

# CALIFORNIA HEALTHY KIDS SURVEY



Mt. Diablo Unified Elementary 2015-2016 Main Report



This report was prepared by WestEd, a research, development, and service agency, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education Coordinated School Health and Safety Office. For contract information, contact:

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# **PREFACE**

### **NEW FEATURE**

The list of content sections and table names at the beginning of the digital report have been hyperlinked to the tables. Click on the title of a content section or a table and you will be automatically directed to the actual content section or table in the report.

This report provides the detailed results for each question from this school/district's 2015–16 California Healthy Kids Survey (CHKS), presented in tables organized by topic.

The CHKS, along with its two companion surveys—California School Climate Survey (CSCS) for staff and the California School Parent Survey (CSPS)—is a service of the California Department of Education (CDE). These three surveys form the California School Climate, Health, and Learning Survey (Cal-SCHLS) System, the largest, most comprehensive effort in the nation to assess students, staff, and parents at the local level on a regular basis to provide key data on school climate, learning supports and barriers, stakeholder engagement, and overall youth development, health, and well-being. The surveys provide a wealth of information to guide school improvement efforts and your Local Control and Accountability Plans (LCAP), particularly in regard to the state priorities of enhancing school climate, pupil engagement, and parent involvement.

Factsheets, guidebooks, and other resources to help in understanding and using survey results are available for downloading from the survey website: chks.wested.org. The California Safe and Supportive Schools website (<a href="mailto:californias3.wested.org/">californias3.wested.org/</a>) provides a wealth of information and tools helpful in implementing effective strategies to improve school climate, student supports, and social-emotional learning. Particularly valuable in regard to LCAP efforts are *Making Sense of School Climate* (<a href="mailto:californias3">californias3</a>.wested.org/tools/schoolclimate) and *Helpful Resources for Local Control and Accountability Plans*, 2014-15 (<a href="mailto:chks.wested.org/resources/LCAP\_Cal\_SCHLS.pdf">chks.wested.org/resources/LCAP\_Cal\_SCHLS.pdf</a>).

The Cal-SCHLS Technical Assistance Center offers workshops to help in identifying local needs and developing action plans to meet those needs, including data use workshops.

### **SURVEY PURPOSE**

The California Department of Education (CDE) has funded the CHKS since 1997 to provide data that would assist schools in: (1) fostering positive school climates and engagement in learning; (2) preventing youth health-risk behaviors and other barriers to academic achievement; and (3) promoting positive youth development, resilience, and well-being. A thorough understanding of the scope and nature of youth behaviors, attitudes, and learning conditions is essential to guide school improvement efforts and to also develop effective prevention, health, and youth development programs. These surveys grew out of CDE's commitment to helping schools promote the successful cognitive, social, and emotional development of all students and create more positive, engaging school environments for students, staff, and parents.

### **SURVEY CONTENT OVERVIEW**

The CHKS consists of a required general set of questions and a series of optional, supplementary topic-focused modules that districts can elect to administer. Districts may also add their own questions of local

interest. Table 1 indicates the modules administered by the district/school.

The survey consists of a broad range of key questions identified by an expert advisory committee that is considered most important for schools to administer to guide improvement of academic, health, and prevention programs and the promotion of student achievement, positive development, and well-being. The primary focus of the survey is assessing student perceptions and experiences related to school climate and engagement, learning supports, and health-related, non-academic learning barriers (e.g., substance use, bullying and violence, and poor physical and mental health).

### School-Related Core Content

To support school improvement efforts, the majority of questions on the CHKS assess school performance, engagement, climate, and experiences. The survey provides self-reported data on:

- School connectedness;
- The level of which students experience caring adult relationships, high expectations, and opportunities for meaningful participation at school, three fundamental developmental supports (protective factors) that promote positive academic outcomes; and
- Perceived safety and frequency of, and reasons for, harassment and bullying at school.

### SURVEY ADMINISTRATION AND SAMPLING

School staff administered the survey, following detailed instructions provided by CDE that were designed to assure the protection of all student and parental rights to privacy and to maintain confidentiality. Students were surveyed only with the consent of parents or guardians. Each student's participation was voluntary, anonymous, and confidential. Table A1.1 gives the target sample of students and the final number and percent of students who completed the survey (the participation response rate).

