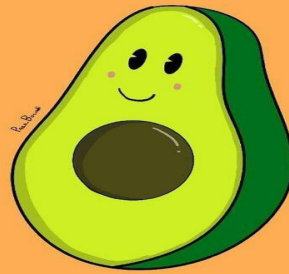


Avocado

- ◇ Did you know? An avocado is a berry!
- ◇ Avocadoes have a lot of fiber, so when you eat them you are helping yourself have a healthy belly.
- ◇ Eating avocado can give you a lot of energy and help you feel full longer after a meal.
- ◇ If you want your avocado to be ready to eat faster (ripe), you can put it in a paper bag with an apple or a banana! Cool!



AVO NICE DAY

What do you say to an avocado
who's done a good job?



Bravocado!

LearnFunnyJokes.com

**I found a perfectly
ripe avocado.**

It was so good,
it guaced my world!



RD