



Get Your Sports Screening While Supporting Your Team

Help your school and team while meeting your participation requirements, with part of the screening fee going to your school. That's right—Saddleback Family and Urgent Care will only collect \$20 of the \$40 screening fee, and the rest goes to support your activities.

Sports Screenings are mandatory for all Summer participation and competition.

If you are unable to attend the event on campus you can go to Saddleback Family and Urgent Care for your sports screening, but it will not be part of the fundraiser.

What to expect

- ✚ The student's school sports screening paperwork and the attached Sports Screening Check-In Form must be completed, and **parents must sign prior to arriving at their appointment.**
- ✚ During the physical exam portion, we will check the following:
 - Height
 - Weight
 - Eyesight
 - Blood pressure
 - Ears, nose, and throat
 - Heart and lungs
 - Abdomen
 - Strength and flexibility

Questions?

Contact Carlos Leon at carlos.leon@svusd.org or Jill Clark at jill.clark@svusd.org.

When

May 30, 1-7p.m.

1-3 football
3-4 wrestling
4-5 XC (girls)
5-6 pep squad
6-7 soccer (boys) & walk-ins

May 31, 1-7 p.m.

1-3 Volleyball (girls) & Baseball
3-4 soccer (girls)
4-5 Tennis
5-6 Aquatics & walk-ins
6-7 walk-ins

June 1, 10:45 a.m.-4:00 p.m.

11-12 XC (boys)
12-1 Basketball (boys)
1-2 Basketball (girls)
2-4 Jr High School & walk-ins

Where

Trabuco Hills High School
Multipurpose room

27501 Mustang Run
Mission Viejo, CA 92691

Athletes will be seen on
a first-come, first-served
basis.



Scan to
pay for
your sports
screening.

Saddleback
Family & Urgent Care

Trabuco Hills High School Sports Screening Check-In Form

Mission Viejo
949-452-7699

23962 Alicia Parkway
Suite I-1
Mission Viejo, CA 92691

***Please have parent name and signature
filled out prior to appointment.***

Patient Information

Last Name _____ First Name _____

Sex M____ F____ Birthdate ____ / ____ / ____ Phone _____
Month Day Year

Address _____

City _____ State _____ ZIP _____

Parent Name (Print) _____ Signature _____

Email _____

☐ Yes, I would like to receive news and tips from Saddleback Family and Urgent Care.
Your information will not be shared with third parties.

Saddleback Family and Urgent Care is open seven days a week to serve all your urgent and routine healthcare needs. We have served your community with convenient, excellent care for over 30 years.

SaddlebackUrgentCare.com

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