behavioral safety assessments, access to the Safe Oregon Tip Line, and positive school culture and climate support.</p>



### Section 3. COVID-19 Outbreak Prevention, Response & Recovery: Implementing mitigation activities, responding to periods of increased transmission, resuming baseline level mitigation, and debriefing actions to improve the process

Planning for and implementing proactive health and safety mitigation measures assists schools in reducing COVID-19 transmission within the school environment for students, staff, and community members. COVID-19 will continue to circulate in our communities and our schools for the indefinite future. Schools will utilize different mitigation measures based on COVID-19 transmission within their facilities and communities. In the following section, teams will document their school’s approach to the CDC, OHA and ODE advised health and safety measures at baseline, during increased COVID-19 transmission, and as they roll back the increased mitigating measures, incorporating lessons learned.



#### Suggested Resources:

1. [CDC Guidance for COVID-19 Prevention in K-12 Schools](#)
2. [Communicable Disease Guidance for Schools](#) which includes information regarding
  - Symptom-Based Exclusion Guidelines (pages 8-12)
  - Transmission Routes (pages 29-32)
  - Prevention or Mitigation Measures (pages 5-6)
  - School Attendance Restrictions and Reporting (page 33)
3. [COVID-19 Investigative Guidelines](#)
4. [Planning for COVID-19 Scenarios in School](#)
5. [CDC COVID-19 Community Levels](#)
6. [Supports for Continuity of Services](#)

**Table 5. COVID-19 Mitigating Measures**

OHA/ODE Recommendation(s) Layered Health and Safety Measures	BASELINE MEASURES: describe what mitigating measures will the school implement all of the time, each and every day of the school year to reduce the spread of COVID-19 and protect in-person instruction?
COVID-19 Vaccination	<p><i>CDC, OHA, and ODE recommend COVID-19 vaccination for all eligible individuals. Please include whether your school will offer COVID-19 vaccine clinics or notices about where to access vaccines in your community.</i></p> <p>The District complies with <a href="#">Policy JHCC</a> and <a href="#">JHCC-AR</a> regarding Communicable Diseases and Students.</p>

OHA/ODE Recommendation(s) Layered Health and Safety Measures	BASELINE MEASURES: describe what mitigating measures will the school implement all of the time, each and every day of the school year to reduce the spread of COVID-19 and protect in-person instruction?
	<p>Staff comply with Communicable Disease Policy and Procedure <a href="#">GBEB</a> and <a href="#">GBEB-AR</a>.</p> <p>The District, in partnership with the LPHA and Columbia Health Services have offered and will continue to offer opportunities for all staff to be vaccinated. All staff must show proof of vaccination or have an approved religious or medical exception.</p> <p>CDC guidance states that people who are fully vaccinated and do not have COVID-19 symptoms do not need to quarantine or get tested after an exposure to someone with COVID-19. This guidance protects the student’s access to in-person learning, sports, and extracurricular activities.</p>
Face Coverings	<p><b>Facial coverings for staff:</b></p> <ul style="list-style-type: none"> <li>● SHSD employees may choose to wear face coverings</li> <li>● Disposable face coverings will be available at all District sites if needed.</li> </ul> <p><b>Facial Coverings for students:</b></p> <ul style="list-style-type: none"> <li>● SHSD students may choose to wear face coverings</li> <li>● Disposable face coverings will be available if needed.</li> </ul>
Isolation	<p><b>Isolation:</b> It is the expectation that students and/or parents and staff self-screen for primary COVID symptoms prior to arriving at school.</p> <ul style="list-style-type: none"> <li>● Primary symptoms of concern: cough, fever (of greater than 100.4°F) or chills, shortness of breath, difficulty breathing, or new loss of taste or smell.</li> <li>● Designate isolation areas will be used for students and staff who are symptomatic.</li> <li>● Injury only will wait for the parent in the office <b>reception room</b> or designated area.</li> <li>● Symptomatic students will remain at school until a designated adult can pick them up or transportation is arranged.</li> </ul>