### THE REPORT

The tables in the Main CHKS Report provide the percentages responding to each question response option by grade level, organized by topic. Because it is just as important to identify the positive behaviors of youth as it is to identify the risks they face, the tables include the percentages of youth who do not engage in each risk behavior. Percentages are rounded off to the nearest whole number.

### UNDERSTANDING AND USING THE DATA

Among the tools available to help in understanding and using the survey results, especially for LCAP implementation and monitoring, *Making Sense of School Climate* provides a discussion of all the Cal-SCHLS secondary survey items that relate to school climate (download <u>californias3.wested.org/resources/S3\_schoolclimateguidebook\_final.pdf</u>). As the elementary survey assesses many of the same variables, this is also a useful guide for lower grade levels. Elementary results should also be compared with those from students in middle and high schools, to determine how student strengths and needs develop with age. In particular, results from middle school can help guide engagement, prevention, and health promotion efforts in elementary schools.

Care must be taken to understand the factors that can impact the quality, validity, and generalizability of the results, such as changes that occur in survey content, administration, and/or sample characteristics

between administrations. The following are a few of the key issues that should be kept in mind. A more detailed discussion of these topics can be found in the *CHKS Data Use and Dissemination Guidebook*.

### Sample Characteristics

Among the most important factors affecting the quality of survey results is the level of student participation. The validity and representativeness of the results will be adversely affected if the student response rate is lower than 60%. One indication of the survey's representativeness is how accurately the sample reflects the gender and ethnic composition of the student enrollment. Even if the response rate is low, the results provide an indication of what those students who did respond felt about the school and their experiences and behavior.

### Changes Between Survey Administrations

Many factors may account for changes in results from administration to administration besides real changes in behavior, attitudes, or experiences among students. The change could be due to differences over time in the characteristics or size of the sample of students who completed the survey, or changes in the questions themselves, or differences in the time period in which the survey was administered (e.g., some risk behaviors tend to increase with age, and be higher after holidays or even a social event).

### **NEXT STEPS**

Receiving this report is just a beginning step in a data-driven, decision-making process. The results of this student survey should be compared to those obtained from the Cal-SCHLS surveys of school staff and parents. It is important to determine how consistent are student, staff, and parent perceptions and experiences. The elementary results should be compared to the middle and high school results.

CHKS results will also be enriched if analyzed in the context of other data typically collected by schools that relate to the variables assessed, such as discipline referrals, school demographic information, school vandalism costs, and behavioral observations in classrooms.

The following actions, which can be requested as custom services (additional fees apply), will help in fostering effective use of the results and provide additional information to support school and program improvement efforts and the LCAP process.

### Request School Reports

If the schools in the district vary significantly in demographics, programs, or other characteristics, consider requesting individual reports for each school (a fee applies).

### Request Disaggregated Report or Analyses

The staff of the Regional TA Centers can produce full reports that look at how results vary by demographic subgroups (e.g., race/ethnicity or by youth who are low in academic motivation compared those who are high). This is particularly important given the LCAP requirement that districts identify and address the needs of underserved subgroups.

### Engage with Students, Staff, and Parents in an Action Planning Process

Engage students, staff, and parents in reviewing and exploring the meaning of the results and obtain their input into how the school might better meet the needs identified and the development of a detailed action plan. This communicates to students that you value their input into how to improve the school and gives them an opportunity for meaningful participation. This helps enhance school connectedness among students and parent involvement, two of the LCAP priorities. It will also promote higher rates of participation the next time the survey is administered, as stakeholders will see how the data has been used for positive purposes.

On request, Cal-SCHLS staff can conduct a structured group Listening to Students Workshop designed to explore with students, as staff observe, the meaning of survey results and obtain their input on how to address the needs identified by the survey. Cal-SCHLS staff also can conduct a Data Use Action Planning Workshop designed to identify local needs based on the survey results and engage stakeholders in developing a detailed plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your Cal-SCHLS Technical Assistance Center (call 888.841.7536 or email schoolclimate@wested.org. See also: californias3.wested.org/workshops.

