

Menu



Mayfield Girls School

Week 6	Monday 22/05	Tuesday 23/05	Wednesday 24/05	Thursday 25/05	Friday 26/05		
Cooked Breakfast	Fried egg, hash brown, plum tomatoes & baked beans	streaky bacon, poached eggs & mushrooms	Continental - croissant, ham & cheese, tomato (smoothie)	Sausage, sauté potatoes, plum tomatoes	French toast with berries & Greek yoghurt (*Hot chocolate)		
Lunch Main Meal	Courgette mac 'n' cheese with garlic sourdough breadcrumbs	Pesto chicken breast	Leppards beef burgers in a brioche bun with Monterey jack cheese & burger relish	Chinese style pork bao buns with crispy onions & sesame	Fritto misto with lemon mayonnaise		
Lunch Vegetarian	Quorn and lentil cottage pie	Sundried tomato & artichoke risotto	Harissa sweet potato cake with fried egg	Bang bang cauliflower with crunchy vegetables	Baked flat mushroom with goats cheese and red onion chutney		
Lunch Side Dishes	Peas, sweetcorn & focaccia	Italian vegetable tray bake	French fries, corn on the cob & rainbow slaw	Pak choi, Chinese leaf, sugar snaps & baby corn & chow mein noodles	Chips & peas		
Salad Bar Specials	Thai ginger salad	Harissa Salmon with Lemony Giant Couscous	Pomegranate Glazed Chicken with Red Quinoa	Greek Orzo Salad	Salad of the day		
	Super Green Pesto Pasta	Grilled Courgette & Goats Cheese salad	Butternut Squash & Barley Salad	Mexican Street Corn Salad			
Jacket Potato & Topping	Baked beans	Baked Beans	Baked beans	Baked beans	Baked beans		
		Tuna & sweetcorn		Prawn Marie-rose			
Lunch Dessert	Churros with chocolate sauce	Peach and raspberry pudding	Passion fruit mousse	Red velvet cake	Ice cream		
Supper Main Meal	Nando's style chicken	Beef burrito bowl	Pork steak with garlic butter	Lamb kofta			
Supper Vegetarian	Mushroom & halloumi pitta with chilli jam	Quorn burrito bowl	Vegetarian Cumberland sausages	Falafel kofta kebabs			
Supper Side Dishes	Potato wedges & slaw	Rice, beans, sweetcorn, guacamole & soured cream	Mashed potato and Roasted cauliflower	Flatbreads, tzatziki, hummus and Greek salad			
Salad Bar	A Variety Of Salads Available Daily, Including Mixed Side Salads, Pasta Salads, Grain Salads & Meat & Cheese Boards						
Jacket Potatoes	Jacket Potatoes or Baked Sweet Potatoes With Beans Served Daily						
Dessert	Ice cream/frozen yoghurt, fresh fruit & jellies	Fresh fruit, yoghurt and jellies	Ice cream/frozen yoghurt, fresh fruit & jellies	Fresh fruit, yoghurt and jellies			
Dietary Requirements	All our food is made fresh on site every day. We always make sure we have gluten free and dairy free options on both our hot counters and cold counters.						