

International School of Bremen

Frische Pause e.V.

Lunch Menu

-Speisekarte-

Monday, 22nd May 2023

Cream of Curry Soup with Coconut Milk

Currycremesuppe mit Kokosmilch



Organic Quality Salad Bar

-Salatbuffet in Bio-Qualität-
(Lactose, Gluten, Nuts)



Schupfnudel Pan with Tomatoes, Cheese and Basil

Schupfnudelpfanne mit Tomaten, Käse und Basilikum
(Gluten, Lactose)



Kiwis

Kiwis

We process seasonal fruits and vegetables from regional organic cultivation. By waiving a pre-registration of the participants of the meal as well as by weather influences it can come to short-term meal plan changes. We ask for your understanding. With a few exceptions, we do not use any additives that are subject to labelling. A list and allergens can be found as a notice in the page area.

International School of Bremen

Frische Pause e.V.

Lunch Menu

-Speisekarte-

Tuesday, 23rd - May 2023

Cream of Carrot Soup with Roasted Sunflower Seeds

Möhrencremesuppe mit gerösteten Sonnenblumenkernen



Organic Quality Salad Bar

-Salatbuffet in Bio-Qualität-
(Lactose, Gluten, Nuts)



Potato Wedges with Sour Cream and mixed Salad

Kartoffelecken mit Sour Cream und buntem Salat
(Lactose)



Applesauce

Apfelmus

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Lunch Menu

-Speisekarte-

Wednesday, 24th May 2023

Cold Cucumber Soup with Dill

Kalte Gurkensuppe mit Dill



Organic Quality Salad Bar

-Salatbuffet in Bio-Qualität-
(Lactose, Gluten, Nuts)



Salmon in Cream Sauce or Leek in Cheese Sauce, served with Rice and Paprika Salad

Lachs in Sahnesauce oder Lauch in Käsesauce, dazu Reis und Paprikasalat
(Lactose, Gluten)



Chocolatepudding

Schokopudding
(Lactose, Gluten)

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Lunch Menu

-Speisekarte-

Thursday, 25th May 2023

Cream of Kohlrabi Soup with Chives

Kohlrabicremesuppe mit Schnittlauch



Organic Quality Salad Bar

-Salatbuffet in Bio-Qualität-
(Lactose, Gluten, Nuts)



Vegetable and Potato Casserole with Gratinated Cheese

Gemüse-Kartoffel-Auflauf mit überbackenem Käse
(Lactose, Egg)



Fruitalad

Obstsalat

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Frische Pause e.V.

Lunch Menu

-Speisekarte-

Friday, 26th May 2023

Antipasti with marinated Olives

Gemüse aus dem Ofen mit eingelegten Oliven



Organic Quality Salad Bar

-Salatbuffet in Bio-Qualität-
(Lactose, Gluten, Nuts)



Creamy Tomato Soup with Garlic Baguette and White Cheese Cubes

Creemige Tomatensuppe mit Knoblauchbaguette und Weißkäsewürfeln
(Gluten)



Oranges

Orangen

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