### **ACKNOWLEDGMENTS**

The CHKS and this report were developed by WestEd, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education Coordinated School Health and Safety Office. For more information, call the toll-free helpline at 888.841.7536, or visit the website at chks.wested.org.

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# **Survey Module Administration**

# Table 1 CHKS Survey Modules Administered

Survey Module	Administered
A. Core (Required)	X
B. District After-School Module (DASM)	
C. GRAM Safety (Gang Risk Assessment) Module	
D. Health Module	
E. Military Module	
F. Personal, Social, and Emotional Strengths Module	
G. Cal-Well Module (New This Year)	
Z. Custom Questions	

# **Core Module Results**

# 1. Survey Sample

**Table A1.1**Student Sample Characteristics

	Grade 5
Student Sample Size	
Target sample	898
Final number	638
Average Response Rate	71%

# 2. Summary of Key Indicators

Table A2.1

Key Indicators of School Climate and Student Well-Being

	Grade 5 %	Table
School Engagement and Supports		
School connectedness (high)	68	A4.2
Academic motivation (high)	51	A4.2
Caring adult relationships (high)	66	A4.2
High expectations (high)	67	A4.2
Meaningful participation (high)	24	A4.2
School Safety		
Feel safe at school <sup>†</sup>	87	A7.1
Been hit or pushed	44	A7.2
Mean rumors spread about you	47	A7.2
Been called bad names or mean jokes made about you	48	A7.2
Saw a weapon at school <sup>‡</sup>	11	A7.4
Disciplinary Environment		
Students well-behaved <sup>†</sup>	57	A6.2
Students treated fairly when break school rules <sup>†</sup>	60	A6.1
Students treated with respect <sup>†</sup>	89	A6.1
Lifetime Substance Use		
Alcohol or drug use	13	A9.1
Cigarette smoking	1	A10.1
E-cigarette	2	A10.1

<sup>†</sup>Combines "Most of the time" and "All of the time." ‡Past 12 months.

# 3. Demographics

Table A3.1

Age of Sample

	Grade 5 %
7 years old, or younger than 7	0
8 years old	0
9 years old	0
10 years old	46
11 years old	52
12 years old	2
13 years old, or older than 13	0

Question ES A.2: How old are you?

Note: Cells are empty if there are less than 25 respondents.

Table A3.2

Gender of Sample

	Grade 5
	%
Female	48
Male	52

Question ES A.3: Are you female or male?

Table A3.3

Number of Days Attending Afterschool Program

	Grade 5 %
0 days	67
1 day	7
2 days	4
3 days	3
4 days	3
1 day 2 days 3 days 4 days 5 days	15

 $Question \ ES\ A.6:\ How\ many\ days\ a\ week\ do\ you\ usually\ go\ to\ your\ school's\ afterschool\ program?$ 

# 4. School Performance, Supports, and Engagements

Table A4.1
Perceived School Performance

	Grade 5 %
One of the best students	19
Better than most students	29
About the same as others	43
Don't do as well as most others	9

Question ES A.20: How well do you do in your schoolwork? Note: Cells are empty if there are less than 25 respondents.

Table A4.2
School Developmental Supports, Connectedness, and Academic Motivation

Percent of students scoring		Grade 5	
High, Moderate, and Low (%)	Н	M	L
School Environment			
Total School Supports	63	34	3
Caring Adults in School	66	32	2
High Expectations-Adults in School	67	31	2
Meaningful Participation-Adults in School	24	68	7
School Connectedness	68	30	2
Academic Motivation	51	36	13

Table A4.3
School Developmental Supports Scale Questions

At my school, teachers and other grown-ups	Grade 5	
	%	
Caring Relationships		
care about you.		
No, never	2	
Yes, some of the time	10	
Yes, most of the time	20	
Yes, all of the time	68	
listen when you have something to say.		
No, never	2	
Yes, some of the time	18	
Yes, most of the time	33	
Yes, all of the time	47	
High Expectations		
tell you when you do a good job.		
No, never	3	
Yes, some of the time	18	
Yes, most of the time	35	
Yes, all of the time	44	
believe that you can do a good job.		
No, never	1	
Yes, some of the time	8	
Yes, most of the time	21	
Yes, all of the time	70	

Question ES A.14-15, 21-22: Do the teachers and other grown-ups at school care about you?... Do the teachers and other grown-ups at school tell you when you do a good job?... Do the teachers and other grown-ups at school listen when you have something to say?... Do the teachers and other grown-ups at school believe that you can do a good job?

