

Community Resources - COVID-19 School Closure

Por favor desplácese hacia abajo para recursos en español.

General Resources

State of New Mexico: If you are experiencing financial hardship, please visit newmexico.gov for [Information For Individuals Experiencing Financial Hardship](#).

[New Mexico Clearinghouse for Information](#): This is the one location for the State of New Mexico for all types of questions and information relating to the Corona Virus outbreak

[United Way of Central NM](#): Dial 211 to be connected to resources in Central New Mexico or visit <https://uwcnm.org/211>.

[City of Albuquerque Community Contact Center](#): Dial 311 to be connected to local resources.

Corona Virus Hotline for Family Support and Non-Health Related Questions:
1-833-551-0518

New Mexico Crisis & Access Line

855-662-7474

<https://www.nmcrisisline.com/>

NM Department of Health (NMDOH): Contact the NMDOH at 1-855-600-3453, if you have a concern about contact with COVID-19 (this will initiate the screening process).

- Visit the [NM Department of Health website](#) for up-to-date information about COVID-19, including FAQs.

Food Programs

APS Grab & Go: APS provides Grab & Go meals at several school locations for the three-week school closure. For additional details including school locations, [click here](#). *Sombra del Monte E.S. Grab & Go takes place Monday - Friday, between 10 a.m. - 1 p.m.*

Presbyterian Healthcare Services: Presbyterian is offering free meals for kids under 18 at multiple NM locations. [Click here for details about this program](#).

[Roadrunner Food Bank](#): Call 505-247-2052 (Albuquerque) / 866.327.0267 (Toll-Free) or visit their website at rffb.org or rffb.org/covid-19/

CNM Community College: CNM's website provides a [list of food resources in our community](#).

Childcare

<http://www.childrens-choice.org/> Children's Child is a child care site at Sombra del Monte ES

Rio Grande Educational Collaborative (RGECC): The RGECC Program is operating an Emergency all-day program to provide child care for families of "Essential Workers" who have been placed in key roles during the health crisis.

Programs will run from 7:30 AM to 5:00 PM starting Monday March 16th, to April 3rd. **Children ages 5 to 12 can attend at NO CHARGE.** Parents are required to fill out a registration form. For more information, including a list of program sites, please visit rgecc.org or contact us at (505) 873-6035 or email: pbaros@atrisco.org.

City of ABQ extended Spring Break programs for ages 5-15: Visit play.cabq.gov/

Learning

Adventure Academy, ABC Mouse and Reading IQ:

How to access your FREE accounts:

Click on the links below for **Adventure Academy, ABC mouse, Reading IQ** and then enter the School Code: SCHOOL5822

<https://www.adventureacademy.com/redeem>

www.ABCmouse.com/redeem

www.ReadingIQ.com/redeem

MysteryScience

Science lessons

<https://mysteryscience.com/>

Super Teacher Worksheets: If you have a printer at home, this website offers many free worksheets that span all subjects and include answer keys to check work. Not all are free, but a good selection are.

www.superteacherworksheets.com

APS At Home Resources: APS has a site dedicated to getting families information for at home resources to continue learning. [Click here to check it out!](#)

ST MATH: There are resources for your child on ST Math- this is a learning tool all students at Los Ranchos are familiar with. Here is information for families about ST Math and a link to a video from our support for ST MATH

- [Letter to Parents in Spanish](#)
- [Using ST Math at Home](#)
- [ST Math Video Tutorial](#)

Leader in Me Resources: FranklinCovey has developed a free Family Resource page. It is being made accessible without need of a password, for parents who are teaching their children at home. Visit:

<https://www.leaderinme.org/family-resources/> and scroll down to find family friendly bite-sized video lessons, the 7 habits cartoons, 7 habits mini activities, and some student speeches from the student leadership speech contest! This is accessible to anyone and everyone!

Scholastic: [Scholastic](#) is offering free online learning. Please visit:

<https://classroommagazines.scholastic.com/support/learnathome.html>

And here is the link to the news story on this resource: :

<https://www.koat.com/article/scholastic-is-offering-free-online-courses-so-your-kids-can-keep-learning-while-schools-are-closed/31634718>

Amazing Educational Resources: For a list of free educational resources, please visit <http://www.amazingeducationalresources.com/>

Amazon Audible Stories: For as long as schools are closed, Amazon Audible will allow kids everywhere to instantly stream an incredible collection of stories, including titles across **six different languages**, that will help them continue dreaming, learning, and just being kids. All stories are free to stream on your desktop, laptop, phone or tablet. Visit <http://stories.audible.com>

Parentivity (information for parents of children aged birth to five): Parentivity provides 24/7 customized information for parents of children from birth to age five. It includes 2-3-minute learning experiences in the form of interactive games, videos, and more! The system covers topics such as health/safety, prenatal care, early literacy, nutrition, child care, safe sleep, fatherhood, and much more. Parentivity is accessible on smartphones, tablets, and computers. Right now, the state is providing free 30 day accounts to all parents of NM's young children. [Sign up now!](#)

PBS Kids: Parents can sign up for a [free daily newsletter from PBS KIDS](#).

