

# DINUBA COMMUNITY RESOURCE DIRECTORY

This community resource directory was created by staff at Dinuba Unified School District's Learning, Guidance, and Student Support Center (LGSSC) to support students and families with resource information. The LGSSC strives to meet the social and emotional needs of students and families by providing appropriate supports, services, and linkage to community resources. Please contact the LGSSC directly if you have any questions at (559) 595-7380.

## COUNSELING SERVICES

### **Dinuba Children's Services (DCS)**

144 S L Street  
Dinuba, CA  
(559) 591-6680

- DCS is an outpatient children's mental health services program staffed by mental health clinicians, rehabilitation specialists, psychiatrists and a crisis response team. DCS accepts Tulare County Medi-Cal. Self-referrals are accepted.

### **Valley Health Team**

888 N. Alta Ave  
Dinuba, CA  
(559) 595-1000

- Offers mental health services to children and adults. They also offer case management, crisis intervention, and medication services. Their offices are located in Dinuba and Kingsburg. Valley Health Team accepts Medi-Cal, private insurance and offers a sliding fee scale. Self-referrals are accepted.

### **Kaweah Delta Dinuba Health Care**

355 Monte Vista Dr  
Dinuba, CA 93618  
(559) 595-7659

- Offers mental health services to children and adults, provided by Lauren Diaz, LCSW. Kaweah Delta accepts Medi-Cal/private insurance and offers a sliding fee scale. Referrals need to be made by a medical doctor.

### **United Health Centers**

650 Zediker Ave, Parlier, CA (559) 646-6618  
445 11<sup>th</sup> St, Orange Cove, CA (559) 626-4031

- Offers mental health services to children and adults to address trauma, abuse, anxiety, grieving, depression, eating disorders, domestic violence, conflict resolution, adolescent behaviors, Post-Traumatic Stress Disorder (PTSD), Attention-Deficit/Hyperactivity Disorder (ADHD), and substance use disorders. Their offices are located in Parlier and Orange Cove. United Health Centers accepts Medi-Cal, private insurance and offers a sliding fee scale. Self-referrals are accepted.

### **North County One Stop Mobile Unit**

201 North Court St.  
Visalia, CA 93291  
(559) 627-2046

- Offers mental health services to children, transitional age youth (TAY) 16 to 25 years of age, and adults with severe mental illness. North County One-Stop accepts Medi-Cal, private insurance and offers a sliding fee scale. Self-referrals are accepted.

## COUNSELING SERVICES (continued)

### **University of Phoenix Counseling Skills Center**

(909) 472-3798

- Offers free Telehealth Video Therapy by Marriage and Family Therapy (MFT) Trainees in both English and Spanish (Individual, Couples, Family, and Child). Please call to leave a message and a therapist will call back to do an intake and schedule an appointment.

### **Family Services of Tulare County**

815 W Oak

Visalia, CA

(559) 741-7310

- Provides holistic approach to serve families affected by domestic violence. Services include community crisis response, survivor support groups, offender services, individual counseling and legal assistance.

### **Victim/Witness Assistance**

221 S Mooney Blvd. Room 264 (Second Floor)

Visalia, CA

(559) 636-5471

- Provides coordination of services and assistance with costs associated with being a victim of crime.

## CHILD CARE ASSISTANCE

### **Tulare County Centralized Eligibility List - Connections for Quality Care**

7000 Doe Ave, Suite C

Visalia, CA

(559) 651-3026

- A one-stop system that allows families to apply for assistance to pay for all or part of their child care needs. Applications can be completed via telephone at (559) 651-3026. A list of child care providers can be obtained by calling (559) 651-0185.

## ALCOHOL AND OTHER DRUG PREVENTION, TREATMENT, AND RECOVERY SERVICES

### **Turning Point Youth Services**

220 N. Locust Street

Visalia, CA

(559) 627-1385

- Offers Drug and Alcohol Counseling for youth, ages 11-21. Services can be provided at Dinuba Children's Services upon request.

### **Central Valley Teen Challenge**

42675 Road 44

Reedley, CA

(559) 387-5132

- Provides a one-year, faith-based, residential care program to adults struggling with life-controlling problems. This adult residential program for men and women ages 18 and older is offered at no charge to the individual. To inquire about entering the residential program or to see what other services Teen Challenge offers in your area, please call the center directly.

## ALCOHOL AND OTHER DRUG PREVENTION, TREATMENT, AND RECOVERY SERVICES (continued)

### **Tulare County Alcohol and Other Drug (AOD) Treatment Program**

942 South Santa Fe Avenue

Visalia, CA

(559) 636-4000

- Provides services to families who experience the effects of substance use disorders. Services include outpatient and residential treatment by certified and other drug treatment specialists. Services include perinatal outreach programs for pregnant and/or parenting women impacted by substance use.

### **Alcohol and Substance Use Disorder Access Line**

1(866) 732-4114

- A confidential, free, 24 hours a day, 365 days a year information service for individuals and family members facing alcohol and drug addictions (substance use disorders).

