YOUR EMPLOYEE SUPPORT PROGRAM

Elder Care Resources —
Support is there when you need it



The care of an older family member can be a very rewarding experience. But whether you are providing hands-on assistance, or managing care from afar, caregiving can be both challenging and stressful.

Your employee support program can help with information and referrals to assist you in all areas of elder caregiving and family support.

- Confidential caregiver support services provided 24/7 via phone or web
- Qualified Elder Care Consultants available
- Community resources and assistance in your area
- Literature on caregiving, insurance, and end-of-life decisions
- Referrals for in-home care providers, assisted living providers, and skilled nursing facilities

ALWAYS AVAILABLE. ALWAYS CONFIDENTIAL.

Anthem BlueCross

TOLL-FREE: **800 999-7222**
WEBSITE: **www.anthemeap.com**
USERNAME: **SISC**