Bedtime Math: <http://bedtimemath.org/fun-math-at-home/>

Spot the Difference Daily: This fun educational game by Smithsonian Magazine, encourages kids to spot the difference between two photos. [Click here to play!](#)

Comcast: Comcast is offering internet to students who need it.
<http://corporate.comcast.com/covid-19>

English	En Español
<p>General Resources:</p> <p>State of New Mexico: If you are experiencing financial hardship, please visit newmexico.gov for Information For Individuals Experiencing Financial Hardship.</p> <p>NEW MEXICO CLEARINGHOUSE FOR INFORMATION This is the one location for the State of New Mexico for all types of questions and information relating to the Corona Virus outbreak</p> <p>United Way of Central NM: Dial 211 to be connected to resources in Central New Mexico or visit https://uwcnm.org/211.</p> <p>City of Albuquerque Community Contact Center: Dial 311 to be connected to local resources.</p> <p>CoronaVirus Hotline for Family Support and Non-Health Related Questions: 1-833-551-0518</p> <p>Contact the NM DEPT of Health at 1-855-600-3453, if you have a concern about contact with COVID-19 (this will initiate the screening process).</p> <ul style="list-style-type: none"> • Visit the NM Department of Health website for up-to-date information about COVID-19, including FAQs. 	<p>Recursos Generales:</p> <p>Estado de Nuevo México: Si usted está experimentando dificultades financieras, visite newmexico.gov para obtener información para las personas que experimentan dificultades financieras.</p> <p>NEW MEXICO CLEARINGHOUSE FOR INFORMATION Este es el único sitio para el Estado de Nuevo México para obtener todo tipo de preguntas e información relacionadas con el brote de Coronavirus.</p> <p>United Way of Central NM: marque 211 para conectarse a recursos en el centro de Nuevo México o visite https://uwcnm.org/211</p> <p>City of Albuquerque Community Contact Center: marque 311 para conectarse a los recursos locales.</p> <p>Línea Directa de Coronavirus para Apoyo Familiar y Preguntas no relacionadas con la salud: 1-833-551-0518</p> <p>Comuníquese con el Departamento de Salud de NM al 1-855-600-3453, si tiene alguna inquietud sobre el contacto con COVID-19 (esto iniciará el proceso de detección).</p> <ul style="list-style-type: none"> • Visite el sitio web del Departamento de Salud de Nuevo México para obtener información actualizada sobre COVID-19, incluidas las preguntas frecuentes.
<p>Food Programs:</p>	<p>Programas de comida:</p>

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Roadrunner Food Bank: Call 505-247-2052 (Albuquerque) / 866.327.0267 (Toll-Free) or visit their website at rffb.org or rffb.org/covid-19/

CNM's website provides a [list of food resources in our community](#).

APS Grab & Go: APS proporciona comidas Grab & Go (para llevar) en varias ubicaciones escolares por las tres semanas del cierre escolar. Para obtener detalles adicionales, incluyendo las ubicaciones de las escuelas, haga [clic aquí](#). Los Ranchos E.S. Grab & Go se lleva a cabo de lunes a viernes, de 10 a.m. a 1 p.m.

Presbyterian ofrece comidas gratis para niños menores de 18 años en múltiples ubicaciones de NM. Haga clic aquí para obtener detalles sobre este programa. <https://www.phs.org/about-us/news/Pages/presbyterian-expands-free-meal-program-for-kids.aspx>

Roadrunner Food Bank (Banco de comida Roadrunner): llame al 505-247-2052 (Albuquerque) / 866.327.0267 (sin cargo) o visite su sitio web en rffb.org o rffb.org/covid-19/

El sitio web de CNM proporciona una lista de recursos alimenticios en nuestra comunidad. <https://www.cnm.edu/cnm-community/community-resources/food>

Childcare:

[Rio Grande Educational Collaborative \(RGEC\)](#): The RGEC Program is operating an Emergency all-day program to provide child care for families of "Essential Workers" who have been placed in key roles during the health crisis.