Table A4.3
School Developmental Supports Scale Questions - Continued

At school	Grade 5
	%
Opportunities for Meaningful Participation	
I am given a chance to help decide things.	
No, never	18
Yes, some of the time	39
Yes, most of the time	26
Yes, all of the time	17
I do things to be helpful.	
No, never	2
Yes, some of the time	22
Yes, most of the time	42
Yes, all of the time	34

Question ES A.13, 23: Are you given a chance to help decide things at school, like class rules?... Do you do things to be helpful at school?

**Table A4.4 School Connectedness Scale Questions** 

	Grade 5
	%
I feel close to people at school.	
No, never	4
Yes, some of the time	28
Yes, most of the time	39
Yes, all of the time	28
I am happy to be at this school.	
No, never	1
Yes, some of the time	14
Yes, most of the time	33
Yes, all of the time	51
I feel like I am part of this school.	
No, never	4
Yes, some of the time	16
Yes, most of the time	24
Yes, all of the time	56
Teachers treat students fairly at school.	
No, never	2
Yes, some of the time	9
Yes, most of the time	29
Yes, all of the time	60
I feel safe at school.	
No, never	2
Yes, some of the time	11
Yes, most of the time	31
Yes, all of the time	55

Question ES A.7-9, 12, 51: Do you feel close to people at school?... Are you happy to be at this school?... Do you feel like you are part of this school?... Do teachers treat students fairly at school?... Do you feel safe at school? Note: Cells are empty if there are less than 25 respondents.

Table A4.5
Academic Motivation Scale Questions

	Grade 5
	%
I finish all my class assignments.	
No, never	1
Yes, some of the time	9
Yes, most of the time	41
Yes, all of the time	49
I try even harder the next time when I get a bad grad	le.
No, never	1
Yes, some of the time	3
Yes, most of the time	16
Yes, all of the time	79
I keep working and working on my schoolwork until right.	I get it
No, never	1
Yes, some of the time	13
Yes, most of the time	39
Yes, all of the time	47
I do my class assignments even when they're really h	ard for me.
No, never	2
Yes, some of the time	7
Yes, most of the time	25
Yes, all of the time	66

Question ES A.34-37: Do you finish all your class assignments?... When you get a bad grade, do you try even harder the next time?... Do you keep working and working on your schoolwork until you get it right?... Do you do your class assignments even when they're really hard for you?

Table A4.6
School Pride

	Grade 5
	%
Do you feel proud to belong to your school?	
No, never	3
Yes, some of the time	13
Yes, most of the time	22
Yes, all of the time	63

Question ES A.10: Do you feel proud to belong to your school?

# 5. Supports for Learning at School

Table A5.1
Supports for Learning

	Grade 5
	%
Are the students at your school motivated to learn?	
No, never	2
Yes, some of the time	33
Yes, most of the time	49
Yes, all of the time	16
Do the teachers and other grown-ups at school ask you about your ideas?	
No, never	11
Yes, some of the time	36
Yes, most of the time	35
Yes, all of the time	18
Do the teachers and other grown-ups give you a chance to solve school problems?	
No, never	12
Yes, some of the time	23
Yes, most of the time	30
Yes, all of the time	35
Do you get to do interesting activities at school?	
No, never	4
Yes, some of the time	28
Yes, most of the time	35
Yes, all of the time	33

Question ES A.11, 16-18: Are the students at your school motivated to learn?... Do the teachers and other grown-ups at school ask you about your ideas?... Do the teachers and other grown-ups give you a chance to solve school problems?... Do you get to do interesting activities at school?

Table A5.1
Supports for Learning - Continued

	Grade 5
	%
Do your teachers ask you what you want to learn about?	
No, never	37
Yes, some of the time	39
Yes, most of the time	15
Yes, all of the time	9

Question ES A.19: Do your teachers ask you what you want to learn about?