### **Alcoholics Anonymous (AA)**

(559) 592-6999

- Offers AA support meetings in Spanish and English. Please call for further information regarding schedule and location of meetings.

## HEALTH RESOURCES

### **Child Health and Disability Prevention Program**

(559) 685-5800

- Provides health examinations for children and youth (ages 21 years and younger) from low-income families, at no cost.

### **Every Woman Counts (EWC)**

1(800) 511-2300

- Provides free breast and cervical cancer screening and diagnostic services. Services include public and provider education, early detection, diagnosis, case management, and integrated preventive services. Please call for a list of local providers.

### **Tulare County Immunization Department**

(559) 685-5725

- Helps provide low-cost immunizations to children and adults who have no health insurance, who have Medi-Cal, or whose insurance does not cover immunizations.

## EMERGENCY SHELTER/ BASIC NEEDS

### **Open Gate Ministries**

511 North K Street

Dinuba, CA

(559) 591-1241

- Offers emergency shelter for homeless families and individuals in need of short-term care. Provides temporary food assistance, counseling through local ministers, spiritual nurturing, help with utilities or rent, and employment assistance.

## **EMERGENCY SHELTER/ BASIC NEEDS (continued)**

### **Parenting Network – Dinuba Family Resource Center (FRC)**

597 Alta Ave  
(559) 334-3269

- Offers family support for basic needs, such as food and clothing. The Dinuba FRC assists or links families to child care assistance, health access, legal aid, CalWorks/Homeless programs, mental health access, public housing assistance, substance use counseling, support groups, assistance with unemployment and disability applications, and much more.

### **Love INC of Tulare County**

(559) 733-8870

- Love INC offers basic needs and referrals to community resources, including school supplies, foster care kits, food, clothing, furniture, disaster recovery, parolee assistance, utility bill assistance, money management classes, and more.

### **CSET**

4025 W. Noble  
Visalia, CA  
(559) 713-5000

- Offers help with food, rent and housing expenses during crises (based on funding). Please call for further information.

### **Food Link**

(559) 738-1765  
1 (800) 283-9000

- Offers emergency food assistance.

### **CalFresh (Nutrition Assistance)**

1066 N. Alta Ave.  
Dinuba, CA  
1 (800) 540-6880

- Formerly known as Food Stamps; provides monthly benefits to eligible families to assist with food. Households authorized to receive CalFresh will have their benefits added onto a plastic card called an Electronic Benefit Transfer (EBT) card that can be used to buy food at most grocery and convenience stores or other authorized places. Applications may be submitted either in person, by mail, or fax. You may also apply via the My Benefits CalWIN website at [www.MyBenefitsCalWIN.org](http://www.MyBenefitsCalWIN.org). If you do not have all the information to complete the application, you may submit an incomplete application with just your name, address, and signature and an Eligibility Worker can assist you in finishing the application.

### **CalWORKS (Cash Aid)**

1066 N. Alta Ave.  
Dinuba, CA  
1 (866) 238-6026

- Provides temporary cash assistance to eligible families with children to help pay for necessities like clothing, housing and food.

### **SSI Advocacy**

1 (800) 269-8910

- Help complete Supplemental Security Income (SSI) and Social Security Disability Income (SSDI) program applications.

## EMERGENCY SHELTER/ BASIC NEEDS (continued)

### **211 Tulare County**

- Helps locate basic resources like food, shelter, employment, or health care. Please dial 2-1-1 to receive information about community resources and referrals.

## PREGNANCY SUPPORT SERVICES

### **Dawning's Pregnancy Resource Center**

682 S 1<sup>st</sup> Ave  
Dinuba, CA  
(559) 595-9323

- Provides free and confidential pregnancy support services.

### **Community Youth Ministries Teen Moms Program**

(559) 638-6585

- Provides free support to young mothers and their children, including assistance with baby items and social and emotional support.

### **CalLearn**

1066 N. Alta Ave.  
Dinuba, CA  
1 (800) 540-6880

- Helps pregnant or parenting teens under 19 years of age complete their high school diploma or equivalent. Provides supportive services including child care, bus passes, transportation costs, and school books and supplies.

## EMPLOYMENT SERVICES

### **Proteus**

400 W Tulare St  
Dinuba, CA  
(559) 591-5701

- Provides education, job training, job placement and other support services to families and participants.

### **Senior Community Service Employment Program**

2222 W Sunnyside Ave, Ste. 4  
Visalia, CA  
(559) 625-8088

- Assists job seekers, age 55 and over, with training and employment opportunities.

## LEGAL/IMMIGRATION SERVICES

### **Central California Legal Services**

2025 W Feemster Ave  
Visalia, CA  
(559) 733-8770

- Provides free legal assistance to low-income residents of the Central Valley on a variety of legal issues.

### **Fresno Education and Leadership Foundation**

4290 E. Ashlan Ave.  
Fresno, CA 93726  
(559) 291-5428

- Provides immigration services for a nominal fee to the immigrant community in the Central Valley.