OHA/ODE Recommendation(s) Layered Health and Safety Measures	BASELINE MEASURES: describe what mitigating measures will the school implement all of the time, each and every day of the school year to reduce the spread of COVID-19 and protect in-person instruction?
	<ul style="list-style-type: none"> <li>● Staff will be trained and assigned to supervise students who are symptomatic, and will need to maintain at least six feet of distance and wear facial coverings. <ul style="list-style-type: none"> <li>● District will provide medical grade PPE (e.g. KN95 facial coverings, face shields, gloves, and gowns) for this purpose</li> </ul> </li> <li>● Logs must be maintained for every student who enters the health room, regardless of whether they are treated or sent home. Logs will include: <ul style="list-style-type: none"> <li>● Name of student</li> <li>● Reported symptoms/reason for health room visit</li> <li>● Action taken</li> </ul> </li> </ul>
Symptom Screening	<p><b>Screening:</b> It is the expectation that students and/or parents and staff self-screen for primary COVID symptoms prior to arriving at school.</p> <ul style="list-style-type: none"> <li>● Primary symptoms of concern: cough, fever (of greater than 100.4°F) or chills, shortness of breath, difficulty breathing, or new loss of taste or smell.</li> <li>● Injury only will wait for parent in <b>office reception room</b></li> <li>● Symptomatic students will remain at school until a designated adult can pick them up or transportation is arranged.</li> <li>● Staff will be trained and assigned to supervise students who are symptomatic, should maintain at least six feet of distance and wear facial coverings. <ul style="list-style-type: none"> <li>● District will provide medical grade PPE (e.g. KN95 facial coverings, face shields, gloves, and gowns) for this purpose</li> </ul> </li> <li>● Logs must be maintained for every student who enters the health room, regardless of whether they are treated or sent home. Logs will include:</li> </ul>

OHA/ODE Recommendation(s) Layered Health and Safety Measures	BASELINE MEASURES: describe what mitigating measures will the school implement all of the time, each and every day of the school year to reduce the spread of COVID-19 and protect in-person instruction?
	<ul style="list-style-type: none"> <li>• Name of student</li> <li>• Reported symptoms/reason for health room visit</li> <li>• Action taken</li> </ul>
COVID-19 Testing	<p><i>OHA offers both <a href="#">diagnostic and screening testing programs</a> to all public and private K-12 schools in Oregon. Please include whether your school will offer diagnostic and screening testing, respectively.</i></p> <p>In partnership with Columbia Health Services, the District promoted vaccine clinics for students and families 5 years of age and older. The District's School-Based Health Center has hosted vaccine clinics.</p> <p>The District will participate in the <a href="#">COVID-19 testing in Oregon's K-12 Schools</a> program to offer screening testing for unvaccinated K-12 Teachers/Staff. Participation is voluntary, and participants can opt-out at any time.</p> <p>We will follow the latest guidance from the CDC, OHA, and ODE to inform staff and families about recommendations for testing and screening.</p>
Airflow and Circulation	<p>Ventilation systems will run continuously and be checked and maintained regularly.</p> <ul style="list-style-type: none"> <li>• HVAC systems have been set to maximize outdoor ventilation of clean air into indoor spaces. Regular maintenance and inspection of HVAC systems will occur to provide acceptable indoor air quality for the current occupancy level for each space.</li> <li>• Air purifiers will be placed in locations if necessary to supplement HVAC systems or when there is no HVAC system.</li> <li>• Doors and windows will be open where ventilation is insufficient unless doing so creates a health or safety risk.</li> <li>• Fans will be used to move indoor air outside wherever ventilation is insufficient.</li> <li>• Exhaust fans will be turned on in restrooms when buildings are occupied.</li> </ul>

OHA/ODE Recommendation(s) Layered Health and Safety Measures	BASELINE MEASURES: describe what mitigating measures will the school implement all of the time, each and every day of the school year to reduce the spread of COVID-19 and protect in-person instruction?
	<ul style="list-style-type: none"> <li>Local exhaust ventilation systems in kitchens or cooking areas will be operated and maintained when these spaces are occupied.</li> </ul>
Cohorting	<p><i>Schools should notify their LPHA about unusual respiratory disease activity if the following absence thresholds are met and at least some students are known to have influenza or COVID-like symptoms:</i></p> <ol style="list-style-type: none"> <li><i>At the school level: ≥ 30% absenteeism, with at least 10 students and staff absent</i></li> <li><i>At the cohort level: ≥ 20% absenteeism, with at least 3 students and staff absent</i></li> </ol> <p>Seating charts and rosters will be maintained for each classroom group in the event the District in conjunction with the LPHA needs to establish who may have been exposed.</p>
Physical Distancing	<p>The District will follow the latest guidance from the CDC, OHA, and ODE to inform staff and families about recommendations for physical distancing.</p> <p>Consistent Classroom Set Up in all SHSD Instructional Spaces:</p> <ul style="list-style-type: none"> <li>Arrange and assign seating to maximize physical distancing and minimize physical interaction to the extent possible.</li> <li>Extra furniture has been removed to make more room.</li> <li>Students will be encouraged to maintain physical distancing practical and appropriate.</li> </ul>
Handwashing	<p><b>Handwashing:</b> All students will have access to handwashing prior to breakfast and lunch. Frequent opportunities for handwashing will be provided throughout the school day. Handwashing will be supplemented with the use of hand sanitizer.</p> <p>Age-appropriate verbal reminders from staff and visual reminders around the sites will encourage hygienic practices including:</p> <ul style="list-style-type: none"> <li>Handwashing techniques</li> <li>Covering coughs/sneezes</li> <li>Social distancing</li> </ul>