Note: Cells are empty if there are less than 25 respondents.

Table A5.2
Supports for Social and Emotional Learning

	Grade 5
	%
Does your school	
help students solve conflicts with one another?	
No, never	4
Yes, some of the time	18
Yes, most of the time	31
Yes, all of the time	47
teach students to understand how other students think and feel?	
No, never	7
Yes, some of the time	29
Yes, most of the time	31
Yes, all of the time	33
teach students to care about each other and treat each other with respect?	
No, never	2
Yes, some of the time	11
Yes, most of the time	26
Yes, all of the time	61

Question ES A.28-30: Does your school help students solve conflicts with one another?... Does your school teach students to understand how other students think and feel?... Does your school teach students to care about each other and treat each other with respect?

# 6. Disciplinary Environment, Fairness, and Respect

Table A6.1

Clarity of Rules and Fairness

	Grade 5
	%
Do students know what the rules are?	
No, never	1
Yes, some of the time	12
Yes, most of the time	34
Yes, all of the time	53
Are students treated fairly when they break school rules?	
No, never	13
Yes, some of the time	26
Yes, most of the time	32
Yes, all of the time	28
Do teachers and other grown-ups at school treat students with respect?	
No, never	1
Yes, some of the time	9
Yes, most of the time	28
Yes, all of the time	62

Question ES A.24, 25, 27: Do teachers and other grown-ups at school treat students with respect?... Are students treated fairly when they break school rules?... Do students know what the rules are? Note: Cells are empty if there are less than 25 respondents.

Table A6.2

Student Positive Behavior

	Grade 5
	%
Do you follow the classroom rules?	
No, never	1
Yes, some of the time	4
Yes, most of the time	33
Yes, all of the time	63
Do you follow the playground rules at recess and lunch times?	
No, never	1
Yes, some of the time	5
Yes, most of the time	29
Yes, all of the time	65
Do you listen when your teacher is talking?	
No, never	1
Yes, some of the time	5
Yes, most of the time	36
Yes, all of the time	59
Are students at this school well behaved?	
No, never	2
Yes, some of the time	40
Yes, most of the time	51
Yes, all of the time	6
Are you nice to other students?	
No, never	0
Yes, some of the time	3
Yes, most of the time	30
Yes, all of the time	66

Question ES A.26, 38-41: Are students at this school well behaved? ... Do you follow the classroom rules?... Do you follow the playground rules at recess and lunch times?... Do you listen when your teacher is talking?... Are you nice to other students?

# 7. School Violence, Victimization, and Safety

Table A7.1

Perceived Safety At or Outside of School

	Grade 5
	%
Do you feel safe at school?	
No, never	2
Yes, some of the time	11
Yes, most of the time	31
Yes, all of the time	55
Do you feel safe on your way to and from school?	
No, never	1
Yes, some of the time	7
Yes, most of the time	22
Yes, all of the time	70

Question ES A.51, 52: Do you feel safe at school?... Do you feel safe on your way to and from school? Note: Cells are empty if there are less than 25 respondents.

Table A7.2
Frequency of Being Harassed on School Property

	Grade 5
	%
Been hit or pushed	
No, never	56
Yes, some of the time	34
Yes, most of the time	6
Yes, all of the time	4
Mean rumors spread about you	
No, never	53
Yes, some of the time	31
Yes, most of the time	10
Yes, all of the time	6
Been called bad names or mean jokes made about you	1
No, never	52
Yes, some of the time	36
Yes, most of the time	6
Yes, all of the time	6

Question ES A.45, 46, 48: Do other kids hit or push you at school when they are not just playing around?... Do other kids at school spread mean rumors or lies about you?... Do other kids at school call you bad names or make mean jokes about you?

