

# Red Muscat Grapes

\* “Muscat” are a family of grapes that have been used in wine making, for raisins, and as grapes for eating.

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\* They come in different colors such as: white, yellow, pink, and dark purple.

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\* They may be the oldest kind of grapes

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\* There are more than 200 kinds of Muscat grapes.

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\* Grapes may help your heart, eyes, and bones stay healthy.

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\* Eating grapes may also improve your memory, attention and mood! Wow!