### **O.L.A. Raza Inc.**

115 W Main St., Suite C  
Visalia, CA  
(559) 627-6291

- Provides legal information, education, and services regarding immigration.

### **Services Immigrant Rights and Education Network (SIREN)**

2904 N Blackstone, Suite 202  
Fresno, CA  
(559) 840-0005

- Provides immigration legal services and consultations for citizenship, Deferred Action for Childhood Arrivals (DACA), refugee and asylum assistance, deportation defense and legal advocacy, and more.

### **Immigrant Q&A Hotline**

(408) 453-3003

- This free immigrant question and answer hotline provides legal information and referrals to low cost community resources.

### **Tulare County Superior Court & Self-Help Resource Center - Family Law Facilitator**

3400 West Mineral King, Suite C  
Visalia, CA 93291  
(559) 737-5500

- Help is provided for completing legal documents in regards to family law.

## TRANSPORTATION

### **Dinuba Area Regional Transit (DART)**

1 (877) 404-6473

- Provides fixed route (\$1.00) and **Dial-a-Ride** service (\$1.50). Trips may be scheduled 30 minutes in advance by calling (559) 595-8800. Offers **Jolly Trolley** service, a FREE route with various stops every 30 minutes. Please call DART directly for further information.

## COVID-19 TESTING SITES/SUPPORT

### **Dinuba Memorial Building –OptumServe**

249 S Alta Ave  
Dinuba, CA  
(888) 634-1123

- Offers Covid-19 testing with a scheduled appointment. Please call or visit <https://lhi.care/covidtesting> to schedule an appointment.

### **Mountain View Medical Clinic**

468 N. Vermont  
Dinuba, CA  
(559) 591-6200

- Offers Covid-19 testing as a walk-in or with a scheduled appointment if patients have a Preferred Provider Organization (PPO) health insurance plan. Patients with Medi-Cal will need to establish care.

### **Rite Aid**

875 N. Alta Ave  
Dinuba, CA  
(559) 595-1341

- Offers Covid-19 testing at no cost for anyone 18+ years of age. Please call or visit <https://www.riteaid.com/pharmacy/services/covid-19-testing> to schedule an appointment.

### **Valley Health Team**

888 N Alta Ave  
Dinuba, CA  
(559) 595-1000

- Offers Covid-19 testing for established patients. Please call for further information.

### **Kaweah Delta Dinuba Health Clinic**

355 Monte Vista Dr.  
Dinuba, CA  
(559) 595-7650

- Offers Covid-19 testing. Please call for further information.

### **Aria Community Health Center Dinuba**

271 N L Street  
Dinuba, CA  
(559) 591-1820

- Offers Covid-19 testing for established patients. Please call for further information.

### **Take Care Grocery Box Deliveries**

(559) 234-0707

- Take Care is an organization that is offering grocery box deliveries for the elderly or immunocompromised in Tulare County. Families can request more information by calling (559) 234-0707.

### **CSET – Rent/Mortgage Payment Assistance**

(559) 732-4194

- Provides assistance to income eligible households that have been affected due to the Covid-19 pandemic. Applications can be submitted online at <https://www.cset.org/housing> or by calling CSET directly.

## **ADDITIONAL SUPPORT/CRISIS HOTLINES**

### **Dinuba Children's Services Crisis Hotline**

(559) 591-6680

- Offers crisis support services for children, Monday through Friday from 8:00 A.M. to 5:00 P.M.

### **National Suicide Prevention Lifeline**

1 (800) 273-8255

- Connects youth and adults with a trained counselor at a crisis center in their area, anytime. Open 24 hours a day, 7 days a week.

### **Tulare County Mental Health Crisis Hotline**

1 (800) 320-1616

- Provides crisis intervention to children and adults residing in Tulare County. Open 24 hours a day, 7 days a week.

### **Tulare County Warm Line**

1 (877) 306-2413

- Provides support with someone who will listen to your concerns. Staff are bilingual English and Spanish. Call is free and confidential. Open every day from 8:00 A.M. to 10:00 P.M.

### **Crisis Text Line**

- "Text HOME to 741741 from anywhere in the United States, anytime. Crisis Text Line is here for any crisis. A live, trained Crisis Counselor receives the text and responds, all from our secure online platform. The volunteer Crisis Counselor will help you move from a hot moment to a cool moment."

### **National Domestic Violence Hotline**

1 (800) 799-7233

- Provides crisis intervention and referrals to local services and shelters for victims of partner or spousal abuse. English and Spanish speaking advocates are available 24 hours a day, seven days a week.

### **Tulare County Child Abuse Hotline**

1 (800) 331-1585

- To report suspected child abuse/neglect or to seek additional support or access to resources.

### **Tulare County Adult Abuse Reporting Hotline**

1 (800) 321-2462

- To report suspected adult abuse/neglect or to seek additional support or access to resources.