Table A7.3

Frequency of Harassing on School Property, Past Year

	Grade 5
	%
Have hit or pushed other kids	
0 times	70
1 time	15
2 times	7
3 or more times	8
Have said mean things about other students or onames	called them bad
0 times	60
1 time	20
2 times	9
3 or more times	11
Have spread mean rumors about other kids	
0 times	77
1 time	15
2 times	4
3 or more times	4

Question ES A.42-44: During the past year, how many times have you hit or pushed other kids at school when you were not playing around?... During the past year, how many times have you spread mean rumors or lies about other kids at school?... During the past year, how many times at school have you said mean things about other students or called them bad names?

Note: Cells are empty if there are less than 25 respondents.

Table A7.4
Weapons (Gun or Knife) on School Property, Past Year

	Grade 5
	%
Brought weapon to school	
No	99
Yes	1
Saw another kid with a weapon at school	
No	89
Yes	11

Question ES A.47, 49: During the past year, did you ever bring a gun or knife to school?... During the past year, have you ever seen another kid with a gun or knife at school?

Table A7.5
School Responses to Bullying

	Grade 5
	%
Teachers and other grown-ups make it clear that bullying is not allowed.	
No, never	2
Yes, some of the time	5
Yes, most of the time	12
Yes, all of the time	80
If you tell a teacher that you've been bullied, the teacher will do something to help.	
No, never	2
Yes, some of the time	10
Yes, most of the time	19
Yes, all of the time	69
Students at your school try to stop bullying when they see it happening.	
No, never	11
Yes, some of the time	31
Yes, most of the time	35
Yes, all of the time	24

Question ES A.31-33: Do the teachers and other grown-ups make it clear that bullying is not allowed?... If you tell a teacher that you've been bullied, will the teacher do something to help?... Do students at your school try to stop bullying when they see it happening?

Note: Cells are empty if there are less than 25 respondents.

Table A7.6
Frequency of Being Home Alone

	Grade 5
	%
No, never	64
Yes, some of the time	29
Yes, most of the time	5
Yes, all of the time	3

Question ES A.50: Are you home alone after school?

# 8. Home Supports and Involvement in Schooling

Table A8.1

High Expectations at Home

At home, a parent or some other grown-up	Grade 5	
	%	
believes that I can do a good job.		
No, never	1	
Yes, some of the time	3	
Yes, most of the time	9	
Yes, all of the time	87	
wants me to do my best.		
No, never	0	
Yes, some of the time	1	
Yes, most of the time	5	
Yes, all of the time	93	

Question ES A.63, 64: Does a parent or some other grown-up at home believe that you can do a good job?... Does a parent or some other grown-up at home want you to do your best?

Table A8.2

Parent/Adult Involvement in Schoolwork

At home, a parent or some other grown-up	Grade 5	
	%	
cares about my schoolwork.		
No, never	1	
Yes, some of the time	5	
Yes, most of the time	17	
Yes, all of the time	77	
asks if I did my homework.		
No, never	1	
Yes, some of the time	6	
Yes, most of the time	20	
Yes, all of the time	72	
checks my homework.		
No, never	12	
Yes, some of the time	30	
Yes, most of the time	27	
Yes, all of the time	31	
asks me about school.		
No, never	2	
Yes, some of the time	13	
Yes, most of the time	22	
Yes, all of the time	63	
asks me about my grades.		
No, never	5	
Yes, some of the time	14	
Yes, most of the time	23	
Yes, all of the time	58	

Question ES A.62, 65-68: Does a parent or some other grown-up at home care about your schoolwork?... Does a parent or some other grown-up at home ask if you did your homework?... Does a parent or some other grown-up at home check your homework?... Does a parent or some other grown-up at home ask you about school?... Does a parent or some other grown-up at home ask you about your grades?

# 9. Alcohol and Other Drug (AOD) Use

Table A9.1
Use of Alcohol or Other Drugs, Lifetime

	Grade 5
	%
Alcohol, one or two sips	12
Alcohol, a full glass	1
Inhalants (to get high)	2
Marijuana	0
None of the above	87
Any of the above	13

Question ES A.56-58: Have you ever drunk beer, wine, or other alcohol?... Have you ever sniffed something through your nose to get "high?"... Have you ever smoked any marijuana (pot, grass, weed)? Note: Cells are empty if there are less than 25 respondents.

