

NSSD 6-8 Health Curriculum

December 2019

District Overview:

In the Spring of 2018, the North Santiam School District (NSSD) completed a process to adopt new Health Educational materials to respond to the revised Health Education Standards by the Oregon Department of Education (ODE). Due to the sensitivity of new Health Standards, the District has completed a process with staff and parent involvement to ensure Health instruction in NSSD is developmentally appropriate and is clearly communicated.

In grades 6-8 the sensitive topics and standards identified have been delayed for instruction during the second semester. Due to the complexity of schedules in our 6-8 buildings across the District, each building will be communicating directly with parents regarding when the following units and lessons will be instructed. The following is a description of the units and lesson titles to assist parents in identifying any potential areas of concern they may elect to opt their child from. The District has developed a website with additional resources for parents to review as well.

- **Unit: Building Healthy Relationships**
 - Chapter 1, Lesson 2 - Family Relationships
 - Chapter 2, Lesson 1-3 - Dating Relationships and Abstinence
- **Unit Mental and Emotional Health**
 - Chapter 2, Lesson 2 - Suicide Prevention
 - Chapter 2, Lesson 3 - Help for Mental & Emotional Disorders
- **Unit Conflict Resolution and Violence Prevention**
 - Chapter 2, Lesson 3 - Abuse
 - Chapter 2, Lesson 4 - Preventing and Coping with Abuse
- **Unit The Life Cycle**
 - Chapter 1, Lesson 1 Changes During Puberty
 - Chapter 1, Lesson 2 The Male Reproductive System
 - Chapter 1, Lesson 3 The Female Reproductive System
- **Unit Communicable Diseases**
 - Chapter 1, Lesson 4: Sexually Transmitted Diseases
 - Chapter 1, Lesson 5 - HIV/AIDS
- **Healthy Relationships and Sexuality (entire unit)**

Parents have the right to opt their child out from receiving this instruction. The District strongly encourages parents to preview the materials prior to opting out of instruction so that they may make

the most informed decision possible. A page has been dedicated on the District website where parents can become informed on the process used in NSSD, what's being covered and the opt out process. Please visit the District website at nsantiam.k12.or.us and go to Departments > Curriculum & Instruction > Health Instruction or use this link: <http://bit.ly/NSSDhealth>

If you are interested in viewing the curriculum, you may make an appointment by contacting the Instructional Support and Services Team (ISST) at 503-769-1582. We are happy to answer any questions that you have and have all materials available for review.

Dave Bolin
Associate Superintendent

The New Materials: (Review from September)

Glencoe's Teen Health is a sequential, three-course program for middle school students that provides a skills-based health education curriculum. The online and printed curriculum employs an interactive, student-centered, skills-based approach toward meeting the Oregon Health Education Standards. Teen Health focuses on adolescent health behaviors identified by the Centers for Disease Control and Prevention as contributors to the leading causes of morbidity and mortality among youth. The success of the program requires a team effort, involving you, your child, the teacher, and trusted adults.

Delivery of Materials: (Review from September)

In all instances, parents should receive communication from their schools about the units of study and when they will be taught. By working together to reinforce the skills taught in Teen Health, we can help your child make healthy decisions about their body, what will keep them safe, and prepare them to meet the challenges of the future.



North Santiam School District

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