

San Angelo ISD Summer 2023

JUN

MENU 2023

GEAR UP FOR PUSH-UP CHALLENGE



ANNOUNCEMENTS:

- Breakfasts consist of an entrée, fruit, and choice of milk. Breakfast items are underlined.
- Participants are to take all items offered.
- Menu subject to change.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

Cereal

BBQ Rib Sandwich
Baby Carrots/Ranch
Peachy Applesauce
Choice of Milk

6

Cereal and Grahams or Yogurt and Grahams

Beef Teriyaki/Rice
Peas & Carrots
Mixed Fruit
Choice of Milk

7

French Toast

Burrito
Salad
Orange
Choice of Milk

8

Toaster Pastry

Cheeseburger
Salad
Strawberry applesauce
Choice of Milk

9

Cereal/Grahams

Pizza
Baby Carrots/Ranch
Apple
Choice of Milk

12

Sunrise Maple Bites

Corndog or Mini Corndogs
Baked Beans
Fruit of the Day
Choice of Milk

13

Muffin or Breakfast Pizza

BBQ Rib Sandwich
Baby Carrots
Fruit of the Day
Choice of Milk

14

Cereal/Grahams or Egg Cheese Sandwich

Orange Chicken/Rice
Vegetable Blend
Pineapple or Pears
Choice of Milk

15

Muffin or Strawberry Bagel

Pizza
Celery Sticks/Ranch
Fruit of the Day
Choice of Milk

16

Cereal

Cheeseburger
Salad
Peachy Applesauce
Choice of Milk

19

Cereal/Grahams

Steak Sandwich
Salad
Fruit of the Day
Choice of Milk

20

WG Mini Donuts
Mini Cheese Pockets
Marinara
Vegetable of the Day
Fresh Apple
Choice of Milk

21

Toaster Pastry

Soft Beef Tacos
Fiesta Salad
Pineapple or Pears
Choice of Milk

22

Cereal/Grahams

Corndog or Mini Corndogs
Baked Beans
Fruit of the Day
Choice of Milk

23

Banana Chocolate Chip Bar

Pizza
Vegetable of the Day
Fresh Fruit
Choice of Milk

26

French Toast

Burrito
Salad
Pineapple or Pears
Choice of Milk

27

Cereal/Grahams

BBQ Sandwich
Jalapeno Pinto Beans
Chips
Applesauce
Choice of Milk

28

Toaster Pastry

Chicken Sliders
Vegetable of the Day
Fruit Cocktail
Choice of Milk

29

Strawberry Yogurt Chex

Pizza
Baby Carrots/Ranch
Fruit of the Day
Choice of Milk

30

Cereal/Grahams

Cheeseburger
Salad
Chips
Fruit of the Day
Choice of Milk