Table A9.2

Perception of Health Risk of Alcohol and Marijuana Use

	Grade 5
	%
Alcohol	
No, not bad	4
Yes, a little bad	33
Yes, very bad	63
Marijuana	
No, not bad	2
Yes, a little bad	5
Yes, very bad	71
I don't know what marijuana is	21

Question ES A.60, 61: Do you think drinking alcohol (beer, wine, liquor) is bad for a person's health?... Do you think using marijuana (pot, grass, weed) is bad for a persons health?

# 10. Tobacco Use

Table A10.1
Use of Cigarettes and E-Cigarettes, Lifetime

	Grade 5	
	%	
Ever smoked a cigarette	1	
Part of a cigarette, like one or two puffs	0	
A whole cigarette	0	
Ever used an electronic cigarette	2	

Question ES A.54, 55: Have you ever smoked a cigarette?... Have you ever used an electronic cigarette, ecigarette, or other vaping device such as e-hookah, hookah pens, or vape pens?

Note: Cells are empty if there are less than 25 respondents.

Table A10.2

Perception of Health Risk of Cigarette Smoking

	Grade 5
	%
No, not bad	2
Yes, a little bad	3
Yes, very bad	95

Question ES A.59: Do you think smoking cigarettes is bad for a person's health?

# 11. Physical Health

**Table A11.1** 

# Breakfast Consumption

	Grade 5
	%
No	14
Yes	86

Question ES A.5: Did you eat breakfast this morning?

Note: Cells are empty if there are less than 25 respondents.

**Table A11.2** 

## Body Image

	Grade 5
	%
Ever been teased about your body at school	I
No	67
Yes	33

Question ES A.53: Have other kids at school ever teased you about what your body looks like? Note: Cells are empty if there are less than 25 respondents.

# 12. Gender Breakdowns

Table A12.1
School Developmental Supports, Connectedness, and Academic Motivation by Gender

1 11 /	<b>~</b>	
	Grade 5	
Percent of Students Scoring High	Female	Male
	%	%
School Environment		
Total school supports	68	60
Caring adults in school	67	65
High expectations-adults in school	70	65
Meaningful participation at school	29	21
School Connectedness	74	64
Academic Motivation	58	44

Note: Cells are empty if there are less than 25 respondents.

Table A12.2
Student Positive Behavior by Gender

	Grade 5	
	Female %	Male %
Follow classroom rules <sup>A</sup>	98	94
Listen when teacher is talking <sup>A</sup>	97	93
Nice to other students <sup>A</sup>	98	95

<sup>&</sup>lt;sup>A</sup>Combines "Most of the time," and "All of the time."

Table A12.3
School Safety-Related Indicators by Gender

	Grade 5		
	Female	Male	
	%	%	
Been Harassed on School Property <sup>A</sup>			
Been hit or pushed	35	52	
Mean rumors spread about you	46	46	
Been called bad names/mean jokes made about	47	48	
you			
Feels safe at school most/all of the time	88	86	

Notes: Cells are empty if there are less than 25 respondents.

Table A12.4
Selected Alcohol and Drug Use Measures by Gender

	Grade 5	
	Female	Male
	%	%
Lifetime AOD Use		
Alcohol, one or two sips	9	15
Alcohol, a full glass	0	1
Inhalants (to get high)	1	2
Marijuana	0	0
Any of the above	10	17
Perceived Health Risk <sup>A</sup>		
Alcohol	97	95
Marijuana <sup>B</sup>	98	96

<sup>&</sup>lt;sup>A</sup>Combines "Some of the time," "Most of the time," and "All of the time."

<sup>&</sup>lt;sup>A</sup>Combines "A little bad" and "Very bad."

<sup>&</sup>lt;sup>B</sup>Students who responded that they didn't know what marijuana was were excluded from calculation.

Table A12.5
Selected Tobacco Measures by Gender

	Grade 5		
	Female %	Male %	
Ever smoked a cigarette	0	2	
Part of a cigarette, like one or two puffs	0	1	
A whole cigarette	0	1	
Electronic cigarette	0	2	
Perceived health risk of cigarette smoking <sup>A</sup>	99	98	

<sup>&</sup>lt;sup>A</sup>Combines "A little bad" and "Very bad."