

John Muir Health Behavioral Health Center, Outpatient Services



Outpatient Programs

Outpatient Services is available for three programs: Adult, Adolescent, and Chemical Dependency.

Our new facility is located at:

Behavioral Health Outpatient Center
4080 Port Chicago Hwy
Concord, CA 94520

To schedule an appointment or for information for our Outpatient Services, contact our Outpatient Admissions Department at **(925) 674-4265**

John Muir Health accepts most insurance plans and self-pay finance plans available.

Adult Outpatient Program

Adult Partial Hospitalization and the Intensive Outpatient Program provides structured treatment during the day, allowing patients to return home at night. This service is provided for adults in need of crisis intervention, short-term stabilization, or for those who are transitioning from inpatient care to home.

Adolescent Outpatient Program

Structured, outpatient services are provided to adolescents who are experiencing psychiatric symptoms that impair their day-to-day functioning but are not so serious as to require admission. We provide a thorough evaluation of each teen's needs and develop a plan of care to address those needs. This program includes cognitive therapy, process groups, expressive art therapy, medication and drug education as well as parent education and support.

Chemical Dependency Outpatient Program

- Day Treatment
- Intensive Evening Outpatient Services
- More Care (program for young adults)
- Extra Care (program for those intensive relapse prevention support)
- Free Aftercare Groups
- Family Groups & Education (for patients who have been in our program)

Behavioral Health Center

Psychiatric & Chemical Dependency Services

2740 Grant Street, Concord, CA 94520

At John Muir Health we provide compassionate, effective treatment in a warm and safe environment. We offer complete inpatient and outpatient behavioral health programs and services for children, adolescents and adults who are experiencing psychiatric or behavioral problems or are experiencing dependency on alcohol, drugs or prescription medication. From the moment a patient enters treatment our goal is to begin the healing process through one of our structured and therapeutic programs.

Inpatient Behavioral Health Programs

We offer three comprehensive inpatient behavioral health programs: Adult Psychiatric, Adolescent Psychiatric, and a Child Psychiatric Programs. Chemical Dependency Detox Services are also offered. Each service provides 24 hour phone coverage for confidential admission.

The availability of multiple levels of care, including inpatient, outpatient, partial hospitalization and after-care, allow individualized placement in a treatment continuum, ensuring each patient's progress. Continued support after completing an inpatient program is offered, including weekly support groups, outpatient visits with mental health professionals and referrals to local community resources.

Adult Inpatient Services

Our Adult Psychiatric Inpatient Program was designed to help patients stabilize quickly under the care of psychiatrists, specially trained registered nurses and other support staff who ensure a safe and therapeutic environment for all patients. This program focuses on crisis management and recovery for people struggling with an acute psychiatric crisis or condition.

Adolescent Inpatient Services

Our Adolescent Program addresses the emotional and behavioral needs of teen's ages 13 to 18 in a safe and comfortable environment. Boys and girls are in two separate areas but come together for some group activities. The program provides evaluation and crisis intervention while helping the adolescent stabilize quickly and return home with the appropriate follow-up treatment.

Care is provided for many diagnoses including depression, anxiety, bipolar disorder, oppositional defiant disorder, psychosis and severe attention deficit hyperactivity disorder (ADHD).

Child Inpatient Services

The Child Psychiatric Program treats children ages 4 to 12 who have emotional, psychiatric or behavioral problems. This program addresses the individual varying needs of our child patients in a structured and safe environment. Focus is on rapid evaluation, correct diagnosis based on behavioral observation and prior history, treatment and recommendations for continuing care after hospital stabilization.

Chemical Dependency Inpatient Detox

At John Muir Health we also offer effective alcohol and drug treatment tailored to each patient's need. Our inpatient detox unit provides medically supervised detoxification under the direction of a physician certified by the American Society of Addictive Medicine as well as expert care from our registered nurses. Patients then pursue their recovery through our psychiatric outpatient continuum of programs.

For more information on John Muir Health's Inpatient Psychiatric and Chemical Dependency Detox Services, please visit the services section of www.johnmuirhealth.com or call (925) 674-4140. This program accepts most insurance plans and self-pay finance plans available.