OHA/ODE Recommendation(s) Layered Health and Safety Measures	BASELINE MEASURES: describe what mitigating measures will the school implement all of the time, each and every day of the school year to reduce the spread of COVID-19 and protect in-person instruction?
	<ul style="list-style-type: none"> <li>• Facial coverings</li> <li>• Covid-19 symptoms</li> </ul> <p><b>Handwashing/Hand Sanitizing:</b></p> <ul style="list-style-type: none"> <li>• Additional handwashing opportunities will be provided throughout the school day.</li> <li>• Signage at each sink/handwashing station will remind students and staff of effective handwashing practices.</li> <li>• Hand sanitizer will be used in place when handwashing is not available.</li> </ul> <p><b>Handwashing and Respiratory Etiquette:</b> Developmental and age-appropriate lessons will be taught throughout the year to support students in proper respiratory etiquette and handwashing.</p>
Cleaning and Disinfection	<p>Clean, sanitize, and disinfect frequently touched surfaces (e.g. door handles, sink handles, drinking fountains, transport vehicles) and shared objects (e.g., toys, games, art supplies) between uses multiple times per day.</p> <p>Maintain clean and disinfected (CDC guidance) environments, including classrooms, cafeteria settings and restrooms. Provide time and supplies for the cleaning and disinfecting of high-touch surfaces between multiple student uses, even in the same cohort.</p> <p>Outdoor playground structures require normal routine cleaning and do not require disinfection. Shared equipment should be cleaned and disinfected at least daily in accordance with CDC guidance.</p>
Training and Public Health Education	<p>A letter outlining the instructional model, the rationale and vision behind it and specific infection control measures will be shared with all families in their preferred language through print and electronically when available.</p> <p>Staff communication will include the following: Signage displayed prominently in buildings focused on safety protocols; regular reminders during staff meetings; regular staff newsletters/updates.</p> <p>Additional communication regarding protocols will be shared with families and staff regularly.</p>

<b>OHA/ODE Recommendation(s)</b> Layered Health and Safety Measures	<b>BASELINE MEASURES: describe what mitigating measures will the school implement all of the time, each and every day of the school year to reduce the spread of COVID-19 and protect in-person instruction?</b>
	Updated communication will be shared with families as new or changing information is available throughout the school year.

**Table 6. COVID-19 Mitigating Measures**

<b>OHA/ODE Recommendation(s)</b> Layered Health and Safety Measures	<b>MEASURES DURING PERIODS OF HIGH TRANSMISSION*:</b> describe what mitigating measures the school will implement during periods of high transmission to reduce the spread of COVID-19 and protect in-person learning? *Within the community, high transmission is defined at the county level through <a href="#">CDC COVID-19 Community Levels</a> . Within a school, high transmission may be defined as high absenteeism or unusual spread within a cohort (e.g., a large outbreak in a classroom).
COVID-19 Vaccination	<p>The District complies with <a href="#">Policy JHCC</a> and <a href="#">JHCC-AR</a> regarding Communicable Diseases and Students.</p> <p>Staff comply with Communicable Disease Policy and Procedure <a href="#">GBEB</a> and <a href="#">GBEB-AR</a>.</p> <p>The District, in partnership with the LPHA and Columbia Health Services have offered and will continue to offer opportunities for all staff to be vaccinated. All staff must show proof of vaccination or have an approved religious or medical exception.</p> <p>CDC guidance states that people who are fully vaccinated and do not have COVID-19 symptoms do not need to quarantine or get tested after an exposure to someone with COVID-19. This guidance protects the student’s access to in-person learning, sports, and extracurricular activities.</p>
Face Coverings	<p><i>CDC, OHA, and ODE recommend universal use of face coverings during periods of high transmission. Please include whether your school will implement this critical recommendation.</i></p> <p><i>CDC, OHA, and ODE recommend universal use of face coverings during periods of high transmission. Please include whether your school will implement this critical recommendation.</i></p> <p><b>Facial Coverings:</b></p> <ul style="list-style-type: none"> <li>• Disposable face coverings will be available if needed.</li> </ul>