Cuidado de niños:

[Rio Grande Educational Collaborative \(RGEC\)](#): El programa de RGEC está operando un programa de emergencia para proveer cuidado de niños para las familias que son consideradas "trabajadores esenciales" y que han sido

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puestos en trabajos clave durante esta crisis de salud. El programa sera de 7:30am a 5:00pm. A partir del lunes 16 de marzo hasta el dia 3 de abril. **Los niños de 5 a 12 años de edad podrán asistir sin ningún cargo.** Los padres tendrán que llenar una forma de registración. Para más información, incluyendo una lista de los lugares donde se llevara acabo el programa, por favor visite rgec.org o puede llamar al (505)873-6035 o manda un correo electrónico al pbaros@atrisco.org.

Programas de vacaciones de primavera extendidos de la ciudad de ABQ para niños de 5 a 15 años: visite <http://play.cabq.gov>

Learning:

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Aprendizaje:

Recursos para el hogar: APS tiene un sitio dedicado para que las familias puedan obtener información sobre recursos para continuar aprendiendo en el hogar, [haz clic aquí para ver los recursos.](#)

ST Math: Hay recursos para su hijo en ST Math. Esta es una herramienta de aprendizaje con la que todos los estudiantes de Los Ranchos están familiarizados. Aquí hay información para familias sobre ST Math y un enlace a un video de nuestro apoyo para ST Math

- [Carta a los padres en español](#)
- [Usando ST Math en casa](#)
- [Tutorial en video de ST Math](#)

Leader in Me Resources: FranklinCovey has developed a free Family Resource page. It is being made accessible without need of a password, for parents who are teaching their children at home. Visit:

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Scholastic: [Scholastic](https://www.scholastic.com) is offering free online learning. Please visit: <https://classroommagazines.scholastic.com/support/learnathome.html>

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Amazing Educational Resources: For a list of free educational resources, please visit <http://www.amazingeducationalresources.com/>

Recursos de Líder en mí: FranklinCovey ha desarrollado una página gratuita de recursos familiares. Se hace accesible sin necesidad de una contraseña, para que los padres utilicen con sus hijos en casa.

Visite: <https://www.leaderinme.org/family-resources/> y desplácese hacia abajo para encontrar lecciones en video para familias, los dibujos animados de 7 hábitos, las mini actividades de 7 hábitos y algunos discursos de estudiantes del concurso de oratoria de liderazgo estudiantil. ¡Esto es accesible para todos!

Scholastic: Scholastic está ofreciendo aprendizaje en línea gratuito. Por favor visite: <https://classroommagazines.scholastic.com/support/learnathome.html>

Y aquí está el enlace a la noticia en este recurso:

<https://www.koat.com/article/scholastic-is-offering-free-online-courses-so-your-kids-can-keep-learning-while-schools-are-closed/31634718>

Amazing Educational Resources (Recursos educativos increíbles): para obtener una lista de recursos educativos gratuitos, visite <http://www.amazingeducationalresources.com/>

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PBS Kids: Parents can sign up for a [free daily newsletter from PBS KIDS.](#)

Amazon Audible Stories: (Historias de Amazon Audible): mientras las escuelas estén cerradas, Amazon Audible permitirá a los niños de todo el mundo transmitir instantáneamente una increíble colección de historias, incluidos títulos en seis idiomas diferentes, que los ayudará a seguir soñando, aprendiendo y simplemente siendo niños. Todas las historias son gratuitas en su computadora de escritorio, computadora portátil, teléfono o tableta. Visita <http://stories.audible.com>

Parentivity (información para padres de niños recién nacidos hasta los cinco años): Parentivity brinda información personalizada las 24 horas, los 7 días de la semana, para padres de niños desde el nacimiento hasta los cinco años. Incluye experiencias de aprendizaje de 2-3 minutos en forma de juegos interactivos, videos y más! El sistema cubre temas como salud / seguridad, atención prenatal, alfabetización temprana, nutrición, cuidado infantil, sueño seguro, paternidad y mucho más. Se puede acceder a Parentivity en teléfonos inteligentes, tabletas y computadoras. En este momento, el estado está proporcionando cuentas gratuitas de 30 días a todos los padres de los niños pequeños de NM. [¡Regístrate ahora!](#)

PBS Kids: los padres pueden suscribirse a [un boletín diario gratuito de PBS KIDS.](#)

Bedtime Math:

<http://bedtimemath.org/fun-math-at-home/>

Spot the Difference Daily: This fun educational game by Smithsonian Magazine, encourages kids to spot the difference between two photos. [Click here to play!](#)

Bedtime Math: matematicas para la hora de dormir

<http://bedtimemath.org/fun-math-at-home/>

Spot the Difference Daily- Encuentra la diferencia diariamente: este divertido juego educativo de la revista Smithsonian anima a los niños a detectar la diferencia entre dos fotos. ¡Haga clic aquí para jugar!

<https://www.smithsonianmag.com/games/spot-difference-180968040/>