

NHES Table Rules for Lunch & Snack

Always: Be KIND. Follow Shark P.R.I.D.E.

Rule/Expectation	What it looks like	What it doesn't look like
Eat at tables only	+eat at tables only	+don't eat on the playground, field, play structure, hallways, etc.
Sit with assigned class/at assigned area at all times	+sit with assigned class at all times	-no table hopping -no getting up to "tell your friend something"
Sit with pockets on the bench	+sit with pockets on the bench	-no kneeling, squatting, etc. -no standing -no dancing at the tables
Sit with feet under the table	+sit with feet under the table +keep feet still	-no straddling bench -no sitting backwards -no swinging legs
Respect personal space of others	+leave enough room for others to properly & comfortably eat	-no touching others with any part of your body -no squishing others on the bench -no "getting in people's face"
Keep hands, feet, and objects to yourself (HFO)	+keep hands, feet, and objects to yourself (HFO)	-no touching others with any part of your body
Keep hands on your food only	+keep hands on your food only	-no touching others' food -no taking others' food
Respect your and others' food	+eat your food and drink your beverages only +eat your food and drink your beverages appropriately	-don't waste food -don't mix food for "fun" -no throwing, shoving, tossing, etc. -no games involving food -don't intentionally eat your food in a "disgusting way"
Keep your area clean	+throw food and trash away in nearest trash can then immediately sit back down +clean up spilled food/drinks from table, benches, and ground	-don't leave your area a mess for someone else to clean up
Be responsible when excusing yourself	+respectfully approach the nearest student supervisor to ask permission for using the restroom or going to the office/nurse +be patient if the student supervisor is already engaged with another student +throw food and trash away in nearest trash can then immediately sit back down	-don't leave the lunch table area without permission -don't interrupt the student supervisors if they are engaged with another adult or student
Keep others safe	+keep others safe	-no physically hurting others
Use kind, appropriate language	+use kind, appropriate language	-no bad words
Keep voice volume down	+speak in an appropriate voice to your neighbor	-no shouting, yelling, or screaming -no singing, whistling, or humming

Appropriate incentives/rewards & consequences/discipline will be implemented.