<p><b>OHA/ODE Recommendation(s)</b> Layered Health and Safety Measures</p>	<p><b>MEASURES DURING PERIODS OF HIGH TRANSMISSION*:</b> describe what mitigating measures the school will implement during periods of high transmission to reduce the spread of COVID-19 and protect in-person learning? *Within the community, high transmission is defined at the county level through <a href="#">CDC COVID-19 Community Levels</a>. Within a school, high transmission may be defined as high absenteeism or unusual spread within a cohort (e.g., a large outbreak in a classroom).</p>
	<ul style="list-style-type: none"> <li>● It will be encouraged that all students and staff use face coverings in accordance with their personal preference unless directed otherwise to comply with state, region, or federal guidance.</li> <li>● It is not recommended for students to wear face coverings: <ul style="list-style-type: none"> <li>● If they have a medical condition that makes it difficult for them to breathe with a face covering;</li> <li>● If they experience a disability that prevents them from wearing a face covering;</li> <li>● They are unable to remove the face covering independently; or</li> <li>● While sleeping.</li> </ul> </li> <li>● Students and staff are not required to wear face coverings when outdoors.</li> <li>● Protections under IDEA and/or ADA: <ul style="list-style-type: none"> <li>● If any student requires an accommodation to meet the requirement for face coverings a 504 or IEP team will be convened to consider this accommodation.</li> </ul> </li> </ul>
<p>Isolation</p>	<p><b>Isolation:</b> It is the expectation that students and/or parents and staff self-screen for primary COVID symptoms prior to arriving at school.</p> <ul style="list-style-type: none"> <li>● Primary symptoms of concern: cough, fever (of greater than 100.4°F) or chills, shortness of breath, difficulty breathing, or new loss of taste or smell.</li> <li>● Designate isolation areas will be used for students and staff who are symptomatic.</li> <li>● Injury only will wait for the parent in the office <b>reception room</b> or designated area.</li> </ul>

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	<ul style="list-style-type: none"> <li>● Symptomatic students will remain at school until a designated adult can pick them up or transportation is arranged.</li> <li>● Staff will be trained and assigned to supervise students who are symptomatic, and will need to maintain at least six feet of distance and wear facial coverings. <ul style="list-style-type: none"> <li>● District will provide medical grade PPE (e.g. KN95 facial coverings, face shields, gloves, and gowns) for this purpose</li> </ul> </li> <li>● Logs must be maintained for every student who enters the health room, regardless of whether they are treated or sent home. Logs will include: <ul style="list-style-type: none"> <li>● Name of student</li> <li>● Reported symptoms/reason for health room visit</li> <li>● Action taken</li> </ul> </li> </ul>
<p>Symptom Screening</p>	<p><b>Screening:</b> It is the expectation that students and/or parents and staff self-screen for primary COVID symptoms prior to arriving at school.</p> <ul style="list-style-type: none"> <li>● Primary symptoms of concern: cough, fever (of greater than 100.4°F) or chills, shortness of breath, difficulty breathing, or new loss of taste or smell.</li> <li>● Injury only will wait for parent in <b>office reception room</b></li> <li>● Symptomatic students will remain at school until a designated adult can pick them up or transportation is arranged.</li> <li>● Staff will be trained and assigned to supervise students who are symptomatic, should maintain at least six feet of distance and wear facial coverings.</li> </ul>

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COVID-19 Testing	<p>In partnership with Columbia Health Services, the District promoted vaccine clinics for students and families 5 years of age and older. The District's School Based Health Center has hosted vaccine clinics.</p> <p>The District will participate in the <a href="#">COVID-19 testing in Oregon's K-12 Schools</a> program to offer screening testing for unvaccinated K-12 Teachers/Staff. Participation is voluntary, and participants can opt-out at any time.</p> <p>We will follow the latest guidance from the CDC, OHA, and ODE to inform staff and families about recommendations for testing and screening.</p>
Airflow and Circulation	<p>Ventilation systems will run continuously and be checked and maintained regularly.</p> <ul style="list-style-type: none"> <li>● HVAC systems have been set to maximize outdoor ventilation of clean air into indoor spaces. Regular maintenance and inspection of HVAC systems will occur to provide acceptable indoor air quality for the current occupancy level for each space.</li> <li>● Air purifiers will be placed in locations if necessary to supplement HVAC systems or when there is no HVAC system.</li> </ul>

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	<ul style="list-style-type: none"> <li>• Doors and windows will be open where ventilation is insufficient unless doing so creates a health or safety risk.</li> <li>• Fans will be used to move indoor air outside wherever ventilation is insufficient.</li> <li>• Exhaust fans will be turned on in restrooms when buildings are occupied.</li> <li>• Local exhaust ventilation systems in kitchens or cooking areas will be operated and maintained when these spaces are occupied.</li> </ul>
<p>Cohorting<sup>2</sup></p>	<p><i>Schools should notify their LPHA about unusual respiratory disease activity if the following absence thresholds are met and at least some students are known to have influenza or COVID-like symptoms:</i></p> <ol style="list-style-type: none"> <li><i>1. At the school level: ≥ 30% absenteeism, with at least 10 students and staff absent</i></li> <li><i>2. At the cohort level: ≥ 20% absenteeism, with at least 3 students and staff absent</i></li> </ol> <p>Seating charts and rosters will be maintained for each classroom group in the event the District in conjunction with the LPHA needs to establish who may have been exposed.</p>
<p>Physical Distancing</p>	<p>The District will follow the latest guidance from the CDC, OHA, and ODE to inform staff and families about recommendations for physical distancing.</p> <p>Consistent Classroom Set Up in all SHSD Instructional Spaces:</p> <ul style="list-style-type: none"> <li>• Arrange and assign seating to maximize physical distancing and minimize physical interaction to the extent possible.</li> <li>• Extra furniture has been removed to make more room.</li> </ul>

<sup>2</sup> Cohorting refers to establishing a consistent group of students that stay together for a significant portion of the school day. Examples include stable mealtime cohorts, classrooms, table groups, lunch bunches, and other group situations. Cohorts should be as small as feasible to minimize exposure.

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	<ul style="list-style-type: none"> <li>• Students will be encouraged to maintain physical distancing practical and appropriate.</li> </ul>
<p>Handwashing</p>	<p><b>Handwashing:</b> All students will have access to handwashing prior to breakfast and lunch. Frequent opportunities for handwashing will be provided throughout the school day. Handwashing will be supplemented with the use of hand sanitizer. Age appropriate verbal reminders from staff and visual reminders around the sites will encourage hygienic practices including:</p> <ul style="list-style-type: none"> <li>• Handwashing techniques</li> <li>• Covering coughs/sneezes</li> <li>• Social distancing</li> <li>• Facial coverings</li> <li>• Covid-19 symptoms</li> </ul> <p><b>Handwashing/Hand Sanitizing:</b></p> <ul style="list-style-type: none"> <li>• Additional handwashing opportunities will be provided throughout the school day.</li> <li>• Signage at each sink/handwashing station will remind students and staff of effective handwashing practices.</li> <li>• Hand sanitizer will be used in place when handwashing is not available.</li> </ul> <p><b>Handwashing and Respiratory Etiquette:</b> Developmental and age-appropriate lessons will be taught throughout the year to support students in proper respiratory etiquette and handwashing.</p>

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Cleaning and Disinfection	<p>Clean, sanitize, and disinfect frequently touched surfaces (e.g. door handles, sink handles, drinking fountains, transport vehicles) and shared objects (e.g., toys, games, art supplies) between uses multiple times per day.</p> <p>Maintain clean and disinfected (CDC guidance) environments, including classrooms, cafeteria settings and restrooms. Provide time and supplies for the cleaning and disinfecting of high-touch surfaces between multiple student uses, even in the same cohort.</p> <p>Outdoor playground structures require normal routine cleaning and do not require disinfection. Shared equipment should be cleaned and disinfected at least daily in accordance with CDC guidance.</p>
Training and Public Health Education	<p>A letter outlining the instructional model, the rationale and vision behind it and specific infection control measures will be shared with all families in their preferred language through print and electronically when available.</p> <p>Staff communication will include the following: Signage displayed prominently in buildings focused on safety protocols; regular reminders during staff meetings; regular staff newsletters/updates.</p> <p>Additional communication regarding protocols will be shared with families and staff regularly.</p> <p>Updated communication will be shared with families as new or changing information is available throughout the school year.</p>



Table 7.

COVID-19 Mitigating Measures

<p>OHA/ODE Recommendation(s) Layered Health and Safety Measures</p>	<p><b>STEPS FOR GRADUAL RETURN TO BASELINE RESPONSE:</b> describe how does the school will gradually return to a baseline response. Describe how the school team will decide what measure(s) should remain at an increased level which others may not, prioritizing some measure(s) over others. How does the school reduce or make permanent implementation of enhanced mitigation measures once high transmission has ended?</p>
<p>COVID-19 Vaccination</p>	<p>The District complies with <a href="#">Policy JHCC</a> and <a href="#">JHCC-AR</a> regarding Communicable Diseases and Students.</p> <p>Staff comply with Communicable Disease Policy and Procedure <a href="#">GBEB</a> and <a href="#">GBEB-AR</a>.</p> <p>The District, in partnership with the LPHA and Columbia Health Services have offered and will continue to offer opportunities for all staff to be vaccinated. All staff must show proof of vaccination or have an approved religious or medical exception.</p> <p>CDC guidance states that people who are fully vaccinated and do not have COVID-19 symptoms do not need to quarantine or get tested after an exposure to someone with COVID-19. This guidance protects the student’s access to in-person learning, sports, and extracurricular activities.</p>
<p>Face Coverings</p>	<p><b>Facial coverings for staff:</b></p> <ul style="list-style-type: none"> <li>• SHSD employees may choose to wear face coverings</li> <li>• Disposable face coverings will be available at all District sites if needed.</li> </ul> <p><b>Facial Coverings for students:</b></p> <ul style="list-style-type: none"> <li>• SHSD students may choose to wear face coverings</li> <li>• Disposable face coverings will be available if needed.</li> </ul>
<p>Isolation</p>	<p><b>Isolation:</b> It is the expectation that students and/or parents and staff self-screen for primary COVID symptoms prior to arriving at school.</p> <ul style="list-style-type: none"> <li>• Primary symptoms of concern: cough, fever (of greater than 100.4°F) or chills, shortness of breath, difficulty breathing, or new loss of taste or smell.</li> </ul>

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	<ul style="list-style-type: none"> <li>• Designate isolation areas will be used for students and staff who are symptomatic.</li> <li>• Injury only will wait for the parent in the office <b>reception room</b> or designated area.</li> <li>• Symptomatic students will remain at school until a designated adult can pick them up or transportation is arranged.</li> <li>• Staff will be trained and assigned to supervise students who are symptomatic, and will need to maintain at least six feet of distance and wear facial coverings. <ul style="list-style-type: none"> <li>• District will provide medical grade PPE (e.g. KN95 facial coverings, face shields, gloves, and gowns) for this purpose</li> </ul> </li> <li>• Logs must be maintained for every student who enters the health room, regardless of whether they are treated or sent home. Logs will include: <ul style="list-style-type: none"> <li>• Name of student</li> <li>• Reported symptoms/reason for health room visit</li> <li>• Action taken</li> </ul> </li> </ul>
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**PRACTICING PLAN TO IMPROVE PROCESS**

Training exercises are essential to preparedness ensuring individuals understand their role in a communicable disease event. Exercises can also help identify gaps in the planning, thereby building upon and strengthening the plan over time. Schools, districts, and ESDs should schedule to exercise this plan annually and when any revisions are made to update the plan. The plan, or component(s) of the plan, can be tested through conversations, practice exercises, or other activities.

[SHSD Comprehensive Communicable Diseases Management Plan](#) where this plan is available for public viewing.

**INSERT THE LINK** where this plan is available for public viewing.

[https://www.sthelens.k12.or.us/cms/lib/OR01000906/Centricity/Domain/758/Col%20Co%20Comprehensive%20CD%20Plan\\_Final%2010.20.20.pdf](https://www.sthelens.k12.or.us/cms/lib/OR01000906/Centricity/Domain/758/Col%20Co%20Comprehensive%20CD%20Plan_Final%2010.20.20.pdf)

Date Last Updated: **August 24, 2022**

Date Last Practiced: **August 25, 2022**